












WILSON SCHOOL DISTRICT - MIDDLE SCHOOLS - GRADES 6 - 8

January 2019

Breakfast Daily Specials	Monday	Tuesday	Wednesday	Thursday	Friday
Assorted Cereals & Grahams Popart & Cheese Stick 2- NutriGrain Bars Benefit Bar Yogurt Parfait Bagel & Cream Cheese	<b>BREAKFAST - Select 1 Entrée</b> <b>Sep-18</b> Choice of 1/2 cup 100% Juice Pick Your Favorite Milk  Your breakfast must have 3 food items, 1 must be a 1/2 cup of fruit or fruit juice.	<b>Breakfast Meal Prices</b> Elementary \$1.85 Middle School \$2.05 High School \$2.25 Reduced Price \$ .30 Adult Meal \$3.25  	Call Food Service Office with questions and concerns: (610) 670-0180 x 1147   Choice of Milk 1% Chocolate 1% Strawberry 1% White Skim White Lactose Free Milk	<b>Lunch Meal Prices</b> Elementary \$2.70 Middle School \$2.90 High School \$3.10 Reduced Price \$ .40 Adult Meal: \$5.10  	<b>LUNCH - Select 1 Entrée</b> Select 1 or 2 Vegetables Choose 1 or 2 Fruits Pick Your Favorite Milk  Your lunch must have 3 food components, 1 must be a 1/2 cup of vegetable or fruit.
<b>Top Your Own Salad</b> Visit the Creation Bar Assorted Vegetables Whole Grain Roll Meat, Egg, Cheese Selections Chilled Assorted Fruits Grab 'n Go Meals Bulldog Power Cup Meat, Egg, Cheese, Whole Grain, Vegetable & /or Fruit Select a Milk Yogurt Parfait Yogurt, 1-cup Fruit, Grain Select Veggies Choice of Milk 	<b>PIN 'EM BULLDOGS!</b>   January 7 	January 1   January 8	January 2 <b>Breakfast Select 1 Entrée</b> Warm & Snowy Dutch Waffle <b>Lunch Select 1 Entrée</b> Beefy Hard Shell Taco w/ Cheese Hot Ham & Cheese on Pretzel Roll <u>Select 1 or 2 Veggies &amp;/or 1 or 2 Fruit</u> Steamy Broccoli Cucumber Slices w/ Dip Fresh Fruit & Chilly Applesauce  January 9	January 3 <b>Breakfast Select 1 Entrée</b> Sausage, Egg & Cheese Slider <b>Lunch Select 1 Entrée</b> Mickey's Cheese Pizza  Regular or Spicy Chicken Patty on Roll <u>Select 1 or 2 Veggies &amp;/or 1 or 2 Fruit</u> Curly Fries & Celery Dippers Fresh Fruit & Pears <b>Frozen Twister Cup</b>  January 10	January 4 <b>Breakfast Select 1 Entrée</b> Pillsbury Filled Crescent <b>Lunch Select 1 Entrée</b> Open Face Meatloaf Sandwich Max Cheese Sticks w/Marinara Dipper <u>Select 1 or 2 Veggies &amp;/or 1 or 2 Fruit</u> Steamy Mixed Vegetables Zesty Baked Beans Fresh Fruit & Chilly Mixed Fruit  January 11
<b>Visit The Deli Spot</b> Assorted Cold Sandwiches Daily Uncrustable PB & J Assorted Hoagies Turkey & Cheese Sandwich Assorted Wraps Tuna or Chicken Salad Select Sandwich Fixings Fresh Veggies & Choice of Fruits Choose a Milk 	January 14 <b>Breakfast Select 1 Entrée</b> Iced Cinnamon Roll  <b>Lunch Select 1 Entrée</b> French Bread Pizza Philly Cheese Steak <u>Select 1 or 2 Veggies &amp;/or 1 or 2 Fruit</u> Oven Baked French Fries Steamy Peas Fresh Fruit & Chilly Pineapples	January 15 <b>Breakfast Select 1 Entrée</b> Bulldog Breakfast Sandwich <b>Lunch Select 1 Entrée</b> Nacho Salad /Taco Meat/Cheese Regular or Spicy Chicken Patty on Roll <u>Select 1 or 2 Veggies &amp;/or 1 or 2 Fruit</u> Black Bean Salsa Steamy Corn Fresh Fruit or Chilly Pears	January 16 <b>Breakfast Select 1 Entrée</b> Warm & Snowy Dutch Waffle <b>Lunch Select 1 Entrée</b> Cheesy Pizza Bagels Chicken Nuggets w/ Soft Pretzel <u>Select 1 or 2 Veggies &amp;/or 1 or 2 Fruit</u> Baby Carrots w/ Dip Steamy Broccoli Fresh Fruit or Chilly Applesauce	January 17 <b>Breakfast Select 1 Entrée</b> Sausage, Egg & Cheese Slider <b>Lunch Select 1 Entrée</b> Fajita Chicken Wrap Beefy Chili w/ Cornbread <u>Select 1 or 2 Veggies &amp;/or 1 or 2 Fruit</u> Oven Baked Fries Steamy Mixed Vegetables Fresh Fruit or Chilly Peaches	January 18 <b>GO BULLDOGS!</b>  <b>GO SWISH!!</b>

WILSON SCHOOL DISTRICT - MIDDLE SCHOOLS - GRADES 6 - 8

January 2019

Breakfast Daily Specials	Monday	Tuesday	Wednesday	Thursday	Friday
Assorted Cereals & Grahams Poptart & Cheese Stick 2- NutriGrain Bars Benefit Bar Yogurt Parfait Bagel & Cream Cheese	<b>BREAKFAST - Select 1 Entrée</b> <b>Sep-18</b> Choice of 1/2 cup 100% Juice Pick Your Favorite Milk  Your breakfast must have 3 food items, 1 must be a 1/2 cup of fruit or fruit juice.	<b>Breakfast Meal Prices</b> Elementary \$1.85 Middle School \$2.05 High School \$2.25 Reduced Price \$ .30 Adult Meal \$3.25	Call Food Service Office with questions and concerns: (610) 670-0180 x 1147  Choice of Milk 1% Chocolate 1% Strawberry 1% White Skim White Lactose Free Milk	<b>Lunch Meal Prices</b> Elementary \$2.70 Middle School \$2.90 High School \$3.10 Reduced Price \$ .40 Adult Meal: \$5.10	<b>LUNCH - Select 1 Entrée</b> Select 1 or 2 Vegetables Choose 1 or 2 Fruits Pick Your Favorite Milk  Your lunch must have 3 food components, 1 must be a 1/2 cup of vegetable or fruit.
<b>Top Your Own Salad</b>	January 21	January 22	January 23	January 24	January 25
Visit the Creation Bar Assorted Vegetables Whole Grain Roll Meat, Egg, Cheese Selections Chilled Assorted Fruits <b>Grab 'n Go Meals</b> <b>Bulldog Power Cup</b>		<b>Breakfast Select 1 Entrée</b> French Toast Sticks, Syrup <b>Lunch Select 1 Entrée</b> Cheeseburger on Roll Berks All Beef Hot Dog on Roll <b>Select 1 or 2 Veggies &amp;/or 1 or 2 Fruit</b> Oven Baked Fries Zesty Baked Beans Fresh Fruit or Chilly Pears	<b>Breakfast Select 1 Entrée</b> Bacon & Egg Breakfast Pizza <b>Lunch Select 1 Entrée</b> Ham, Potatoes & Green Beans w/Biscuit Chicken Tenders w/ Soft Pretzel <b>Select 1 or 2 Veggies &amp;/or 1 or 2 Fruit</b> Steamy Green Beans Baby Carrots w/ Dip Fresh Fruit or Chilly Applesauce	<b>Breakfast Select 1 Entrée</b> Maple Burstin' Mini Pancakes <b>Lunch Select 1 Entrée</b> French Bread Pizza Regular or Spicy Chicken Patty on Roll <b>Select 1 or 2 Veggies &amp;/or 1 or 2 Fruit</b> Potato Smiles Steamy Mixed Vegetables Fresh Fruit or Chilly Peaches	<b>Breakfast Select 1 Entrée</b> WG Assorted Mini Donuts <b>Lunch Select 1 Entrée</b> Hearty Chicken Corn Soup w/ Pretzel Cheese Quesadilla w/ Marinara Sauce <b>Select 1 or 2 Veggies &amp;/or 1 or 2 Fruit</b> Steamy Broccoli Celery Sticks w/ Dip Fresh Fruit or Chilly Mixed Fruit Cup
Meat, Egg, Cheese, Whole Grain, Vegetable & /or Fruit Select a Milk <b>Yogurt Parfait</b> Yogurt, 1-cup Fruit, Grain Select Veggies Choice of Milk	January 28	January 29	January 30	January 31	
	<b>Breakfast Select 1 Entrée</b> Iced Cinnamon Roll <b>Lunch Select 1 Entrée</b> Beefy Tater Tot Casserole Yogurt Parfait w/ Mini Fruit Bread <b>Select 1 or 2 Veggies &amp;/or 1 or 2 Fruit</b> Tater Tots Steamy Broccoli Fresh Fruit & Chilly Pineapples	<b>Breakfast Select 1 Entrée</b> Bulldog Breakfast Sandwich <b>Lunch Select 1 Entrée</b> Grilled Cheese Sandwich Bulldog Power Pack <b>Select 1 or 2 Veggies &amp;/or 1 or 2 Fruit</b> Creamy Tomato Soup Baby Carrots w/ Dip Fresh Fruit or Chilly Pears	<b>Breakfast Select 1 Entrée</b> Warm & Snowy Dutch Waffle <b>Lunch Select 1 Entrée</b> Beefy Hard Shell Taco w/ Cheese Hot Ham & Cheese on Pretzel Roll <b>Select 1 or 2 Veggies &amp;/or 1 or 2 Fruit</b> Steamy Broccoli Black Bean Salsa Fresh Fruit & Chilly Applesauce	<b>Breakfast Select 1 Entrée</b> Sausage, Egg & Cheese Slide <b>Lunch Select 1 Entrée</b> Mickey's Cheese Pizza Regular or Spicy Chicken Patty on Roll <b>Select 1 or 2 Veggies &amp;/or 1 or 2 Fruit</b> Curly Fries Celery Dippers Fresh Fruit & Pears	

Use e-Funds for Schools to put money into your child's account at [www.wilsonsd.org](http://www.wilsonsd.org) Go to: e-Funds Online Payments.

Menu subject to change without notice! We are an equal opportunity provider.

**WE NEED YOU! NOW HIRING - Permanent & Substitute Positions!**

