















WILSON SCHOOL DISTRICT KINDERGARTEN - GRADE 5			October 2019	
Contact the Food Services Office- 610.670.0180 x 1147			Special Diets:* Gluten Free Available; ~Gelatin Free; ^Pork Free	
Monday	Tuesday	Wednesday	Thursday	Friday
<p>National School Lunch Week October 14 - 18!! Help your Cafeteria earn the GOLDEN SPOON!!</p> <p>WHAT'S ON YOUR PLAYLIST</p> 	<p>Help us Celebrate our Custodians!! Wednesday, October 2 is Thank a Custodian Day!!</p> 	<p><u>Daily Lunch Offerings</u> Smucker's PB&J Wilson Pizza Lunchable** Wilson Vegetarian Lunchable* Yoplait Yogurt+ Parfait</p> 	<p><u>Lunch Meal Prices</u> Elementary Lunch \$2.75 Middle School Lunch \$2.95 High School Lunch \$3.15 Reduced Lunch \$.40</p> 	<p><u>LUNCH - Select 1 Entrée</u> Choose 1 or 2 Veggies and/or 1or 2 Fruit, Select Favorite Milk Your lunch must have 3 food components, 1 must be a 1/2 cup of vegetable or fruit.</p>
October 7	October 8	October 9	October 10	October 11
<p><u>Lunch Select 1 Entrée</u> Cheesy Ravioli Chicken Bacon Ranch* Sandwich <u>Select 1-2 Vegetables &/ 1-2 Fruits</u> Seasoned Curly Fries Garden Side Salad Apples, Banana, Orange, Applesauce</p>	<p><u>Lunch Select 1 Entrée</u> Cheeseburger* on WG Roll Garden Salad w/Cheese* & Mini Fruit Loaf <u>Select 1-2 Vegetables &/ 1-2 Fruits</u> Baby Carrots w/ Ranch Dip Steamy Mixed Vegetables Apples, Banana, Orange, Diced Peaches</p> 	<p><u>Lunch Select 1 Entrée</u> Chicken* Patty Sandwich Meatballs & Sauce on Club Roll <u>Select 1-2 Vegetables &/ 1-2 Fruits</u> Oven Baked Tater Tots Celery Sticks w/ Ranch Dip Apples, Banana, Orange, Mixed Berries</p>	<p><u>Lunch Select 1 Entrée</u> Chicken & Cheese Fajita MAX Cheese Sticks w/ Marinara <u>Select 1-2 Vegetables &/ 1-2 Fruits</u> Steamy Yellow Corn Roasted Onions & Peppers Apples, Banana, Orange, Diced Pears</p> 	<p><u>Lunch Select 1 Entrée</u> Mickey's Cheese Pizza Berk's All Beef Hot Dog* on WG Roll <u>Select 1-2 Vegetables &/ 1-2 Fruits</u> Oven Baked Potato Smiles BBQ Baked Beans Apples, Banana, Orange, Mixed Fruit</p>
October 14	October 15	October 16	October 17	October 18
<p>School Closed - Teacher Act 80 Day Columbus Day is celebrated on Monday, October 14 Create a paper boat and sail it to a new adventure!</p> 	<p><u>Lunch Select 1 Entrée</u> Tostito Taco* Tuesday Hamburger* on WG Roll <u>Select 1-2 Vegetables &/ 1-2 Fruits</u> Steamy Corn Mexican Black Beans Apples, Banana, Orange, Diced Peaches</p> 	<p><u>Lunch Select 1 Entrée</u> Chicken & Cheese Quesadilla American* Hoagie <u>Select 1-2 Vegetables &/ 1-2 Fruits</u> Oven Baked Hash Brown Rounds Broccoli Florets w/ Dip Apples, Banana, Orange, Mixed Berries</p> 	<p><u>Lunch Select 1 Entrée</u> Deep Dish Personal Cheese Pizza Turkey & Cheese on Roll * <u>Select 1-2 Vegetables &/ 1-2 Fruits</u> Baby Carrots w/ Ranch Dip Steamy Mixed Vegetables Apples, Banana, Orange, Diced Pears</p> 	<p><u>Lunch Select 1 Entrée</u> Grilled Chicken Caesar Salad/CROUTONS* Berk's All Beef Hot Dog* on WG Roll <u>Select 1-2 Vegetables &/ 1-2 Fruits</u> Oven Baked Waffle Fries Steamy Green Beans Apples, Banana, Orange, Mixed Fruit</p> 
October 21	October 22	October 23	October 24	October 25
<p><u>Lunch Select 1 Entrée</u> Chicken Nuggets* w/ Goldfish Crackers MAX Cheese Sticks w/ Marinara <u>Select 1-2 Vegetables &/ 1-2 Fruits</u> Oven Baked French Fries Steamy Broccoli Apples, Banana, Orange, Applesauce</p>	<p><u>Lunch Select 1 Entrée</u> Cheeseburger Nachos* French Toast Sticks w/ Sausage <u>Select 1-2 Vegetables &/ 1-2 Fruits</u> Baby Carrots w/ Ranch Dip Lettuce & Tomato Apples, Banana, Orange, Diced Peaches</p>	<p><u>Lunch Select 1 Entrée</u> Stuffed Crust Cheese Pizza Popcorn Chicken Chef's Salad <u>Select 1-2 Vegetables &/ 1-2 Fruits</u> Seasoned Curly Fries Garden Side Salad Apples, Banana, Orange, Mixed Berries</p>	<p><u>Lunch Select 1 Entrée</u> Three Cheese Calzone Hot Ham ^ & Cheese* on Pretzel Roll <u>Select 1-2 Vegetables &/ 1-2 Fruits</u> Cucumber Slices w/ Ranch Dip Steamy Green Beans Apples, Banana, Orange, Diced Pears</p> 	<p><u>Lunch Select 1 Entrée</u> Mickey's Cheese Pizza Berk's All Beef Hot Dog* on WG Roll <u>Select 1-2 Vegetables &/ 1-2 Fruits</u> Oven Baked Waffle Fries BBQ Baked Beans Apples, Banana, Orange, Mixed Fruit</p>
October 28	October 29	October 30	October 31 - Early Dismissal	
<p><u>Lunch Select 1 Entrée</u> Veggie Burger* on WG Roll Grilled Cheese* Sandwich <u>Select 1-2 Vegetables &/ 1-2 Fruits</u> Oven Baked French Fries Roasted Ranch Chick Peas Apples, Banana, Orange, Applesauce</p>	<p><u>Lunch Select 1 Entrée</u> Walking Taco w/ Beef & Cheese* Cheese or Hawaiian Pizza <u>Select 1-2 Vegetables &/ 1-2 Fruits</u> Steamy Yellow Corn Housemade Black Bean Salsa Apples, Banana, Orange, Diced Peaches</p> 	<p><u>Lunch Select 1 Entrée</u> Popcorn Chicken w/ Goldfish Crackers Cheeseburger on WG Roll* <u>Select 1-2 Vegetables &/ 1-2 Fruits</u> Oven Baked Hash Brown Rounds Steamy Mixed Vegetables Apples, Banana, Orange, Mixed Berries</p>	<p><u>Lunch Select 1 Entrée</u> Smucker's PB&J w/ Chips Ham & Cheese Sandwich w/Chips Baby Carrots w/ Ranch Dip Celery Sticks w/ Ranch Dip Assorted Fruit</p>	

Eliminate lost or forgotten meal money! Pre-Pay for meals using e-Funds or pay by check!!