



**Two Week Breakfast Cycle Fall 2020**

**HIGH SCHOOL**

**Cold menu suitable for breakfast in the classroom and grab N go!**

<b>Week #1 - Monday</b>	<b>Week #1 - Tuesday</b>	<b>Week #1 - Wednesday</b>	<b>Week #1 - Thursday</b>	<b>Week #1 - Friday</b>
Muffin or Poptarts Apple Snack Pack Orange Juice Milk	Muffin or Cinnamon Roll Fresh Banana Apple Juice Milk	Whole Grain Powdered Donuts Orange Wedges Grape Juice Milk	Muffin or Nutrigrain Bars Applesauce Cup Orange Juice Milk	Muffin or Benefit Bar Raisins Apple Juice Milk
<b>Week #2 - Monday</b>	<b>Week #2 - Tuesday</b>	<b>Week #2 - Wednesday</b>	<b>Week #2 - Thursday</b>	<b>Week #2 - Friday</b>
Muffin or Poptarts Diced Peaches Apple Juice Milk	Muffin or Cinnamon Roll Mandarin Oranges Grape Juice Milk	Whole Grain Powdered Donuts Apple Snack Pack Grape Juice Milk	Muffin or Nutrigrain Bars Diced Pears Apple Juice Milk	Muffin or Benefit Bar Craisins Orange Juice Milk

**MIDDLE SCHOOL**

**Cold menu suitable for breakfast in the classroom and grab N go!**

<b>Week #1 - Monday</b>	<b>Week #1 - Tuesday</b>	<b>Week #1 - Wednesday</b>	<b>Week #1 - Thursday</b>	<b>Week #1 - Friday</b>
Oatmeal Chocolate Chip Benefit Bar Apple Snack Pack Orange Juice Milk	Strawberry Banana Yogurt w/ Cheerios Fresh Banana Apple Juice Milk	WG Powdered Mini Donuts Orange Wedges Grape Juice Milk	Muffin or Poptart Applesauce Cup Orange Juice Milk	Apple Frudel Raisins Apple Juice Milk
<b>Week #2 - Monday</b>	<b>Week #2 - Tuesday</b>	<b>Week #2 - Wednesday</b>	<b>Week #2 - Thursday</b>	<b>Week #2 - Friday</b>
WG Strawberry Pop Tart 2/pk Diced Peaches Apple Juice Milk	Froot Loops w/ String Cheese Mandarin Oranges Grape Juice Milk	Chocolate Chocolate Chip Muffin Apple Snack Pack Apple Juice Milk	Berry Yogurt Parfait w/ Granola Diced Pears Grape Juice Milk	Cinnamon Cream Cheese Mini Bagels Craisins Orange Juice Milk

**ELEMENTARY SCHOOL**

**Cold menu suitable for breakfast in the classroom and grab N go!**

<b>Week #1 - Monday</b>	<b>Week #1 - Tuesday</b>	<b>Week #1 - Wednesday</b>	<b>Week #1 - Thursday</b>	<b>Week #1 - Friday</b>
Oatmeal Chocolate Chip Benefit Bar Apple Snack Pack Orange Juice Milk	Strawberry Banana Yogurt w/ Cheerios Fresh Banana Apple Juice Milk	WG Powdered Mini Donuts Orange Wedges Grape Juice Milk	Mini Cinni Applesauce Cup Orange Juice Milk	Apple Frudel Raisins Apple Juice Milk
<b>Week #2 - Monday</b>	<b>Week #2 - Tuesday</b>	<b>Week #2 - Wednesday</b>	<b>Week #2 - Thursday</b>	<b>Week #2 - Friday</b>
WG Strawberry Pop Tart Diced Peaches Apple Juice Milk	Froot Loops w/ String Cheese Mandarin Oranges Grape Juice Milk	Chocolate Chocolate Chip Muffin Apple Snack Pack Apple Juice Milk	Berry Yogurt Parfait w/ Granola Diced Pears Grape Juice Milk	Cinnamon Cream Cheese Mini Bagels Craisins Orange Juice Milk

***We are an equal opportunity provider and employer. Menu subject to change without notice!***

The Food Service Staff continues to work in safe and sanitary conditions to prepare and provide meals to our students. Every day we follow FDA Food Safety standards of frequent and thorough hand washing, wearing gloves and hairnets and not reporting to work if sick. If you have any questions about our meal service during this time please contact: Sarah Ginn at 610.670.0180 x 1147 I will return you call as quickly as possible.