

WILSON SCHOOL DISTRICT KINDERGARTEN - GRADE 5

January 2019

<p><i>Fuel Your Day with</i> WITH A GREAT START STOP IN FOR BREAKFAST Breakfast Yogurt Parfait Poptarts & String Cheese Assorted Cereal & Grahams</p>	<p>Monday</p> <p><u>BREAKFAST - Select 1 Entrée</u> Choose 1 Fruit &/or 1 Fruit Juice Select Favorite Milk Breakfast must have 3 food items 1 must be a fruit or juice.</p>	<p>Tuesday</p> <p><u>Meal Prices</u> Elementary Breakfast \$1.85 Middle School Breakfast \$2.05 High School Breakfast \$2.25 Reduced Breakfast \$.30</p>	<p>Wednesday</p> <p><i>Contact the Food Service Office with questions and concerns: (610) 670-0180 x 1147</i></p> <hr style="border-top: 1px dashed black;"/> <p>Menu subject to change without notice! We are an equal opportunity provider and employer.</p>	<p>Thursday</p> <p><u>Meal Prices</u> Elementary Lunch \$2.70 Middle School Lunch \$2.90 High School Lunch \$3.10 Reduced Lunch \$.40</p>	<p>Friday</p> <p><u>LUNCH - Select 1 Entrée</u> Choose 1 or 2 Veggies and/or 1 Fruit, Select Favorite Milk Your lunch must have 3 food components, 1 must be a 1/2 cup of vegetable or fruit.</p>
 <p>WE OFFER 5 CHOICES EVERY DAY AT LUNCH!! Uncrustable PB & J Grab 'n Go Bulldog Cup 3 - Specials</p>	<p>January 1</p> <p><u>School Closed</u> HAPPY NEW YEAR</p> 		<p>January 2</p> <p><u>Breakfast Select 1 Entrée</u> Warm & Snowy Dutch Waffle <u>Lunch Select 1 Entrée</u> Beefy Hard Shell Taco w/ Cheese Hot Ham & Cheese on Pretzel Roll Garden Salad w/ Cheese & Roll <u>Select 1 or 2 Vegetables &/or 1 Fruit</u> Steamy Broccoli Cucumber Slices w/ Dip Fresh Fruit & Chilly Applesauce</p>	<p>January 3</p> <p><u>Breakfast Select 1 Entrée</u> Sausage, Egg & Cheese Slider <u>Lunch Select 1 Entrée</u> Mickey's Cheese Pizza Regular Chicken Patty/Roll (Spicy Gr 4-5) Chef's Salad w/ Croutons & Roll <u>Select 1 or 2 Vegetables &/or 1 Fruit</u> Celery Dippers & Curly Fries Fresh Fruit & Chilly Pears Variety of Frozen Twister Cups</p>	<p>January 4</p> <p><u>Breakfast Select 1 Entrée</u> Pillsbury Filled Crescent <u>Lunch Select 1 Entrée</u> Open Face Meatloaf Sandwich Max Cheese Sticks w/Marinara Dipper Garden Salad w/ Cheese & Roll <u>Select 1 or 2 Vegetables &/or 1 Fruit</u> Steamy Mixed Vegetables Zesty Baked Beans Fresh Fruit & Chilly Mixed Fruit</p>
 <p>Choose Your Milk 1% Chocolate 1% Strawberry 1% White or Skim White Lactose Free</p> <hr style="border-top: 1px dashed red;"/> <p>Grab 'n Go Meals Bulldog Power Pack Meat, Egg, Cheese, Whole Grain, Vegetable & /or Fruit Select a Milk</p>	<p>January 7</p> <p><u>Breakfast Select 1 Entrée</u> Bagel w/ Cream Cheese <u>Lunch Select 1 Entrée</u> Hamburger or Cheeseburger Calzone w/ Marinara Sauce Garden Salad w/ Cheese & Roll <u>Select 1 or 2 Vegetables &/or 1 Fruit</u> Zesty Baked Beans Baked Hashbrown Potatoes Fresh Fruit or Mandarin Oranges</p>	<p>January 8</p> <p><u>Breakfast Select 1 Entrée</u> French Toast Sticks w/ Syrup <u>Lunch Select 1 Entrée</u> Chicken Fingers & Dips, WG Roll Mini Corn Dogs Chef's Salad w/ Croutons & Roll <u>Select 1 or 2 Vegetables &/or 1 Fruit</u> Romaine Salad w/ Dressing Steamy Peas & Carrots Chilly Peaches or Frozen Juice Rush</p>	<p>January 9</p> <p><u>Breakfast Select 1 Entrée</u> Bacon & Egg Breakfast Pizza <u>Lunch Select 1 Entrée</u> Cheesy Baked Pasta w/ Sauce Beef Rib Patty on Club Roll Garden Salad w/ Cheese & Roll <u>Select 1 or 2 Vegetables &/or 1 Fruit</u> Steamy Broccoli Grape Tomatoes w/ Dip Fresh Fruit & Chilly Applesauce</p>	<p>January 10</p> <p><u>Breakfast Select 1 Entrée</u> Maple Burstin' Mini Pancakes <u>Lunch Select 1 Entrée</u> French Bread Pizza Regular Chicken Patty/Roll (Spicy Gr 4-5) Chef's Salad w/ Croutons & Roll <u>Select 1 or 2 Vegetables &/or 1 Fruit</u> Fresh Celery & Cucumber w/ Dip Golden Onion Rings Fresh Fruit or Chilly Pears</p>	<p>January 11</p> <p><u>Breakfast Select 1 Entrée</u> WG Assorted Mini Donuts <u>Lunch Select 1 Entrée</u> Chicken Noodle Soup w/ Grilled Cheese Sand Cheese Quesadilla w/ Marinara Sauce Garden Salad w/ Cheese & Roll <u>Select 1 or 2 Vegetables &/or 1 Fruit</u> Steamy Green Beans Fresh Baby Carrots w/ Dip Fresh Fruit or Chilly Mixed Fruit</p>
<p><u>Yogurt Parfait Lunch</u> Yogurt w/ Fruit & Granola Hot & Cold Veggies Choice of Milk</p>  <p><u>Bulldog Power Pack</u> Meat & Cheese, or Egg & Ham Hot & Cold Veggies w/ Fruit Grain & Choice of Milk</p>	<p>January 14</p> <p><u>Breakfast Select 1 Entrée</u> Iced Cinnamon Roll - Hadley Farms <u>Lunch Select 1 Entrée</u> French Bread Pizza Philly Cheese Steak Garden Salad w/ Cheese & Roll <u>Select 1 or 2 Vegetables &/or 1 Fruit</u> Oven Baked French Fries Steamy Peas Fresh Fruit & Chilly Mandarin</p>	<p>January 15</p> <p><u>Breakfast Select 1 Entrée</u> Bulldog Breakfast Sandwich <u>Lunch Select 1 Entrée</u> Chicken Parmesan Sandwich Berks All Beef Hot Dog on Roll Chef's Salad w/ Croutons & Roll <u>Select 1 or 2 Vegetables &/or 1 Fruit</u> Zesty Baked Beans Steamy Corn Fresh Fruit or Chilly Peaches</p>	<p>January 16</p> <p><u>Breakfast Select 1 Entrée</u> Warm & Snowy Dutch Waffle <u>Lunch Select 1 Entrée</u> Cheesy Pizza Bagels Chicken Nuggets w/ Soft Pretzel Garden Salad w/ Cheese & Roll <u>Select 1 or 2 Vegetables &/or 1 Fruit</u> Baby Carrots w/ Dip Steamy Broccoli Fresh Fruit or Chilly Applesauce</p>	<p>January 17</p> <p><u>Breakfast Select 1 Entrée</u> Sausage, Egg & Cheese Slider <u>Lunch Select 1 Entrée</u> Beefy Chili w/ Cornbread Regular or Spicy Chicken Patty on Roll Garden Salad w/ Cheese & Roll <u>Select 1 or 2 Vegetables &/or 1 Fruit</u> Oven Baked Fries Steamy Mixed Vegetables Fresh Fruit or Chilly Pears</p>	<p>January 18</p> <p><u>SCHOOL CLOSED</u> Act 80 Day - Teacher In-Service</p> 

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 <p>Yogurt Parfait Lunch</p> <p>Yogurt w/ Fruit & Granola Hot & Cold Veggies Choice of Milk</p> 	<p>January 21</p> <p>SCHOOL CLOSED MARTIN LUTHER KING HOLIDAY</p> 	<p>January 22</p> <p>Breakfast Select 1 Entrée French Toast Sticks w/ Syrup</p> <p>Lunch Select 1 Entrée Cheeseburger on Roll Berks All Beef Hot Dog on Roll Chef's Salad w/ Croutons & Roll</p> <p>Select 1 or 2 Vegetables &/or 1 Fruit Oven Baked Fries Zesty Baked Beans Fresh Fruit or Chilly Peaches</p>	<p>January 23</p> <p>Breakfast Select 1 Entrée Bacon & Egg Breakfast Pizza</p> <p>Lunch Select 1 Entrée Ham, Potatoes & Green Beans w/ Roll Chicken Tenders w/ Soft Pretzel Garden Salad w/ Cheese & Roll</p> <p>Select 1 or 2 Vegetables &/or 1 Fruit Steamy Green Beans Baby Carrots w/ Dip Fresh Fruit or Chilly Applesauce</p>	<p>January 24</p> <p>Breakfast Select 1 Entrée Maple Burstin' Mini Pancakes</p> <p>Lunch Select 1 Entrée French Bread Pizza Regular or Spicy Chicken Patty on Roll Chef's Salad w/ Croutons & Roll</p> <p>Select 1 or 2 Vegetables &/or 1 Fruit Potato Smiles Steamy Mixed Vegetables Fresh Fruit or Chilly Pears</p>	<p>January 25</p> <p>Breakfast Select 1 Entrée WG Assorted Mini Donuts</p> <p>Lunch Select 1 Entrée Hearty Chicken Corn Soup w/ Pretzel Cheese Quesadilla w/ Marinara Garden Salad w/ Cheese & Roll</p> <p>Select 1 or 2 Vegetables &/or 1 Fruit Steamy Broccoli Celery Sticks w/ Dip Fresh Fruit & Chilly Mixed Fruit</p>
<p>Bulldog Power Pack</p> <p>Meat & Cheese, or Egg & Ham Hot & Cold Veggies w/ Fruit Grain & Choice of Milk</p> <p>Choose Your Milk</p> <p>1% Chocolate 1% Strawberry 1% White or Skim White Lactose Free</p>	<p>January 28</p> <p>Breakfast Select 1 Entrée Iced Cinnamon Roll - Hadley Farms</p> <p>Lunch Select 1 Entrée Beefy Tater Tot Casserole Yogurt Parfait w/ Mini Fruit Bread Garden Salad w/ Cheese & Roll</p> <p>Select 1 or 2 Vegetables &/or 1 Fruit Tater Tots Steamy Broccoli Fresh Fruit & Chilly Mandarin</p>	<p>January 29</p> <p>Breakfast Select 1 Entrée Bulldog Breakfast Sandwich</p> <p>Lunch Select 1 Entrée Grilled Cheese Sandwich Bulldog Power Pack Chef's Salad w/ Croutons & Roll</p> <p>Select 1 or 2 Vegetables &/or 1 Fruit Creamy Tomato Soup Baby Carrots w/ Dip Fresh Fruit or Chilly Peaches</p>	<p>January 30</p> <p>Breakfast Select 1 Entrée Warm & Snowy Dutch Waffle</p> <p>Lunch Select 1 Entrée Beefy Hard Shell Taco w/ Cheese Hot Ham & Cheese on Pretzel Roll Garden Salad w/ Cheese & Roll</p> <p>Select 1 or 2 Vegetables &/or 1 Fruit Steamy Corn Black Bean Salsa Fresh Fruit & Chilly Applesauce</p>	<p>January 31</p> <p>Breakfast Select 1 Entrée Sausage, Egg & Cheese Slider</p> <p>Lunch Select 1 Entrée Mickey's Cheese Pizza Regular or Spicy Chicken Patty on Roll Chef's Salad w/ Croutons & Roll</p> <p>Select 1 or 2 Vegetables &/or 1 Fruit Curly Fries Celery Dippers Fresh Fruit & Chilly Pears</p>	

Use e-Funds for Schools to put money into your child's account at www.wilsonsd.org Go to: e-Funds Online Payments.

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WE NEED YOU! NOW HIRING - Permanent & Substitute Positions!

