

WILSON SCHOOL DISTRICT

January 2020

RIVER ROCK ACADEMY

Special Diets: * Gluten Free Available; ~Gelatin Free; ^Pork Free

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>thank you</i></p> <p>January is Thank You Month!</p> <p>Remember the people who support you in your achievements. It is a fact that by merely saying "Thank You" creates a lasting and huge impact on a person!!</p>		<p>Choice of Milk with Lunch Skim White, 1% White, 1% Chocolate or Strawberry Lactose Free or Soy Milk</p> 	<p><u>Lunch Meal Prices</u> Middle School Lunch \$2.95 Reduced Lunch \$.40</p> <p><u>Daily Lunch Offerings</u> Smucker's PB&J</p>	<p><u>LUNCH - Select 1 Entrée</u> Choose 1 or 2 Veggies and/or 1 or 2 Fruits, Select Favorite Milk</p> <p>Your lunch must have 3 food components, 1 must be a 1/2 cup of vegetable or fruit.</p>
		<p>January 1</p> <p><i>Happy New Year</i></p>	<p>January 2</p> <p><u>Brunch Lunch Select 1 Entrée</u> Maple Waffle Chicken Patty Sand. <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Golden Tater Tots Crunchy Baby Carrots & Dip Apples, Banana, Orange Juice, Mix Fruit</p>	<p>January 3</p> <p><u>Lunch Select 1 Entrée</u> Top Your Own Hamburger on Roll* <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Oven Baked Waffle Fries Crunchy Celery & Dip Apples, Banana, Orange, Pears</p>
<p>January 6</p> <p><u>Lunch Select 1 Entrée</u> Cheese Quesadilla w/ Marinara Cup <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Oven Baked Emoji Fries Steamy Green Beans Choice of Fruits</p>	<p>January 7</p> <p><u>Lunch Select 1 Entrée</u> Cheeseburger* on Roll <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Tater Tots BBQ Baked Beans Choice of Fruits</p>	<p>January 8</p> <p><u>Lunch Select 1 Entrée</u> Chicken Patty on Round Roll <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Steamy Green Beans Red Pepper Strips w/ Dip Choice of Fruits</p>	<p>January 9</p> <p><u>Lunch Select 1 Entrée</u> Popcorn Chicken w/ Roll <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Steamy Golden Corn Fluffy Whipped Potatoes Apples, Juice Rush</p>	<p>January 10</p> <p><u>Lunch Select 1 Entrée</u> MAX Cheese Sticks w/ Marinara <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Oven Baked French Fries Baby Carrots w/ Ranch Dip Choice of Fruits</p>
<p>January 13</p> <p><u>Lunch Select 1 Entrée</u> Mega Minis Chicken Nuggets w/ Roll <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Creamy Tomato Soup Golden Waffle Fries Apples, Banana, Orange, Applesauce</p>	<p>January 14</p> <p><u>Lunch Select 1 Entrée</u> Walking Taco w/ Beef & Cheese* <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Steamy Corn Zesty Fiesta Beans Choice of Fruits</p>	<p>January 15</p> <p><u>Lunch Select 1 Entrée</u> Cheeseburger* on Roll <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> French Fries & Marinara Sauce Cup Fudge or Orangesicle Treat Choice of Fruits</p>	<p>January 16</p> <p><u>Lunch Select 1 Entrée</u> Mickey's Cheese Pizza <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Crunchy Baby Carrots Steamy Mixed Vegetables Choice of Fruits</p>	<p>January 17</p> <p><u>Lunch Select 1 Entrée</u> (2) Berks Beef Hot Dogs on Rolls* <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Golden Tater Tots Fresh Veggies & Dip Choice of Fruits</p>
<p>January 20</p> <p>School Closed-Martin Luther King, Jr. Day</p> 	<p>January 21</p> <p><u>Lunch Select 1 Entrée</u> Meatball Sub w/ Grated Cheese <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Zesty Baked Beans Crunchy Fresh Veggies w/ Dip Choice of Fruits</p>	<p>January 22</p> <p><u>Lunch Select 1 Entrée</u> Giannotti's Fresh Cheesy Pizza <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Steamy Mixed Veggies Baby Carrots/Dip Apples, Banana, Mandarin Oranges</p>	<p>January 23</p> <p><u>Lunch Select 1 Entrée</u> Hamburger on Round Roll <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Fresh Veggies w/ Ranch Dressing Steamy Peas Choice of Fruits</p>	<p>January 24</p> <p><u>Lunch Select 1 Entrée</u> Max Cheese Sticks w/ Marinara <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Golden Tater Tots Honey Steamed Carrots Apples, Banana, Orange, Pears</p>
<p>January 27</p> <p><u>Lunch Select 1 Entrée</u> (2) Berks Beef Hot Dog on Roll* <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Oven Baked French Fries BBQ Baked Beans Apples, Banana, Orange, Applesauce</p>	<p>January 28</p> <p><u>Lunch Select 1 Entrée</u> Popcorn Chicken* Bowl <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Fluffy Whipped Potatoes Golden Corn Apples, Banana, Orange, Peaches</p>	<p>January 29</p> <p><u>Lunch Select 1 Entrée</u> Walking Taco w/ Beef & Cheese* <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Steamy Green Beans Side Salad Apples, Banana, Mandarin Oranges</p>	<p>January 30</p> <p><u>Brunch Lunch Select 1 Entrée</u> Maple Waffle Chicken Patty Sand. <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Golden Tater Tots Crunchy Baby Carrots & Dip Apples, Banana, Orange Juice, Mix Fruit</p>	<p>January 31</p> <p><u>Lunch Select 1 Entrée</u> Top Your Own Hamburger on Roll* <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Oven Baked Waffle Fries Crunchy Celery & Dip Apples, Banana, Orange, Pears</p>

Updated: 11/25/2019

We are an equal opportunity provider and employer. Menu subject to change without notice!