

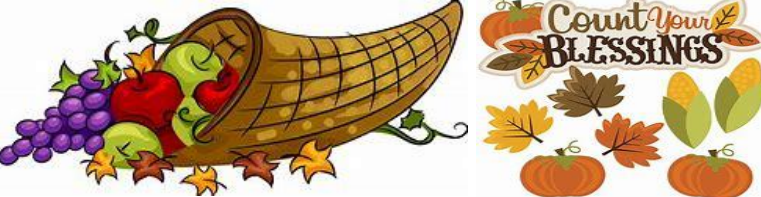






WILSON SCHOOL DISTRICT		River Rock Academy		November 2019	
Monday	Tuesday	Wednesday	Thursday	Friday	
<u>Lunch Items Offered Daily</u> Daily Special Smucker's PB&J	<u>Meal Prices</u> Lunch \$2.95 Reduced Lunch \$.40 Adult Meal \$5.10	<i>Menu subject to change without notice! We are an equal opportunity provider and employer.</i>	<u>LUNCH - Select 1 Entrée</u> Choose 1 or 2 Veggies and/or 1 or 2 Fruits, Select Favorite Milk	Your lunch must have 3 food components, 1 must be a 1/2 cup of vegetable or fruit.	
Variety of Milk Available Daily: 1% White, Skim White, 1% Chocolate, 1% Strawberry Lactose Free 					November 1 <u>Lunch Select 1 Entrée</u> Berk's Beef Hot Dog on WG Roll (2 each)* <u>Select 1 or 2 Vegetables &/or 1 Fruit</u> Oven Baked French Fries Grape Tomatoes w/ Ranch Dip Apples, Banana, Orange, Mixed Fruit
November 4	November 5	November 6	November 7	November 8	
<u>Lunch Select 1 Entrée</u> Cheese Quesadilla w/ Marinara <u>Select 1 or 2 Vegetables &/or 1 Fruit</u> Oven Baked Emoji Fries Steamy Broccoli Apples, Banana, Orange, Applesauce	<u>Lunch Select 1 Entrée</u> Cheeseburger on WG Roll* <u>Select 1 or 2 Vegetables &/or 1 Fruit</u> Baby Carrots w/ Ranch Dip Steamy Mixed Vegetables Apples, Banana, Orange, Diced Peaches	<u>Lunch Select 1 Entrée</u> Meatball Sandwich <u>Select 1 or 2 Vegetables &/or 1 Fruit</u> Oven Baked Tater Tots Celery Sticks w/ Ranch Dip Apples, Banana, Orange, Mixed Berries	<u>Lunch Select 1 Entrée</u> Chicken & Cheese Fajita <u>Select 1 or 2 Vegetables &/or 1 Fruit</u> Steamy Yellow Corn Roasted Onions & Peppers Apples, Banana, Orange, Diced Pears	<u>Lunch Select 1 Entrée</u> Mickey's Cheese Pizza <u>Select 1 or 2 Vegetables &/or 1 Fruit</u> Oven Baked Potato Smiles BBQ Baked Beans Apples, Banana, Orange, Mixed Fruit	
November 11	November 12	November 13	November 14	November 15	
<u>Lunch Select 1 Entrée</u> Chicken Bacon Ranch Sandwich* <u>Select 1 or 2 Vegetables &/or 1 Fruit</u> Seasoned Curly Fries Garden Side Salad Apples, Banana, Orange, Applesauce	<u>Lunch Select 1 Entrée</u> Tostito Taco* Tuesday <u>Select 1 or 2 Vegetables &/or 1 Fruit</u> Steamy Corn Mexican Black Beans Apples, Banana, Orange, Diced Peaches	<u>Lunch Select 1 Entrée</u> Gianotti's Pizza <u>Select 1 or 2 Vegetables &/or 1 Fruit</u> Oven Baked Hash Brown Rounds Broccoli Florets w/ Dip Apples, Banana, Orange, Mixed Berries	<u>Lunch Select 1 Entrée</u> Steak Sandwich* w/ Sauce <u>Select 1 or 2 Vegetables &/or 1 Fruit</u> Baby Carrots w/ Ranch Dip Steamy Mixed Vegetables Apples, Banana, Orange, Diced Pears	<u>Lunch Select 1 Entrée</u> Berk's Beef Hot Dog on WG Roll (2 each)* <u>Select 1 or 2 Vegetables &/or 1 Fruit</u> Oven Baked Waffle Fries Steamy Green Beans Apples, Banana, Orange, Mixed Fruit	
November 18	November 19	November 20	November 21	November 22	
<u>Lunch Select 1 Entrée</u> MAX Cheese Sticks w/ Marinara <u>Select 1 or 2 Vegetables &/or 1 Fruit</u> Oven Baked French Fries Steamy Broccoli Apples, Banana, Orange, Applesauce	<u>Lunch Select 1 Entrée</u> Cheeseburger Nachos* <u>Select 1 or 2 Vegetables &/or 1 Fruit</u> Baby Carrots w/ Ranch Dip Lettuce & Tomato Apples, Banana, Orange, Diced Peaches	<u>Lunch Select 1 Entrée</u> Stuffed Crust Cheese Pizza <u>Select 1 or 2 Vegetables &/or 1 Fruit</u> Seasoned Curly Fries Garden Side Salad Apples, Banana, Orange, Mixed Berries	<u>Lunch Select 1 Entrée</u> Hot Ham^ & Cheese on Pretzel Bun <u>Select 1 or 2 Vegetables &/or 1 Fruit</u> Cucumber Slices w/ Ranch Dip Steamy Green Beans Apples, Banana, Orange, Diced Pears	<u>Lunch Select 1 Entrée</u> Three Cheese Calzone <u>Select 1 or 2 Vegetables &/or 1 Fruit</u> Oven Baked Waffle Fries BBQ Baked Beans Apples, Banana, Orange, Mixed Fruit	
November 25	November 26	November 27	November 28	November 29	
<u>Lunch Select 1 Entrée</u> Cheeseburger on Roll* <u>Select 1 or 2 Vegetables &/or 1 Fruit</u> Oven Baked French Fries Roasted Ranch Chick Peas Apples, Banana, Orange, Applesauce	<u>Early Dismissal - No Lunch</u> 	<u>School Closed - Fall Break</u> 	<u>School Closed - Fall Break</u> Happy Thanksgiving 	<u>School Closed - Fall Break</u> Classes resume Tuesday, December 3, 2019 	

Eliminate lost or forgotten meal money! Pre-Pay for meals using e-Funds or pay by check!!