

# WILSON SCHOOL DISTRICT HIGH SCHOOL MENU - GRADES 9 - 12



## November 2018



Fuel Your Day with <u>One of Our Breakfast Deals!</u> Large Yogurt Parfait Poptarts & String Cheese Assorted Cereal & Grahams Benefit Bar or 2-Nutrigrain Bars FREE! Cup Coffee when you buy a Breakfast Meal!	<b>Monday</b> <b>BREAKFAST - Select 1 Entrée</b> Choose 1 Fruit &/or 1 Fruit Juice Select Favorite Milk Your Breakfast must have 3 food items, of which 1 must be a 1/2 cup of fruit or 100% fruit juice.	<b>Tuesday</b> <b>Meal Prices</b> Elementary Breakfast \$1.85 Middle School Breakfast \$2.05 High School Breakfast \$2.25 Reduced Breakfast \$ .30 Adult Breakfast \$3.25	<b>Wednesday</b> Contact the Food Service Office with questions and concerns: (610) 670-0180 x 1148 Menu subject to change without notice! We are an equal opportunity provider and employer.	<b>Thursday</b> <b>Meal Prices</b> Elementary Lunch \$2.70 Middle School Lunch \$2.90 High School Lunch \$3.10 Reduced Lunch \$ .40 Adult Meal: \$5.10	<b>Friday</b> <b>LUNCH - Select 1 Entrée</b> Choose 1 or 2 Vegetables Choose 1 or 2 Fruits Select Favorite Milk Your lunch must have 3 food components, 1 must be a 1/2 cup of vegetable or fruit.
	Proudly Serving Giannotti's Pizza & Sandwiches Every Tuesday!	Celebrating Band, Orchestra and Choral Groups			<b>November 1</b> <b>Breakfast Select 1 Entrée</b> Pillsbury Maple Burstin' Mini Pancakes <b>Lunch Select 1 Entrée</b> Hot Ham & Cheese on Pretzel Roll Regular or Spicy Chicken Patty on Roll Select 1 or 2 Vegetables &/or 1 or 2 Fruit Fresh Super Broccoli, Dip Cup of Tomato Soup Fresh Fruit & Chilly Pears
Choice of Milk 1% Chocolate, Strawberry, White FF White & Lactose Free <b>We Also Offer</b> Variety of Pizzas Create Your Own Salad Assorted Cold Sandwiches Wraps Hoagies 	<b>November 5</b> <b>Breakfast Select 1 Entrée</b> Iced Cinnamon Roll <b>Lunch Select 1 Entrée</b> Veal Parmesan Patty on Round Roll Hamburger or Cheeseburger on Roll Select 1 or 2 Vegetables &/or 1 or 2 Fruit Fresh Baby Carrots, Dip Roasted Hashbrowns Fresh Fruit & Chilly Mandarin Oranges	<b>November 6</b> <b>Breakfast Select 1 Entrée</b> Bulldog Breakfast Sandwich <b>Lunch Select 1 Entrée</b> Southwest Chicken Wrap w/ Salsa Berks All Beef Hot Dog on Roll Select 1 or 2 Vegetables &/or 1 or 2 Fruit Romaine Salad, Dressing Zesty Baked Beans Chilly Peaches & Frozen Juice Rush	<b>November 7</b> <b>Breakfast Select 1 Entrée</b> Cinnamon Dusted Dutch Waffle <b>Lunch Select 1 Entrée</b> Pasta Bar - Pasta, Alfredo Sauce, Meatsauce, Red Sauce w/ Bread Stick Select 1 or 2 Vegetables &/or 1 or 2 Fruit Spinach Salad, Dressing Steamy Broccoli Fresh Fruit & Chilly Applesauce	<b>November 8</b> <b>Breakfast Select 1 Entrée</b> French Toast Sticks (4 pc), Syrup <b>Lunch Select 1 Entrée</b> English Muffin Pizzas (4) Regular or Spicy Chicken Patty on Roll Select 1 or 2 Vegetables &/or 1 or 2 Fruit Fresh Celery & Cucumbers Golden Onion rings Fresh Fruit & Chilly Pears	<b>November 9</b> <b>Breakfast Select 1 Entrée</b> Pillsbury Filled Crescent <b>Lunch Select 1 Entrée</b> Hot Roast Beef Sandwich w/ Gravy Cheese Quesadilla w/ Marinara Sauce Select 1 or 2 Vegetables &/or 1 or 2 Fruit Fresh Trio of Veggies Curly Fries Fresh Fruit & Chilly Mixed Fruit
Visit Our Grab 'n Go Areas Large Yogurt Parfait Grab 'n Go Bulldog Power Cup 	<b>November 12</b> <b>Breakfast Select 1 Entrée</b> Bagel w/ Cream Cheese <b>Lunch Select 1 Entrée</b> Cheesy Calzone w/ Marinara Sauce Hamburger or Cheeseburger on Roll Select 1 or 2 Vegetables &/or 1 or 2 Fruit Romaine Salad, Dressing Steamy Peas Fresh Fruit & Chilly Pineapple	<b>November 13</b> <b>Breakfast Select 1 Entrée</b> French Toast Sticks, Syrup <b>Lunch Select 1 Entrée</b> Bulldog Cheesy Burger Berks All Beef Hot Dog on Roll Select 1 or 2 Vegetables &/or 1 or 2 Fruit Fresh Carrots , Dip Zesty Baked Beans Fresh Fruit & Chilly Peaches	<b>November 14</b> <b>Breakfast Select 1 Entrée</b> Cheesy Breakfast Wrap <b>Thanksgiving Feast</b> Turkey & Gravy w/ Bread Stuffing Dinner Roll Steamy Green Beans Fluffy Potatoes Chilly Applesauce & Fruit Juice Pumpkin Pie	<b>November 15</b> <b>Breakfast Select 1 Entrée</b> Pillsbury Maple Burstin' Mini Pancakes <b>Lunch Select 1 Entrée</b> Mexican Tacos (2) Regular or Spicy Chicken Patty on Roll Select 1 or 2 Vegetables &/or 1 or 2 Fruit Lettuce, Tomato, Corn Fresh Fruit & Chilly Pears Homestyle Cookie	<b>November 16</b> <b>Breakfast Select 1 Entrée</b> WG Assorted Mini Donuts <b>Lunch Select 1 Entrée</b> Fish & Chips w/ Dipping Sauce Cheese Quesadilla w/ Marinara Sauce Select 1 or 2 Vegetables &/or 1 or 2 Fruit Creamy Cole Slaw Steamy Carrots Fresh Fruit & Chilly Mixed Fruit

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	November 19 <b>Breakfast Select 1 Entrée</b> Cinnamon Roll - Hadley Farms <b>Early Dismissal</b>	November 20 <b>Breakfast Select 1 Entrée</b> Bulldog Breakfast Sandwich <b>Early Dismissal</b>	November 21 <b>School Closed</b> Act 80 In-Service Day <b>Fall Break Begins</b>	November 22 <b>Happy Thanksgiving</b> <b>Fall Break</b>	November 23 <b>School Closed</b> <b>Fall Break</b>
Good Luck Athletes! 	November 26 <b>School Closed</b> <b>Fall Break</b>	November 27 <b>Breakfast Select 1 Entrée</b> French Toast Sticks, Syrup <b>Lunch Select 1 Entrée</b> Walking Taco (Nachos, Meat, Cheese) Berks All Beef Hot Dog on Roll <b>Select 1 or 2 Vegetables &amp;/or 1 or 2 Fruit</b> Crunchy Baby Carrots, Dip Steamy Green Beans Fresh Fruit & Chilly Peaches	November 28 <b>Breakfast Select 1 Entrée</b> Cheesy Breakfast Wrap <b>Lunch Select 1 Entrée</b> Top Your Own Mashed Potato Bar - Popcorn Chicken, Hamburger Gravy, Corn, Crumbled Bacon, Cheese, w/ Garlic Knots <b>Select 1 or 2 Vegetables &amp;/or 1 or 2 Fruit</b> Chilled Cucumber Slices, Dip Steamy Corn Fresh Fruit & Chilly Applesauce	November 29 <b>Breakfast Select 1 Entrée</b> Pillsbury Maple Burstin' Mini Pancakes <b>Lunch Select 1 Entrée</b> Hot Ham & Cheese on Pretzel Roll Regular or Spicy Chicken Patty on Roll <b>Select 1 or 2 Vegetables &amp;/or 1 or 2 Fruit</b> Fresh Super Broccoli, Dip Cup of Tomato Soup Fresh Fruit & Chilly Pears	November 30 <b>Breakfast Select 1 Entrée</b> WG Assorted Mini Donuts <b>Lunch Select 1 Entrée</b> Chicken Fingers w/ Dips, Dinner Roll Cheese Quesadilla w/ Marinara Sauce <b>Select 1 or 2 Vegetables &amp;/or 1 or 2 Fruit</b> Fresh Trio Veggies, Dip Zesty Baked Beans Fresh Fruit & Chilly Mixed Fruit



Use e-Funds for Schools to put money into your child's account at [www.wilsonsd.org](http://www.wilsonsd.org) Go to: e-Funds Online Payments.

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**WE NEED YOU! NOW HIRING - Permanent & Substitute Positions! Work when your child(ren) are in school! Have off when they're off!!**



Good Luck Winter Sports Teams

