











**WILSON SCHOOL DISTRICT HIGH SCHOOL MENU - GRADES 9 - 12**

**February 2019**

<p>Fuel Your Day with <u>One of Our Breakfast Deals!</u> Large Yogurt Parfait Poptarts &amp; String Cheese Assorted Cereal &amp; Grahams Benefit Bar or 2-Nutrigrain Bars FREE! Cup Coffee when you buy a Breakfast Meal</p>	<p><b>Monday</b></p> <p><b>BREAKFAST - Select 1 Entrée</b> Choose 1 Fruit &amp;/or 1 Fruit Juice <b>Select Favorite Milk</b></p> <p>Your Breakfast must have 3 food items, of which 1 must be a 1/2 cup of fruit or 100% fruit juice.</p>	<p><b>Tuesday</b></p> <p><b>Meal Prices</b> Elementary Breakfast \$1.85 Middle School Breakfast \$2.05 High School Breakfast \$2.25 Reduced Breakfast \$.30 Adult Breakfast \$3.25</p>	<p><b>Wednesday</b></p> <p>Contact the Food Service Office with questions and concerns: <b>(610) 670-0180 x 1148</b></p> <p>Menu subject to change without notice! We are an equal opportunity provider and employer.</p>	<p><b>Thursday</b></p> <p><b>Meal Prices</b> Elementary Lunch \$2.70 Middle School Lunch \$2.90 High School Lunch \$3.10 Reduced Lunch \$.40 Adult Meal: \$5.10</p>	<p><b>Friday</b></p> <p><b>LUNCH - Select 1 Entrée</b> Choose 1 or 2 Vegetables Choose 1 or 2 Fruits <b>Select Favorite Milk</b></p> <p>Your lunch must have 3 food components, 1 must be a 1/2 cup of vegetable or fruit.</p>
	<p><b>Choice of Milk</b> 1% Chocolate &amp; Strawberry 1% &amp; FF White Lactose Free</p> 	<p><b>Chinese New Year - Year of the Pig</b></p>  <p>In Chinese culture the New Year celebration takes place over 2-weeks. Students in the HS Chinese class and Asian Club will be providing cultural experiences in our cafeterias beginning Feb. 5.</p> 			
<p><b>We Also Offer</b> Variety of Pizzas Create Your Own Salad Assorted Cold Sandwiches, Wraps</p>  <p><b>Every Tuesday</b> Pizza from Gianotti's</p> <p><b>Visit Our Grab 'n Go Areas</b> Large Yogurt Parfait Grab 'n Go Bulldog Power Cup</p> 	<p><b>February 8</b></p> <p><b>Breakfast Select 1 Entrée</b> Bagel w/ Cream Cheese <b>Lunch Select 1 Entrée</b> Hamburger or Cheeseburger on Roll Hot Dog on Roll <u>Select 1 or 2 Vegetables &amp;/or 1 or 2 Fruit</u> Fresh Baby Carrots, Dip Oven Baked French Fries Fresh Fruit &amp; Mandarin Oranges</p>	<p><b>February 8</b></p> <p><b>Breakfast Select 1 Entrée</b> French Toast Sticks w/ Syrup <b>Chinese New Year</b> Top Your Own LoMein or Rice Bowl w/ Egg Roll Assorted Veggies - Steamy Broccoli Mandarian Oranges or Pineapples Vanilla Ice Cream Cup Fortune Cookie</p>	<p><b>February 8</b></p> <p><b>Breakfast Select 1 Entrée</b> Bacon &amp; Egg Breakfast Pizza <b>Lunch Select 1 Entrée</b> Cheesy Baked Pasta w/ Sauce BBQ Pulled Pork on Kaiser Roll <u>Select 1 or 2 Vegetables &amp;/or 1 or 2 Fruit</u> Curly Fries Fresh Trio Veggies w/ Dip Fresh Fruit &amp; Chilly Applesauce</p>	<p><b>February 8</b></p> <p><b>Breakfast Select 1 Entrée</b> Maple Burstin' Mini Pancakes <b>Lunch Select 1 Entrée</b> Meatball Sandwich on WG Roll Regular or Spicy Chicken Patty on Roll <u>Select 1 or 2 Vegetables &amp;/or 1 or 2 Fruit</u> Golden Onion Rings Marinara Sauce Fresh Fruit &amp; Chilly Pears</p>	<p><b>February 8</b></p> <p><b>Breakfast Select 1 Entrée</b> WG Assorted Mini Donuts <b>Lunch Select 1 Entrée</b> Grilled Cheese Sandwich Cheese Quesadilla w/ Marinara Sauce <u>Select 1 or 2 Vegetables &amp;/or 1 or 2 Fruit</u> Steamy Green Beans Baby Carrots w/ Dip Fresh Fruit &amp; Chilly Mixed Fruit</p>
	<p><b>February 11</b></p> <p><b>Breakfast Select 1 Entrée</b> Iced Cinnamon Roll <b>Lunch Select 1 Entrée</b> Bacon Cheeseburger on Roll Chicken Tenders w/ Soft Pretzel <u>Select 1 or 2 Vegetables &amp;/or 1 or 2 Fruit</u> Baby Carrots w/ Dip Oven Baked Fries Fresh Fruits or Pineapple</p>	<p><b>February 12</b></p> <p><b>Breakfast Select 1 Entrée</b> Bulldog Breakfast Sandwich <b>Lunch Select 1 Entrée</b> Mexican Tacos (2) Cheesy Baked Pasta w/ Garlic Bread <u>Select 1 or 2 Vegetables &amp;/or 1 or 2 Fruit</u> Romaine Salad w/ Dressing Mexican Fiesta Beans Fresh Fruit &amp; Chilly Peaches</p>	<p><b>February 13</b></p> <p><b>Breakfast Select 1 Entrée</b> Warm Dutch Waffle <b>Lunch Select 1 Entrée</b> Top Your Own Mashed Potato Bowl w/ Chicken or Beef <u>Select 1 or 2 Vegetables &amp;/or 1 or 2 Fruit</u> Steamy Corn &amp; Fresh Veggies Dinner Rolls Fresh Fruit &amp; Chilly Applesauce</p>	<p><b>February 14</b></p> <p><b>Breakfast Select 1 Entrée</b> Sausage, Egg &amp; Cheese Slider <b>Lunch Select 1 Entrée</b> Homemade Chili w/ Iced Cinnamon Roll Grilled Cheese Sandwich <u>Select 1 or 2 Vegetables &amp;/or 1 or 2 Fruit</u> Crispy French Fries - Steamy Mixed Veg Fresh Fruit &amp; Chilly Pears Valentine Cookie</p>	<p><b>February 15</b></p> <p><b>School Closed</b> Act 80 Day</p> 

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Fuel Your Day with <u>One of Our Breakfast Deals!</u> Large Yogurt Parfait PopTarts & String Cheese Assorted Cereal & Grahams Benefit Bar or 2-Nutrigrain Bars FREE! Cup Coffee when you buy a Breakfast Meal.	Monday	Tuesday	Wednesday	Thursday	Friday
		<b>BREAKFAST - Select 1 Entrée</b> Choose 1 Fruit &/or 1 Fruit Juice Select Favorite Milk Your Breakfast must have 3 food items, of which 1 must be a 1/2 cup of fruit or 100% fruit juice.	<b>Meal Prices</b> Elementary Breakfast \$1.85 Middle School Breakfast \$2.05 High School Breakfast \$2.25 Reduced Breakfast \$ .30 Adult Breakfast \$3.25	Contact the Food Service Office with questions and concerns: (610) 670-0180 x 1148 <hr/> Menu subject to change without notice! We are an equal opportunity provider and employer.	<b>Meal Prices</b> Elementary Lunch \$2.70 Middle School Lunch \$2.90 High School Lunch \$3.10 Reduced Lunch \$ .40 Adult Meal: \$5.10
<b>We Also Offer</b>	February 18	February 19	February 20	February 21	February 22
Variety of Pizzas Create Your Own Salad Assorted Cold Sandwiches, Wraps 	<b>School Closed</b> <b>President's Holiday</b> 	<b>Breakfast Select 1 Entrée</b> French Toast Sticks w/ Syrup <b>Lunch Select 1 Entrée</b> Gourmet Cheesy Flatbread Veal Parm Sandwich on WG Roll <u>Select 1 or 2 Vegetables &amp;/or 1 or 2 Fruit</u> Oven Baked Fries Brown Sugar Baked Beans Fresh Fruit & Chilly Peaches	<b>Breakfast Select 1 Entrée</b> Bacon & Egg Breakfast Pizza <b>Lunch Select 1 Entrée</b> Bulldog Big Mac w/ Fixings Bar Chicken Tenders w/ Soft Pretzel <u>Select 1 or 2 Vegetables &amp;/or 1 or 2 Fruit</u> Steamy Green Beans Baby Carrots w/ Dip Fresh Fruit & Chilly Applesauce	<b>Breakfast Select 1 Entrée</b> Maple Burstin' Mini Pancakes <b>Lunch Select 1 Entrée</b> Mickey's Pizza Regular or Spicy Chicken Patty on Roll <u>Select 1 or 2 Vegetables &amp;/or 1 or 2 Fruit</u> Oven Baked Curly Fries Steamy Mixed Vegetables Fresh Fruit & Chilly Pears	<b>Breakfast Select 1 Entrée</b> WG Assorted Mini Donuts <b>Lunch Select 1 Entrée</b> Hearty Chicken Corn Soup w/ Pretzel Cheese Quesadilla w/ Marinara <u>Select 1 or 2 Vegetables &amp;/or 1 or 2 Fruit</u> Steamy Broccoli Celery Sticks w/ Dip Fresh Fruit & Chilly Mixed Fruit
Every Tuesday Pizza from Gianotti's	February 25	February 26	February 27	February 28	
	<b>Breakfast Select 1 Entrée</b> Iced Cinnamon Roll <b>Lunch Select 1 Entrée</b> Beefy Tater Tot Casserole Chicken Salad Croissant <u>Select 1 or 2 Vegetables &amp;/or 1 or 2 Fruit</u> Tater Tots Steamy Broccoli Fresh Fruits or Pineapple	<b>Breakfast Select 1 Entrée</b> Bulldog Breakfast Sandwich <b>Lunch Select 1 Entrée</b> Grilled Chicken w/ Cheese Beefy Sloppy Joe w/ Cheese <u>Select 1 or 2 Vegetables &amp;/or 1 or 2 Fruit</u> Creamy Tomato Soup Baby Carrots w/ Dip Fresh Fruit & Chilly Peaches	<b>Breakfast Select 1 Entrée</b> Warm Dutch Waffle <b>Lunch Select 1 Entrée</b> Beefy Hard Shell Taco w/ Cheese Hot Ham & Cheese on Pretzel Roll <u>Select 1 or 2 Vegetables &amp;/or 1 or 2 Fruit</u> Steamy Broccoli Black Bean Salsa Fresh Fruit & Chilly Applesauce	<b>Breakfast Select 1 Entrée</b> Sausage, Egg & Cheese Slider Grab a Meal Before You Go Home... <b>Early Dismissal - Cold Lunch Available</b> String Cheese(2) w/ (2) Cheez-Its of Peanut Butter & Jelly Sandwich Fresh Veggies w/ Ranch Dressing Fruit Choice of Milk	

Use e-Funds for Schools to put money into your child's account at [www.wilsonsd.org](http://www.wilsonsd.org) Go to: e-Funds Online Payments. Menu subject to change without notice. We are an equal opportunity provider.

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