

Menu Cycle Week – Nutrient Analysis

Menu Cycle: RR Breakfast #1 Week of 8.26~9.9~9.23~10.7~10.21~11.4~11.18.2019
 Week: 1
 Result: Pass

Meal Pattern: [USDA]Meal Pattern SY 2014+
 Meal Type: Breakfast
 Serving Group: 9-12
 Site Group: High School

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[450.00 - 600.00]	538.98	
Fat (g)		8.01	13.38
Sfat (g)(1)	< 10.00 % of Calories	3.24	5.41
TFat (g)(2)		0.00	
Chol (mg)		18.33	
Sodium Target 1 (mg) (13)	< 640.00	411.82	
Sodium Target 2 (mg) (13)	< 570.00	411.82	
Carb (g)		104.46	77.53
TDF (g)		5.65(M)	
Sugars (g)		66.46(M)	49.32
Pro (g)		14.78	10.97
Fe (mg)		3.51(M)	
Ca (mg)		407.00	
A,IU		1,351.68(M)	
VitC (mg)		40.91(M)	
Mois (g)		60.17(M)	
Ash (g)		0.57(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 5.000	5.500	
Veg		0.000	
Veg-DG		0.000	
Veg-RO		0.000	
Veg-BP		0.000	
Veg-S		0.000	
Veg-O		0.000	
Grains	[9.000 - 10.000]	9.000	
Non-WGR		0.000	
WGR	>= 100.000 % of	9.000	100.00
Meat/MA		2.000	
MILK-F	>= 5.000	5.000	
Fruit-J	<= 50.000 % of	0.000	0.00
Grain-D		0.000	
Vegetable-J		0.000	
MILK-V		Pass	

Legend

PrimeroEdge will flag based on USDA requirements, but your State Agency may issue waivers to allow a Menu Cycle with at least 50% WGR Grains to pass, or for 1% flavored milk to be an acceptable variety. In such instances, as long as you have met the conditions of the waiver, your State Agency will consider you to be in compliance.

(M) Indicates missing nutrient values.

- Standard Value is the daily average requirement for a school week.
- Trans Fat is provided for informational purposes, not for monitoring purposes.
- Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2020 and does not impact pass/fail compliance prior to that date.

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
RR Week #1 Monday - Day: 1	30																

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Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Category: Entrees; Choose: 1																	
Mini Cinnis Pull Apart Rolls, Pillsbury General Mills, 33686, WGR - LR100099 (1 pkg.)	27	240.00	8.00	2.00	0.00	0.00	300.00	40.00	2.00	15.00	5.00	1.44	40.00	0.00	0.00	(M)	(M)
Category: Fruits; Choose: 2																	
Assorted 100% Fruit Juice, F - LR100036 (4 fl. oz.)	27	67.48	0.00	0.00	0.00	0.00	5.07	15.86	0.00	14.16	0.00	0.00	0.00	0.00(M)	14.00 (M)	(M)	(M)
Assorted Fresh Fruit, F - LR100026 (1 serv.)	27	59.11	0.17	0.05	0.00	0.00	0.39	14.84	2.08	9.62	0.71	0.13	20.63	92.67	23.38	55.49 (M)	0.46(M)
Category: Milk; Choose: 1																	
Milk, Chocolate, 1%, Clover Farms, MILK - LR100333 (1 container)	15	155.00	2.50	1.50	0.00	15.00	170.00	25.00	0.00	25.00	8.00	0.00	260.00	700.00	0.00	(M)	(M)
Milk, Fat Free, regular, 8 oz., Clover Farms, MILK - SR103524 (1 c.)	2	90.00	0.00	0.00	0.00	5.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Milk, Lowfat, Fluid, 1% Milkfat, Half Pint, Clover - SR103508 (1 Carton)	5	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Milk, Strawberry, 1%, Clover Farms, MILK - LR100334 (1 container)	8	155.00	2.50	1.50	0.00	15.00	160.00	26.00	0.00	25.00	8.00	0.00	260.00	700.00	0.00	(M)	(M)
RR Week #1 Tuesday - Day: 2	30																
Category: Entrees; Choose: 1																	
Assorted Cereal & Pop Tart, WG - LR100353 (1 serv.)	30	287.50	3.75	1.13	0.00	0.00	340.00	61.25	4.50	23.25	3.50	5.85	165.00	950.00	7.65	(M)	(M)
Category: Fruits; Choose: 2																	
Assorted 100% Fruit Juice, F - LR100036 (4 fl. oz.)	30	67.48	0.00	0.00	0.00	0.00	5.07	15.86	0.00	14.16	0.00	0.00	0.00	0.00(M)	14.00 (M)	(M)	(M)
Assorted Fresh Fruit, F - LR100026 (1 serv.)	30	59.11	0.17	0.05	0.00	0.00	0.39	14.84	2.08	9.62	0.71	0.13	20.63	92.67	23.38	55.49 (M)	0.46(M)
Category: Milk; Choose: 1																	
Milk, Chocolate, 1%, Clover Farms, MILK - LR100333 (1 container)	15	155.00	2.50	1.50	0.00	15.00	170.00	25.00	0.00	25.00	8.00	0.00	260.00	700.00	0.00	(M)	(M)
Milk, Fat Free, regular, 8 oz., Clover Farms, MILK - SR103524 (1 c.)	2	90.00	0.00	0.00	0.00	5.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Milk, Lowfat, Fluid, 1% Milkfat, Half Pint, Clover - SR103508 (1 Carton)	5	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)

Menu Cycle Week – Nutrient Analysis

Generated on: 7/24/2019 8:15:39 AM by Christine Schlosman

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Milk, Strawberry, 1%, Clover Farms, MILK - LR100334 (1 container)	8	155.00	2.50	1.50	0.00	15.00	160.00	26.00	0.00	25.00	8.00	0.00	260.00	700.00	0.00	(M)	(M)
RR Week #1 Wednesday - Day: 3	30																
Category: Entrees; Choose: 1																	
Breakfast Yogurt Parfait w/ Fruit & Granola, HS, MMA, WG, F - LR100296 (1 serv.)	30	348.50	3.27	1.40	0.00	5.00	168.75	72.10	3.79(M)	39.50 (M)	9.69	1.07(M)	212.78	1416.21	5.73(M)	28.95 (M)	0.60(M)
Category: Fruits; Choose: 2																	
Assorted 100% Fruit Juice, F - LR100036 (4 fl. oz.)	30	67.48	0.00	0.00	0.00	0.00	5.07	15.86	0.00	14.16	0.00	0.00	0.00	0.00(M)	14.00 (M)	(M)	(M)
Assorted Fresh Fruit, F - LR100026 (1 serv.)	30	59.11	0.17	0.05	0.00	0.00	0.39	14.84	2.08	9.62	0.71	0.13	20.63	92.67	23.38	55.49 (M)	0.46(M)
Category: Milk; Choose: 1																	
Milk, Chocolate, 1%, Clover Farms, MILK - LR100333 (1 container)	15	155.00	2.50	1.50	0.00	15.00	170.00	25.00	0.00	25.00	8.00	0.00	260.00	700.00	0.00	(M)	(M)
Milk, Fat Free, regular, 8 oz., Clover Farms, MILK - SR103524 (1 c.)	2	90.00	0.00	0.00	0.00	5.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Milk, Lowfat, Fluid, 1% Milkfat, Half Pint, Clover - SR103508 (1 Carton)	5	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Milk, Strawberry, 1%, Clover Farms, MILK - LR100334 (1 container)	8	155.00	2.50	1.50	0.00	15.00	160.00	26.00	0.00	25.00	8.00	0.00	260.00	700.00	0.00	(M)	(M)
RR Week #1 Thursday - Day: 4	30																
Category: Entrees; Choose: 1																	
Bagel w/ Cream Cheese, WG - LR100089 (1 serv.)	30	185.00	5.00	2.50	0.00	15.00	275.00	30.00	4.00	6.00	8.00	1.80	60.00	200.00	0.00	(M)	(M)
Category: Fruits; Choose: 2																	
Assorted 100% Fruit Juice, F - LR100036 (4 fl. oz.)	30	67.48	0.00	0.00	0.00	0.00	5.07	15.86	0.00	14.16	0.00	0.00	0.00	0.00(M)	14.00 (M)	(M)	(M)
Assorted Fresh Fruit, F - LR100026 (1 serv.)	30	59.11	0.17	0.05	0.00	0.00	0.39	14.84	2.08	9.62	0.71	0.13	20.63	92.67	23.38	55.49 (M)	0.46(M)
Category: Milk; Choose: 1																	
Milk, Chocolate, 1%, Clover Farms, MILK - LR100333 (1 container)	15	155.00	2.50	1.50	0.00	15.00	170.00	25.00	0.00	25.00	8.00	0.00	260.00	700.00	0.00	(M)	(M)

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Milk, Fat Free, regular, 8 oz., Clover Farms, MILK - SR103524 (1 c.)	2	90.00	0.00	0.00	0.00	5.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Milk, Lowfat, Fluid, 1% Milkfat, Half Pint, Clover - SR103508 (1 Carton)	5	110.00	2.50	1.50	0.00	15.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
Milk, Strawberry, 1%, Clover Farms, MILK - LR100334 (1 container)	8	155.00	2.50	1.50	0.00	15.00	160.00	26.00	0.00	25.00	8.00	0.00	260.00	700.00	0.00	(M)	(M)
Category: Condiments; Choose: 1																	
Jelly, Assorted 1/2 oz, Smucker's, 5150000774 - SR106395 (1 packet)	15	35.00	0.00	0.00	0.00	0.00	0.00	9.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
RR Week #1 Friday - Day: 5	30																
Category: Entrees; Choose: 1																	
Assorted Cereals w/ Zee Zee's Nutrition Bar, WG - LR100449 (1 serv.)	30	304.29	8.36	2.14	0.00	0.00	188.57	55.71	4.00	23.71	4.71	6.89	113.43	471.43	6.60	(M)	(M)
Category: Fruits; Choose: 2																	
Assorted 100% Fruit Juice, F - LR100036 (4 fl. oz.)	30	67.48	0.00	0.00	0.00	0.00	5.07	15.86	0.00	14.16	0.00	0.00	0.00	0.00(M)	14.00 (M)	(M)	(M)
Assorted Fresh Fruit, F - LR100026 (1 serv.)	30	59.11	0.17	0.05	0.00	0.00	0.39	14.84	2.08	9.62	0.71	0.13	20.63	92.67	23.38	55.49 (M)	0.46(M)
Category: Milk; Choose: 1																	
Milk, Chocolate, 1%, Clover Farms, MILK - LR100333 (1 container)	15	155.00	2.50	1.50	0.00	15.00	170.00	25.00	0.00	25.00	8.00	0.00	260.00	700.00	0.00	(M)	(M)
Milk, Fat Free, regular, 8 oz., Clover Farms, MILK - SR103524 (1 c.)	2	90.00	0.00	0.00	0.00	5.00	130.00	13.00	0.00	12.00	8.00	0.00	300.00	500.00	1.20	(M)	(M)
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Milk, Strawberry, 1%, Clover Farms, MILK - LR100334 (1 container)	8	155.00	2.50	1.50	0.00	15.00	160.00	26.00	0.00	25.00	8.00	0.00	260.00	700.00	0.00	(M)	(M)