





**WILSON SCHOOL DISTRICT MIDDLE SCHOOL GRADES 6 - 8**

**May / June 2019**

<p>Fuel Your Day with <b>WITH A GREAT START</b> <b>STOP IN FOR BREAKFAST</b> Breakfast Yogurt Parfait Poptarts &amp; String Cheese Assorted Cereal &amp; Grahams</p>	<p><b>Monday</b> <b>BREAKFAST - Select 1 Entrée</b> Choose 1 Fruit &amp;/or 1 Fruit Juice Select Favorite Milk <b>Breakfast must have 3 food items 1 must be a fruit or juice.</b></p>	<p><b>Tuesday</b> <b>Meal Prices</b> Elementary Breakfast \$1.85 Middle School Breakfast \$2.05 High School Breakfast \$2.25 Reduced Breakfast \$.30</p>	<p><b>Wednesday</b> Call the Food Service Office with questions and concerns <b>(610) 670-0180 x 1147</b> ----- <b>Menu subject to change without notice!</b> <b>We are an equal opportunity provider and employer.</b></p>	<p><b>Thursday</b> <b>Meal Prices</b> Elementary Lunch \$2.70 Middle School Lunch \$2.90 High School Lunch \$3.10 Reduced Lunch \$.40</p>	<p><b>Friday</b> <b>LUNCH - Select 1 Entrée</b> Choose 1 or 2 Veggies and/or 1 Fruit, Select Favorite Milk <b>Your lunch must have 3 food components, 1 must be a 1/2 cup of vegetable or fruit.</b></p>
	<p><b>Celebrate Your School Lunch Hero's</b> <b>Friday, May 3!!</b></p>  <p><b>SCHOOL LUNCH HERO DAY</b> No need for a cape when you have an apron. May 3, 2019</p> <p>THANKS to the Food Service Staff for their great service this year!!</p>		<p><b>May 1</b> <b>Breakfast Select 1 Entrée</b> Yogurt Parfait w/ Fruit &amp; WG Cereal <b>Lunch Select 1 Entrée</b> Cheesy Baked Pasta w/ Sauce Stuffed Crust Garden Salad w/ Cheese &amp; Roll <b>Select 1 or 2 Vegetables &amp;/or 1 Fruit</b> Grape Tomatoes w/ Dip Steamy Corn Fresh Fruit &amp; Chilly Applesauce</p>	<p><b>May 2</b> <b>Breakfast Select 1 Entrée</b> Pancake Wrapped Sausages <b>Lunch Select 1 Entrée</b> Meatball Sandwich on WG Roll Regular Chicken Patty/Roll (Spicy Gr 4-5) Chef's Salad w/ Croutons &amp; Roll <b>Select 1 or 2 Vegetables &amp;/or 1 Fruit</b> Fresh Celery &amp; Cucumber w/ Dip Golden Onion Rings Fresh Fruit or Chilly Pears</p>	<p><b>May 3 - School Lunch Staff Hero Day!</b> <b>Breakfast Select 1 Entrée</b> WG Assorted Mini Donuts <b>Lunch Select 1 Entrée</b> Chicken Noodle Soup w/ Ham Sand. Cheese Quesadilla w/ Marinara Sauce Garden Salad w/ Cheese &amp; Roll <b>Select 1 or 2 Vegetables &amp;/or 1 Fruit</b> Black Bean Salsa Steamy Green Beans Fresh Fruit or Chilly Mixed Fruit</p>
<p><b>WE OFFER 5 CHOICES EVERY DAY AT LUNCH!!</b> Uncrustable PB &amp; J Wilson Lunchables 3 Daily Specials <b>Grab 'n Go Meals</b></p>	<p><b>May 6 - Cinco De Mayo Celebration</b></p>	<p><b>May 7</b></p>	<p><b>May 8</b></p>	<p><b>May 9</b></p>	<p><b>May 10</b></p>
<p><b>Pizza Lunchable</b> Almost Vegetarian Lunchable Check out these two new options TODAY!!</p>	<p><b>Breakfast Select 1 Entrée</b> Iced Cinnamon Roll <b>Lunch Select 1 Entrée</b> <b>Beefy Nachos Grande</b> Berks All Beef Hot Dog on Roll Chef's Salad w/ Croutons &amp; Roll <b>Select 1 or 2 Vegetables &amp;/or 1 Fruit</b> Zesty Black Beans <b>Mild Tomato Salsa</b> Fresh Fruit &amp; Chilly Mandarin Oranges</p>	<p><b>Breakfast Select 1 Entrée</b> Bulldog Breakfast Sandwich <b>Lunch Select 1 Entrée</b> French Bread Pizza Chicken Nuggets w/ Goldfish Garden Salad w/ Cheese &amp; Roll <b>Select 1 or 2 Vegetables &amp;/or 1 Fruit</b> Crunch Celery Sticks Golden French Fries Fresh Fruit or Chilly Peaches</p>	<p><b>Breakfast Select 1 Entrée</b> Dutch Waffle <b>Lunch Select 1 Entrée</b> American Hoagie w/Sandwich Fixings Philly Cheese Steak Garden Salad w/ Cheese &amp; Roll <b>Select 1 or 2 Vegetables &amp;/or 1 Fruit</b> Crunchy Baby Carrots w/ Dip Golden Emoji Potatoes Fresh Fruit or Chilled Applesauce</p>	<p><b>Breakfast Select 1 Entrée</b> Breakfast Pizza <b>Lunch Select 1 Entrée</b> Hot Turkey w/ Filling &amp; Gravy Mini Corn Dogs Chef's Salad w/ Croutons &amp; Roll <b>Select 1 or 2 Vegetables &amp;/or 1 Fruit</b> Steamy Broccoli Fluffy Mashed Potatoes Fresh Fruit or Chilly Pears</p>	<p><b>Breakfast Select 1 Entrée</b> Mini Pancakes <b>Lunch Select 1 Entrée</b> Stuffed Crust Pizza Regular or Spicy Chicken Patty/Roll Garden Salad w/ Cheese &amp; Roll <b>Select 1 or 2 Vegetables &amp;/or 1 Fruit</b> Crunchy Baby Carrots w/ Dip Steamy Green Beans Fresh Fruit or Chilly Mixed Fruit</p>
<p><b>Yogurt Parfait Lunch</b> Yogurt w/ Fruit &amp; Granola Hot &amp; Cold Veggies Choice of Milk</p> 	<p><b>May 13</b></p>	<p><b>May 14</b></p>	<p><b>May 15</b></p>	<p><b>May 16</b></p>	<p><b>May 17</b></p>
<p><b>Mother's Day</b> <b>Sunday, May 12</b></p>  <p><b>Choose Your Milk</b> 1% Chocolate, Strawberry 1% White or Skim White Lactose Free</p>	<p><b>Breakfast Select 1 Entrée</b> Bagel w/ Cream Cheese <b>Lunch Select 1 Entrée</b> Cheeseburger on Roll Chicken Tenders w/ Roll Garden Salad w/ Cheese &amp; Roll <b>Select 1 or 2 Vegetables &amp;/or 1 Fruit</b> Golden French Fries Zesty Baked Beans Fresh Fruit or Chilly Mandarin Oranges</p>	<p><b>Breakfast Select 1 Entrée</b> French Toast Sticks w/ Syrup <b>Lunch Select 1 Entrée</b> Walking Taco w/ Salsa Berks All Beef Hot Dog on Roll Chef's Salad w/ Croutons &amp; Roll <b>Select 1 or 2 Vegetables &amp;/or 1 Fruit</b> Romaine Side Salad w/ Dressing Pkt. Crunchy Baby Carrots Fresh Fruit or Chilly Peaches</p>	<p><b>Breakfast Select 1 Entrée</b> Yogurt Parfait w/ Fruit &amp; WG Cereal <b>Lunch Select 1 Entrée</b> Popcorn Chicken Bowl w/ Dinner Roll Max Cheese Sticks w/Marinara Dipper Garden Salad w/ Cheese &amp; Roll <b>Select 1 or 2 Vegetables &amp;/or 1 Fruit</b> Fluffy Whipped Potatoes Golden Corn or Fresh Veggies Fresh Fruit or Chilly Applesauce</p>	<p><b>Breakfast Select 1 Entrée</b> Pancake Wrapped Sausages <b>Lunch Select 1 Entrée</b> Spaghetti w/ Meatballs Fish Sandwich Chef's Salad w/ Croutons &amp; Roll <b>Select 1 or 2 Vegetables &amp;/or 1 Fruit</b> Golden French Fries Side Salad w/ Choice of Dressing Fresh Fruit or Chilly Pears</p>	<p><b>Breakfast Select 1 Entrée</b> WG Assorted Mini Donuts <b>Lunch Select 1 Entrée</b> Salisbury Steak w/ Buttered Noodles Mickey's Cheese Pizza Garden Salad w/ Cheese &amp; Roll <b>Select 1 or 2 Vegetables &amp;/or 1 Fruit</b> Fresh Veggies w/ Ranch Dressing Steamy Mixed Vegetables Fresh Fruit or Chilly Mixed Fruit</p>

**Please Pay All Outstanding Lunch Debt by Friday, May 31!**

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	<p><b>May 20</b></p> <p><b>Breakfast Select 1 Entrée</b> Iced Cinnamon Roll <b>Lunch Select 1 Entrée</b> Regular or Spicy Chicken Patty on Roll Mickey's Pizza Garden Salad w/ Cheese &amp; Roll</p>	<p><b>May 21</b></p> <p><b>Breakfast Select 1 Entrée</b> Bulldog Breakfast Sandwich <b>Lunch Select 1 Entrée</b> Grilled Cheese Sandwich Chicken Tenders w/ Roll Chef's Salad w/ Croutons &amp; Roll</p>	<p><b>May 22</b></p> <p><b>Breakfast Select 1 Entrée</b> Dutch Waffle <b>Lunch Select 1 Entrée</b> Beefy Hard Shell Taco w/ Cheese Hot Ham &amp; Cheese on Pretzel Roll Garden Salad w/ Cheese &amp; Roll</p>	<p><b>May 23</b></p> <p><b>Breakfast Select 1 Entrée</b> Breakfast Pizza <b>Lunch Select 1 Entrée</b> Creamy Macaroni &amp; Cheese w/ Gold Fish Mini Corn Dogs Chef's Salad w/ Croutons &amp; Roll</p>	<p><b>May 24</b></p> <p><b>Breakfast Select 1 Entrée</b> Mini Pancakes <b>Grab a Meal Before You Go Home... Early Dismissal - Bag Lunch Available</b> (2) String Cheese &amp; Cheez-Its or PB &amp; Jelly Sandwich Fresh Veggies w/ Ranch Dressing Variety of Fruit Choice of Milk</p>
<p><b>WE OFFER 5 CHOICES EVERY DAY AT LUNCH!!</b> Uncrustable PB &amp; J Wilson Lunchables 3 Daily Specials <b>Grab 'n Go Meals</b> Pizza Lunchable Almost Vegetarian Lunchable <b>Check out these two new options TODAY!!</b> <b>Yogurt Parfait Lunch</b> Yogurt w/ Fruit &amp; Granola Hot &amp; Cold Veggies Choice of Milk</p>	<p><b>May 20</b></p> <p>Seasoned Green Beans Side Salad w/ Choice of Dressing Fresh Fruit or Chilly Mixed Fruit</p>	<p><b>May 21</b></p> <p>Choose up to 2 Veggies and up to 2 Fruit Golden Smiles Crunchy Baby Carrots w/ Dip Fresh Fruit or Chilly Peaches</p>	<p><b>May 22</b></p> <p>Choose up to 2 Veggies and up to 2 Fruit Steamy Corn Crunchy Ranch Chick Peas Fresh Fruit &amp; Chilly Applesauce</p>	<p><b>May 23</b></p> <p>Choose up to 2 Veggies and up to 2 Fruit Steamy Honey Carrots Crunchy Broccoli Fresh Fruit &amp; Chilly Pears</p>	<p><b>May 24</b></p> <p>Choose up to 2 Veggies and up to 2 Fruit Steamy Honey Carrots Crunchy Broccoli Fresh Fruit &amp; Chilly Pears</p>
<p><b>May 27</b></p> <p><b>School Closed</b></p> <p><b>memorial DAY</b></p>	<p><b>May 28</b></p> <p><b>Breakfast Select 1 Entrée</b> French Toast Sticks w/ Syrup <b>Lunch Select 1 Entrée</b> Popcorn Chicken Bowl Berks All Beef Hot Dog on Roll Chef's Salad w/ Croutons &amp; Roll</p>	<p><b>May 29</b></p> <p><b>Breakfast Select 1 Entrée</b> Yogurt Parfait w/ Fruit &amp; WG Cereal <b>Lunch Select 1 Entrée</b> Cheesy Baked Pasta w/ Sauce Stuffed Crust Pizza Garden Salad w/ Cheese &amp; Roll</p>	<p><b>May 30</b></p> <p><b>Breakfast Select 1 Entrée</b> Pancake Wrapped Sausages <b>Lunch Select 1 Entrée</b> American Hoagie w/ Lettuce &amp; Tomato Regular or Spicy Chicken Patty/Roll Chef's Salad w/ Croutons &amp; Roll</p>	<p><b>May 31</b></p> <p><b>Breakfast Select 1 Entrée</b> WG Assorted Mini Donuts <b>Lunch Select 1 Entrée</b> Cheese Quesadilla w/ Marinara Sauce Hamburger on Round Roll Garden Salad w/ Cheese &amp; Roll</p>	
<p><b>GRAB 'N' GO</b> Choose Your Milk 1% Chocolate, Strawberry 1% White or Skim White Lactose Free</p>	<p><b>June 3</b></p> <p><b>Breakfast Select 1 Entrée</b> Iced Cinnamon Roll <b>Lunch Select 1 Entrée</b> Chicken Salad Sandwich Walking Taco w/ Beef &amp; Cheese <b>Select 1 or 2 Vegetables &amp;/or 1 Fruit</b> Crunchy Baby Carrots w/ Dip Mild Salsa - Lettuce &amp; Tomato Fresh Fruit &amp; Chilly Mixed Fruit</p>	<p><b>June 4</b></p> <p><b>Breakfast Select 1 Entrée</b> Bulldog Breakfast Sandwich <b>Lunch Select 1 Entrée</b> Chicken Tenders w/ Goldfish Crackers Calzone w/ Marinara Dipper <b>Select 1 or 2 Vegetables &amp;/or 1 Fruit</b> Golden French Fries Fresh Veggies w/ Dip Fresh Fruit &amp; Chilly Mixed Fruit</p>	<p><b>June 5</b></p> <p><b>Breakfast Select 1 Entrée</b> Dutch Waffle <b>Lunch Select 1 Entrée</b> Steak Sandwich w/ Peppers &amp; Onions American Hoagie w/Sandwich Fixings <b>Select 1 or 2 Vegetables &amp;/or 1 Fruit</b> Zesty Baked Beans Golden French Fries Fresh Fruit &amp; Chilly Mixed Fruit</p>	<p><b>June 6</b></p> <p><b>Breakfast Select 1 Entrée</b> Breakfast Pizza <b>Grab a Meal Before You Go Home... Early Dismissal - Bag Lunch Available</b> Deli Ham &amp; Cheese Sandwich OR Peanut Butter &amp; Jelly Uncrustable Fresh Veggies w/ Ranch Dressing Variety of Fruit Choice of Milk</p>	<p><b>June 7</b></p> <p><b>Breakfast Select 1 Entrée</b> Mini Pancakes <b>Grab a Meal Before You Go Home... Early Dismissal - Bag Lunch Available</b> Deli Turkey Sandwich OR Peanut Butter &amp; Jelly Uncrustable Fresh Veggies w/ Ranch Dressing Variety of Fruit Choice of Milk</p>



Use e-Funds for Schools to put money into your child's account at [www.wilsonsd.org](http://www.wilsonsd.org) Go to: e-Funds Online Payments.  
Menu subject to change without notice! We are an equal opportunity provider.  
**WE NEED YOU! NOW HIRING - Permanent & Substitute Positions!**



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