| WILSON SCHOOL DISTRICT HIGH SCHOOL GRADES 9-12 |  |  |  | April 2019 |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| I Your Day w | Monday | Tuesday | Wednesday | Thursday | Friday |
| WITH A GREAT START STOP IN FOR BREAKFAST Breakfast Yogurt Parfait Poptarts \& String Cheese Assorted Cereal \& Grahams | BREAKFAST - Select 1 Entrée Choose 1 Fruit \&/or 1 Fruit Juice Select Favorite Milk Breakfast must have 3 food items 1 must be a fruit or juice. | Meal Prices <br> Elementary Breakfast $\$ 1.85$ <br> Middle School Breakfast $\$ 2.05$ <br> High School Breakfast \$2.25 <br> Reduced Breakfast \$.30 | Call the Food Service Office with questions and concerns (610) 670-0180 1147 Menu subject to change without notice! We are an equal opportunity provider and employer. | Meal Prices <br> Elementary Lunch \$2.70 <br> Middle School Lunch \$2.90 <br> High School Lunch \$3.10 <br> Reduced Lunch \$. 40 | LUNCH - Select 1 Entrée <br> Choose 1 or 2 Veggies and/or <br> 1 Fruit, Select Favorite Milk <br> Your lunch must have 3 food components, 1 must be a 1/2 cup of vegetable or fruit. |
|  | April Fool's | April 2 | April | April 4 | April 5 |
|  | Breakfast Select 1 Entrée Cheese Cream /w Bagel | Breakfast Select 1 Entrée French Toast Sticks w/ Syrup Lunch Select 1 Entrée | Breakfast Select 1 Entrée <br> Bacon \& Egg Breakfast Pizza | Breakfast Select 1 Entr | Breakfast Select 1 Entrée |
| WE OFFER 5 CHO | elect 1 Entre |  |  | Lunch Select 1 Entrée | Lunch Select 1 Entrée |
| EVERY DAY AT LUNCH!! Uncrustable PB \& J Grab ' n Go Bulldog Cup 3 - Specials | Burger Cheese or Ham Bun on Pizza Buffalo Chicken <br> Select Up to 2 Vegetables \& Up to 2 Fruit | Philly Cheese Steak w/wo Onions Berks All Beef Hot Dogs (2) on Roll Gianotti's Pizza <br> Select Up to 2 Vegetables \& Up to 2 Fruit | Walking Taco: Nacho Chips, Cheese Sauce, Salsa, Lettuce, Tomato Mickey's Pizza Wedge <br> Select Up to 2 Vegetables \& Up to 2 Fruit | Meatballs in Sauce on Club Roll Regular or Spicy Chicken Patty/Roll Max Cheese Sticks w/ Marinara Select Up to 2 Vegetables \& Up to 2 Fruit | Pulled Pork on Round Roll Big Daddy Cheese Quesadilla Mickey's Pizza Wedge Select Up to 2 Vegetables \& Up to 2 Fruit |
|  | Dip /w Carrots Baby Fresh Potatoes Hashbrown Baked | Crunchy Celery w/ Dip | Grape Tomatoes w/ Dip Steamy Corn Fresh Fruit \& Chilly Applesauce | Cheesy Broccoli \& Fresh Veggies Golden Shoestring Fries Fresh Fruit or Chilly Pears | Golden Tater Tots Crunchy Fresh Veggies Fresh Fruit or Orange Juice |
|  | April 8 | April 9 | April 10 | April 11 | April 12 |
| Choose Your Milk <br> 1\% Chocolate <br> 1\% Strawberry <br> 1\% White or Skim White <br> Lactose Free | Preakfast Select 1 |  |  | Breakfast Select 1 Entrée |  |
|  |  | Bulldog Breakfast Sandwi | Warm \& Snowy Dutch Waffle Lunch Select 1 Entrée | Sausage, Egg \& Cheese Slider Lunch Select 1 Entrée | Pillsbury Filled Crescent |
|  | ec | elec |  |  |  |
|  |  |  | Rice Bowl: Oriental Rice w/ Orange | Pulled Pork Sandwich |  |
|  | Buffalo Chicken Pizza | Gianotti's Pizza | Sauce over Chicken <br> Mickey's Pizza Wedge Up to 2 Vegetables \& Up to 2 Fruit | Regular or Spicy Chicken Patty/Roll Max Cheese Sticks w/ Marinara <br> Select Up to 2 Vegetables \& Up to 2 Fruit | Mickey's Pizza Wedge <br> Big Daddy Cheese Quesadilla |
|  | Crunchy Baby Carrots w/ Dip Golden French Fries Fresh Fruit \& Chilly Mandarin Oranges | Crispy Romaine Side Salad w/ Choice Dress Golden Tater Tots Fresh Fruit or Chilly Peaches | Crunchy Celery \& PB Dip <br> Steamy Broccoli <br> Fresh Fruit or Orange Juice Box | Select Up to 2 Vegetables \& Up to 2 Fruit <br> Crunchy Broccoli w/ Dip Golden Onion Rings Fresh Fruit or Chilly Pears | Select Up to 2 Vegetables \& Up to 2 Fruit <br> Crunchy Baby Carrots w/ Dip <br> Golden Shoestring Fries <br> Fresh Fruit or Applesauce |
|  | pril 15 | April 16 | April 17 | April 18 | April 19 |
| Yo | kfast Selec | akfast S | st |  | SPRING BREAK |
| Yogurt w/ Fruit \& Granola Hot \& Cold Veggies | Bagel w/ Cream Cheese <br> Lunch Select 1 Entrée | French Toast Sticks w/ Syrup Lunch Select 1 Entrée | Bacon \& Egg Breakfast Pizza Lunch Select 1 Entrée |  |  |
| ce of | Cheeseburger on Roll | Walking Taco w/ Salsa | Popcorn Chicken Bowl, w/ Roll - Mashed <br> Potatoes, Gravy \& Corn <br> Mickey's Pizza Wedge <br> Select Up to 2 Vegetables \& Up to 2 Fruit |  |  |
| iRAB | Chicken Tenders w/ Roll <br> Buffalo Chicken Pizza | Berks All Beef Hot Dogs (2) on Roll Gianotti's Pizza |  |  |  |
| Bulldog Power Pack | Select Up to 2 Vegetables \& Up to 2 Fruit | Select Up to 2 Vegetables \& Up to 2 Fruit |  |  |  |
| Meat \& Chees | en | Steamy Green Beans | ffy Whipped Potatoes |  |  |
| Ho | Zesty Baked Beans | Crunchy Baby Carrots | $y$ |  |  |
| Grain \& Choice of Milk | Fresh Fruit or Chilly Peaches | Fresh Fruit or Chilly Peaches | Fresh Fruit or Chilly Applesauce |  |  |


| WILSON SCHOOL DISTRICT HIGH SCHOOL GRADES 9-12 |  |  |  | April 2019 |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Fuel Your Day with <br> WITH A GREAT START <br> STOP IN FOR BREAKFAST <br> Breakfast Yogurt Parfait <br> Poptarts \& String Cheese <br> Assorted Cereal \& Grahams | Monday <br> BREAKFAST - Select 1 Entrée <br> Choose 1 Fruit \&/or 1 Fruit Juice <br> Select Favorite Milk <br> Breakfast must have 3 food items 1 must be a fruit or juice. | Tuesday | Wednesday |  | Friday |
|  |  | Meal Prices <br> Elementary Breakfast \$1.85 <br> Middle School Breakfast \$2.05 <br> High School Breakfast \$2.25 <br> Reduced Breakfast \$.30 | Call the Food Service Office with questions and concerns (610) $670-0180 \times 1147$ Menu subject to change without notice! We are an equal opportunity provider and employer. | Meal Prices <br> Elementary Lunch \$2.70 <br> Middle School Lunch \$2.90 <br> High School Lunch \$3.10 <br> Reduced Lunch \$. 40 | Your lunch must have 3 food components, 1 must be a $1 / 2$ cup of vegetable or fruit. |
|  | April 22 | April 23 | April 24 | April 25 | April 26 |
| Yogurt Parfait Lunch <br> Yogurt w/ Fruit \& Granola <br> Hot \& Cold Veggies <br> Choice of Milk | SPRING BREAK | Breakfast Select 1 Entrée <br> Bulldog Breakfast Sandwich <br> Lunch Select 1 Entrée <br> Grilled Cheese Sandwich <br> Regular or Spicy Chicken Patty/Roll <br> Gianotti's Pizza <br> Select Up to 2 Vegetables \& Up to 2 Fruit <br> Creamy Tomato Soup <br> Golden French Fries <br> Fresh Fruit or Chilly Peaches | Breakfast Select 1 Entrée <br> Warm \& Snowy Dutch Waffle <br> Lunch Select 1 Entrée <br> Walking Taco: Nacho Chips, Cheese <br> Sauce, Salsa, Lettuce, Tomato <br> Mickey's Pizza Wedge <br> Select Up to 2 Vegetables \& Up to 2 Fruit <br> Steamy Corn <br> Black Bean Salsa <br> Fresh Fruit \& Chilly Applesauce | Breakfast Select 1 Entrée <br> Sausage, Egg \& Cheese Slider <br> Lunch Select 1 Entrée <br> Buffalo Chicken Dip <br> Berks All Beef Hot Dog (2) on Roll <br> Max Cheese Sticks w/ Marinara <br> Select Up to 2 Vegetables \& Up to 2 Fruit <br> Golden Onion Rings <br> Crunchy Broccoli <br> Fresh Fruit \& Chilly Pears | Breakfast Select 1 Entrée <br> Pillsbury Filled Crescent Lunch Select 1 Entrée Bulldog Big Mac Mickey's Pizza Wedge <br> Big Daddy Cheese Quesadilla <br> Select Up to 2 Vegetables \& Up to 2 Fruit <br> Golden French Fries <br> Steamy Green Beans <br> Fresh Fruit \& Chilly Mixed Fruit |
| Bulldog Power Pack | April 29 | April 30 |  |  |  |
| Meat \& Cheese, or Egg \& Ham Hot \& Cold Veggies w/ Fruit Grain \& Choice of Milk | School Breakfast Week! <br> Bagel w/ Cream Cheese <br> Lunch Select 1 Entrée <br> Chicken Tenders on Wrap | School Breakfast Week! <br> French Toast Sticks w/ Syrup <br> Lunch Select 1 Entrée <br> Philly Cheese Steak w/wo Onions | Use e-Funds for Schools to put money into your child's account at www.wilsonsd.org to: e-Funds Online Payments. <br> Menu subject to change without notice! We are an equal opportunity provider. WE NEED YOU! NOW HIRING - Permanent \& Substitute Positions! |  |  |
| Choose Your Milk <br> 1\% Chocolate <br> 1\% Strawberry <br> 1\% White or Skim White Lactose Free | Hamburger or Cheeseburger on Roll Buffalo Chicken Pizza <br> Select Up to 2 Vegetables \& Up to 2 Fruit <br> Fresh Baby Carrots w/ Dip Golden Tater Tots <br> Fresh Fruit or Mandarin Oranges | Berks All Beef Hot Dogs (2) on Roll Gianotti's Pizza <br> Select Up to 2 Vegetables \& Up to 2 Fruit Golden French Fries \& Fresh Veggies Zesty Baked Beans Chilly Peaches or Fresh Fruit |  |  |  |

