

Menu Day – Nutrient Analysis

Menu: MS Thanksgiving Meal 2019.
Result: Pass

Meal Pattern: [USDA]Meal Pattern SY 2014+
Meal Type: Lunch
Serving Group: 6-8
Site Group: Middle School

Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[600.00 - 700.00]	696.40	
Total Fat (g)		13.67	17.66
Sat Fat (g)(1)	< 10.00 % of Calories	4.54	5.87
Trans Fat (g)(2)		0.00	
Chol (mg)		78.78	
Sodium Target 1 (mg) (13)	< 1,360.00	1,224.34	
Sodium Target 2 (mg) (13)	< 1,035.00	1,224.34	
Carb (g)		104.34	59.93
Total Fiber (g)		6.77	
Sugars (g)		27.50(M)	15.79
Added Sugars (g)		0.00(M)	
Protein (g)		31.19	17.91
Iron (mg)		3.18	
Calcium (mg)		258.51	
VitA (IU)		1,160.90	
VitC (mg)		30.89	
VitD (mcg)		0.00(M)	
Potassium (mg)		22.83(M)	
Mois (g)		4.78(M)	
Ash (g)		0.05(M)	

Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	> = 0.500	0.500	
Veg	> = 0.750	1.000	
Veg-DG		0.000	
Veg-RO		0.000	
Veg-BP		0.000	
Veg-S		0.500	
Veg-O		0.500	
Grains	> = 1.000	2.500	
Non-WGR		2.500	
WGR		0.000	
Meat/MA	> = 1.000	2.000	
MILK-F	> = 1.000	1.000	
Fruit-J		0.000	
Grain-D		0.000	
Vegetable-J		0.000	
MILK-V		Pass	

Legend

PrimeroEdge will flag based on USDA requirements starting School Year 2019-2020 for WGR and 1% flavored milk, for prior years, please consult your State Agency for that School Year requirements and waiver status.

(M) Indicates missing nutrient values.

1 Standard Value is the daily average requirement for a school week.

2 Trans Fat is provided for informational purposes, not for monitoring purposes.

3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2024 and does not impact pass/fail compliance prior to that date.

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Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
MS Thanksgiving Meal 2019.	370																		
Category: Entrees; May Choose: 1																			
Turkey, White and Dark Meat w/ Gravy, Cooked, Boil in Bag, Jennie-O Foodservice, 2847-28, MMA - SR103211 (4 ounces)	370	130.00	6.00	2.00	0.00	55.00	450.00	2.00	0.00	0.00	(M)	16.00	0.36	0.00	0.00	0.00	(M)	(M)	(M)
Category: Grains; May Choose: 1																			
Bread Stuffing, Monarch, US Foods, NWGR - LR100504 (2 1/3 ounces, dr)	185	240.00	5.00	0.00	0.00	0.00	980.00	40.00	2.00	4.00	(M)	8.00	2.88	40.00	0.00	2.40	(M)	(M)	(M)
Category: Vegetables; May Choose: 2																			
Beans, green, cooked from frozen, whole or cut (french or sliced lengthwise), drained, without salt [100351, A070] - SR105101 (1/2 c.)	150	19.00	0.11	0.03	0.00	0.00	6.00	4.35	2.00	(M)	(M)	1.01	0.59	33.00	376.00	2.80	(M)	(M)	(M)
Potato Pearls Extra Rich Mashed, Basic American Foods, 81837, VS - LR100503 (1/2 c.)	215	386.37	0.00	0.00	0.00	0.00	110.39	77.27	6.62	0.00	(M)	7.73	1.10	40.84	11.04	35.44	(M)	(M)	(M)
Category: Fruits; May Choose: 1																			
Apples, Slices, 2 oz. bags, Peterson Farms, 203102 - SR107959 (1 Bag)	225	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	(M)	0.00	0.00	20.00	0.00	12.00	(M)	(M)	(M)
Bananas, raw - SR105089 (1 medium (7"))	20	105.02	0.39	0.13	0.00	0.00	1.18	26.95	3.07	14.43	(M)	1.29	0.31	5.90	75.52	10.27	0.00	422.44	88.39
Category: Milk; May Choose: 1																			
Milk, Chocolate, 1%, Clover Farms, MILK - LR100333 (1 container)	185	155.00	2.50	1.50	0.00	15.00	170.00	25.00	0.00	25.00	(M)	8.00	0.00	260.00	700.00	0.00	(M)	(M)	(M)
Milk, Fat Free, regular, 8 oz., Clover Farms, MILK - SR103524 (1 c.)	20	90.00	0.00	0.00	0.00	5.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	1.20	(M)	(M)	(M)
Milk, Lowfat, Fluid, 1% Milkfat, Half Pint, Clover - SR103508 (1 Carton)	15	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	(M)	8.00	0.00	300.00	500.00	1.20	(M)	(M)	(M)
Milk, Strawberry, 1%, Clover Farms, MILK - LR100334 (1 container)	5	155.00	2.50	1.50	0.00	15.00	160.00	26.00	0.00	25.00	(M)	8.00	0.00	260.00	700.00	0.00	(M)	(M)	(M)
Category: Desserts; May Choose: 1																			

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Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
PUMPKIN 10" UNSLICED BAKED FROZEN - SR109434 (1 slice)	125	300.00	11.00	5.00	0.00	45.00	350.00	47.00	1.00	21.00	(M)	4.00	1.44	80.00	1750.00	0.00	(M)	(M)	(M)