

This menu is served the weeks of: September 9; October 7, and November 14.

Cycle 3	<u>Daily Entrée Special</u>	<u>Select 1-2 Vegetables & 1-2 Fruits</u>	<u>Express Parfaits</u>	<u>Grab 'n Go Salads</u>	<u>Deli Sandwiches</u>
Monday	Chicken Tenders* w/ BBQ Sauce WG Stuffed Shells w/ Garlic Bread	Oven Baked Emoji Fries Steamy Broccoli Apples, Banana, Orange, Applesauce	Parfaits begin with 8-ounces of Vanilla or Strawberry Yogurt, include 1/2 cup of fruit and include 2-Grain servings. Select another fruit serving, 2- 1/2 cups of veggies and a milk to build a complete meal!	Salads are served on a bed of greens with another 1/2 cup of veggies, a roll and croutons and 1- Package of Dressing! Choice of 2- 1/2 cups of Fruit and a milk to build a complete meal!	Sandwiches are served on a variety of Breads, Rolls and Wraps * Select 2- 1/2 cups of Vegetables and 2- 1/2 cups of Fruit and a milk to build a complete meal!
Tuesday	Cheesesteak Nachos Gianotto's Pizza	Baby Carrots w/ Ranch Dip Steamy Mixed Vegetables Apples, Banana, Orange, Diced Peaches			
Wednesday	Chicken Patty Sandwich* Honey Sriracha Chicken Wings w/ Breadstick*	Oven Baked Tater Tots Celery Sticks w/ Bleu Cheese Dip Apples, Banana, Orange, Cup of Berries	Chunky Monkey (Banana, Peanut Butter & Mini Choc Chips)	Popcorn* Chicken Salad Spicy Popcorn Chicken Salad	Smucker's PB & Jelly\$ Ham^ & Cheese
Thursday	Chicken & Cheese Fajita Buffalo Macaroni & Cheese w/ Warm Breadstick	Steamy Yellow Corn Roasted Onions & Peppers Apples, Bananas, Oranges, Diced Peaches	Strawberry Strawberry-Banana Mixed Berries	Chicken Cobb Salad (Chicken, Egg, Bacon, Cheese on Bed of Greens)	Turkey & Cheese Chicken Salad
Friday	Mickey's Cheese Pizza (2) Berk's Beef Hot Dogs on Roll	Oven Baked French Fries BBQ Baked Beans Apples, Banana, Orange, Mixed Fruit	Caramel Apple Pie Parfait of the Day! Our Yogurt is Gelatin Free!	Almost Vegetarian Salad (Sunflower Seeds, Egg & Cheese on Bed of Greens)	American Cheese
<p>Special Diet Codes: \$Contains Peanuts #Contains Pork *Gluten Free Available ^Pork Free</p>					



Menu subject to change without prior notice. We are an equal opportunity provider.