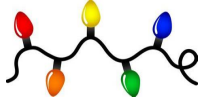


RIVER ROCK ACADEMY - GRADES 7 - 12

December 2018

Meal Prices
 Breakfast - \$2.05
 Reduced - \$.30
 Lunch - \$2.90
 Reduced - \$.40
 Adult-
 Breakfast - \$3.25
 Lunch - \$5.10



Meal Prices	Monday	Tuesday	Wednesday	Thursday	Friday
	BREAKFAST - Select an Entrée Choose Fruit and/or Choice of 1/2 cup 100% Juice Pick Your Favorite Milk Your breakfast must have 3 food items, 1 must be a 1/2 cup of fruit or fruit juice.		Call Food Service Office with questions and concerns: (610) 670-0180 x 1147  Choice of Milk 1% Chocolate 1% Strawberry 1% White Skim White Lactose Free Milk		LUNCH - Select 1 Entrée Select 1 or 2 Vegetables Choose 1 or 2 Fruits Pick Your Favorite Milk Your lunch must have 3 food components, 1 must be a 1/2 cup of vegetable or fruit.
	December 3	December 4	December 5	December 6	December 7
	Breakfast Select 1 Entrée Iced Cinnamon Roll Lunch Select 1 Entrée Popcorn Chicken Bowl & Roll PB & Jelly Sandwich Select 1 or 2 Veggies &/or 1 or 2 Fruit Mashed Potatoes w/ Gravy Steamy Corn Fresh Fruit & Mandarin Oranges	Breakfast Select 1 Entrée Choice of Cereal w/ Muffin Lunch Select 1 Entrée Bacon Cheeseburger PB & Jelly Sandwich Select 1 or 2 Veggies &/or 1 or 2 Fruit Baby Carrots w/ Dip Curly Fries Fresh Fruit & Chilly Peaches	Breakfast Select 1 Entrée Banana Bread Lunch Select 1 Entrée Beefy Hard Shell Taco w/ Cheese PB & Jelly Sandwich Select 1 or 2 Veggies &/or 1 or 2 Fruit Steamy Broccoli Cucumber Slices w/ Dip Fresh Fruit & Chilly Applesauce	Breakfast Select 1 Entrée Yogurt & Fruit Parfait w/ Granola Lunch Select 1 Entrée Regular or Spicy Chicken Patty on Roll PB & Jelly Sandwich Select 1 or 2 Veggies &/or 1 or 2 Fruit Celery Dippers Steamy Green Beans Fresh Fruit & Chilly Pears & IC Treat	Breakfast Select 1 Entrée Pillsbury Filled Crescent Lunch Select 1 Entrée Double Slice Meatloaf Sandwich/Gravy PB & Jelly Sandwich Select 1 or 2 Veggies &/or 1 or 2 Fruit Fresh Trio Veggies w/ Dip Zesty Baked Beans Fresh Fruit & Chilly Mixed Fruit
	December 10	December 11	December 12	December 13	December 14
	Breakfast Select 1 Entrée Bagel w/ Cream Cheese Early Dismissal - No Lunch 	Breakfast Select 1 Entrée Benefit Bar Lunch Select 1 Entrée Chicken Fingers & Dips, WG Roll PB & Jelly Sandwich Select 1 or 2 Veggies &/or 1 or 2 Fruit Romaine Salad w/ Dressing Steamy Peas & Carrots Chilly Peaches or Frozen Juice	Breakfast Select 1 Entrée Choice of Cereal & Poptart Holiday Celebration  Diced Turkey & Gravy & Bread Stuffing & Golden Corn Fluffy Potatoes Chilly Applesauce & Fruit Juice Candy Cane Ice Cream Alternate: PB & J	Breakfast Select 1 Entrée Iced Cinnamon Roll Lunch Select 1 Entrée Big Daddy Four Meat Pizza PB & Jelly Sandwich Select 1 or 2 Veggies &/or 1 or 2 Fruit Fresh Celery & Cucumber, Dip Golden Onion Rings Fresh Fruit or Chilly Pears	Breakfast Select 1 Entrée Assorted Mini Donuts Lunch Select 1 Entrée Beef Rib Patty on Club Roll PB & Jelly Sandwich Select 1 or 2 Veggies &/or 1 or 2 Fruit Steamy Green Beans Baby Carrots w/ Dip Fresh Fruit or Chilly Mixed Fruit
	December 17	December 18	December 19	December 20	December 21
	Breakfast Select 1 Entrée Iced Cinnamon Roll Lunch Select 1 Entrée Philly Cheese Steak Sandwich PB & Jelly Sandwich Select 1 or 2 Veggies &/or 1 or 2 Fruit Oven Baked French Fries & Peas Fresh Fruit & Chilly Pineapples Holiday Cookie	Breakfast Select 1 Entrée Choice of Cereal w/ Muffin Lunch Select 1 Entrée Bowl of Beef Chili w/ 2-Dinner Rolls PB & Jelly Sandwich Select 1 or 2 Veggies &/or 1 or 2 Fruit Crispy Tater Tots Steamy Mixed Vegetables Fresh Fruit or Chilly Peaches	Breakfast Select 1 Entrée Banana Bread Lunch Select 1 Entrée Cheesy Pizza Bagels (3 pc) PB & Jelly Sandwich Select 1 or 2 Veggies &/or 1 or 2 Fruit Fresh Red Pepper Strips w/ Dip Steamy Broccoli Fresh Fruit or Chilly Applesauce	Breakfast Select 1 Entrée Yogurt & Fruit Parfait w/ Granola Lunch Select 1 Entrée Fajita Chicken Wrap PB & Jelly Sandwich Select 1 or 2 Veggies &/or 1 or 2 Fruit Steamy Mixed Vegetables Zesty Baked Beans Fresh Fruit or Chilly Pears	Breakfast Select 1 Entrée Pillsbury Filled Crescent Early Dismissal - No Lunch School Closed Monday, December 24 Classes Resume Wednesday, January 2

Use e-Funds for Schools to put money into your child's account at www.wilsonsd.org Go to: e-Funds Online Payments.

Menu subject to change without notice! We are an equal opportunity provider.

WE NEED YOU! NOW HIRING - Permanent & Substitute Positions! Work when your child(ren) are in school! Have off when they're off!!

