

WILSON SCHOOL DISTRICT - RIVER ROCK ACADEMY

February 2019




Monday	Tuesday	Wednesday	Thursday	Friday
<p>BREAKFAST - Select Entrée Choose 1 Fruit &/or 1 Fruit Juice Select Favorite Milk Breakfast must have 3 food items 1 must be a fruit or juice.</p>	<p>Breakfast Meal Prices Free Students - No Cost Middle School Breakfast \$2.05 Reduced Breakfast \$.30</p>	<p>Contact the Food Service Office with questions and concerns: (610) 670-0180 x 1147</p> <hr/> <p>Menu subject to change without notice! We are an equal opportunity provider.</p>	<p>Lunch Meal Prices Free Students - No Cost Middle School Lunch \$2.90 Reduced Lunch \$.40</p>	<p>LUNCH - Select 1 Entrée Choose 1 or 2 Veggies and/or 1 Fruit, Select Favorite Milk Your lunch must have 3 food components, 1 must be a 1/2 cup of vegetable or fruit.</p>
<p>Chinese New Year - Year of the Pig</p> 		<p>Milk Served with Every Breakfast and Lunch</p> 		<p>February 1</p> <p>Breakfast Select 1 Entrée Pillsbury Filled Crescent Superbowl Celebration Walking Taco w/ Salsa OR Peanut Butter & Jelly Sandwich Select 1 or 2 Vegetables &/or 1 Fruit Side Salad w/ Choice of Dressing Zesty Baked Beans Fresh Fruit & Chilly Mixed Fruit</p>
<p>February 4</p>	<p>February 5</p>	<p>February 6</p>	<p>February 7</p>	<p>February 8</p>
<p>No School Teacher In-Service Day</p> 	<p>Breakfast Select 1 Entrée Banana Bread Chinese New Year - Fortune Cookie Day Popcorn Chicken w/wo Orange Sauce OR Peanut Butter & Jelly Sandwich Select 1 or 2 Vegetables &/or 1 Fruit Oriental Rice & Steamy Broccoli Fresh Vegetables w/ Dip Chilly Peaches or Fresh Fruit</p>	<p>Breakfast Select 1 Entrée Yogurt & Fruit Parfait w/ Granola Lunch Select 1 Entrée Cheesy Beefy Pasta w/ Sauce OR Peanut Butter & Jelly Sandwich Select 1 or 2 Vegetables &/or 1 Fruit Grape Tomatoes w/ Dip Steamy Corn Fresh Fruit & Chilly Applesauce</p>	<p>Breakfast Select 1 Entrée Pillsbury Filled Crescent Lunch Select 1 Entrée Meatball Sandwich on WG Roll OR Peanut Butter & Jelly Sandwich Select 1 or 2 Vegetables &/or 1 Fruit Fresh Celery & Cucumber w/ Dip Golden Onion Rings Fresh Fruit or Chilly Pears</p>	<p>Breakfast Select 1 Entrée WG Assorted Mini Donuts Lunch Select 1 Entrée Cheese Quesadilla w/ Marinara Sauce OR Peanut Butter & Jelly Sandwich Select 1 or 2 Vegetables &/or 1 Fruit Black Bean Salsa Steamy Green Beans Fresh Fruit or Chilly Mixed Fruit</p>
<p>February 11</p>	<p>February 12</p>	<p>February 13</p>	<p>February 14</p>	<p>February 15</p>
<p>Breakfast Select 1 Entrée Iced Cinnamon Roll Lunch Select 1 Entrée Chicken Nuggets w/ Soft Pretzel OR Peanut Butter & Jelly Sandwich Select 1 or 2 Vegetables &/or 1 Fruit Oven Baked French Fries Steamy Peas Fresh Fruit & Chilly Mandarin Oranges</p>	<p>Breakfast Select 1 Entrée Cereal & Poptart Lunch Select 1 Entrée Chicken Pasta Alfredo OR Peanut Butter & Jelly Sandwich Select 1 or 2 Vegetables &/or 1 Fruit Zesty Baked Beans Steamy Mixed Vegetables Fresh Fruit or Chilly Peaches</p>	<p>Breakfast Select 1 Entrée Bagel & Cream Cheese Brunch Lunch Select 1 Entrée Philly Cheese Steak OR Peanut Butter & Jelly Sandwich Select 1 or 2 Vegetables &/or 1 Fruit Baby Carrots w/ Dip Golden Tater Tots Fresh Fruit or Chilled Fruit Juice</p>	<p>Breakfast Select 1 Entrée Sausage, Egg & Cheese Slider VALENTINE'S DAY LUNCH Sweetheart Pepperoni OR Cheesy Bagel Pizza Cupid PB & Jelly Sandwich Select 1 or 2 Vegetables &/or 1 Fruit Oven Baked Fries - Steamy Broccoli Fresh Fruit or Chilly Pears Valentine Ice Cream Cup</p>	<p>SCHOOL CLOSED Act 80 Day - Teacher In-Service</p> 



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February 18	February 19	February 20	February 21	February 22
<p>SCHOOL CLOSED PRESIDENT'S DAY</p> 	<p>Breakfast Select 1 Entrée Benefit Bar Lunch Select 1 Entrée Chicken Tenders w/ Roll OR Peanut Butter & Jelly Sandwich Select 1 or 2 Vegetables &/or 1 Fruit Oven Baked Fries Zesty Baked Beans Fresh Fruit or Chilly Peaches</p>	<p>Breakfast Select 1 Entrée Cereal & Poptart Lunch Select 1 Entrée Homemade Beefy Chili w/ Cinnamon Roll OR Peanut Butter & Jelly Sandwich Select 1 or 2 Vegetables &/or 1 Fruit Steamy Green Beans Baby Carrots w/ Dip Fresh Fruit or Chilly Applesauce</p>	<p>Breakfast Select 1 Entrée Iced Cinnamon Roll Lunch Select 1 Entrée French Bread Pizza OR Peanut Butter & Jelly Sandwich Select 1 or 2 Vegetables &/or 1 Fruit Potato Smiles Steamy Broccoli Fresh Fruit or Chilly Pears</p>	<p>Breakfast Select 1 Entrée Assorted Mini Donuts Lunch Select 1 Entrée Walking Taco w/ Salsa OR Peanut Butter & Jelly Sandwich Select 1 or 2 Vegetables &/or 1 Fruit Steamy Corn Celery Sticks w/ Dip Fresh Fruit & Chilly Mixed Fruit</p>
February 25	February 26	February 27	February 28	
<p>Breakfast Select 1 Entrée Iced Cinnamon Roll Lunch Select 1 Entrée Beefy Tater Tot Casserole & Roll OR Peanut Butter & Jelly Sandwich Select 1 or 2 Vegetables &/or 1 Fruit Romaine Salad w/ Choice Dressing Golden Tater Tots w/ Hot Dog Fresh Fruit & Chilly Mandarin Oranges</p>	<p>Breakfast Select 1 Entrée Cereal w/ Muffin Lunch Select 1 Entrée Hot Dog on Roll (2 sand) OR Peanut Butter & Jelly Sandwich Select 1 or 2 Vegetables &/or 1 Fruit Creamy Tomato Soup Baby Carrots w/ Dip Fresh Fruit or Chilly Peaches</p>	<p>Breakfast Select 1 Entrée Banana Bread Lunch Select 1 Entrée Beefy Hard Shell Taco w/ Cheese OR Peanut Butter & Jelly Sandwich Select 1 or 2 Vegetables &/or 1 Fruit Steamy Corn Black Bean Salsa Fresh Fruit & Chilly Applesauce</p>	<p>Breakfast Select 1 Entrée Yogurt & Fruit Parfait w/ Granola Lunch Select 1 Entrée Chicken Patty on Round Roll OR Peanut Butter & Jelly Sandwich Select 1 or 2 Vegetables &/or 1 Fruit Assorted Fresh Veggies Side Tossed Salad Fresh Fruit & Chilly Pears</p>	<p>Will March come in like a LION or a LAMB?</p> 