

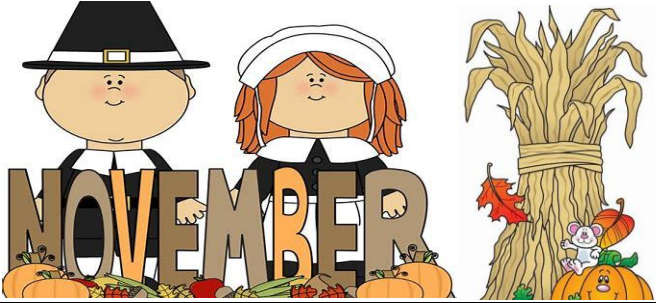


WILSON SCHOOL DISTRICT KINDERGARTEN - GRADE 5


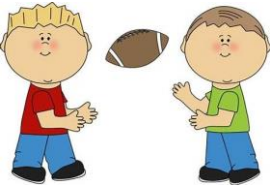




November 2018

<p><i>Fuel Your Day with</i> WITH A GREAT START STOP IN FOR BREAKFAST</p> <p>Breakfast Yogurt Parfait Poptarts & String Cheese Assorted Cereal & Grahams</p>  <p>START YOUR ENGINES!</p> <p>TRY OUR NEW LUNCHES</p> <p>Daily Salad Choices Uncrustable PB & J Grab 'n Go Bulldog Cup</p>  <p>Choose Your Milk</p> <p>1% Chocolate or Strawberry 1% White or Skim White Lactose Free</p> <p>Grab 'n Go Meals</p> <p>Bulldog Power Pack</p> <p>Meat, Egg, Cheese, Whole Grain, Vegetable & /or Fruit Select a Milk</p> <p>Yogurt Parfait Lunch</p> <p>Yogurt Fruit Assorted Veggies Granola Choose a Milk</p> <p style="text-align: center;">GRAB 'N GO</p>	<p style="text-align: center;">Monday</p> <p>BREAKFAST - Select 1 Entrée Choose 1 Fruit &/or 1 Fruit Juice Select Favorite Milk <i>Breakfast must have 3 food items 1 must be a fruit or juice.</i></p>	<p style="text-align: center;">Tuesday</p> <p style="text-align: center;">Meal Prices</p> <p>Elementary Breakfast \$1.85 Middle School Breakfast \$2.05 High School Breakfast \$2.25 Reduced Breakfast \$.30</p>	<p style="text-align: center;">Wednesday</p> <p>Contact the Food Service Office with questions and concerns: (610) 670-0180 x 1147</p> <p>Menu subject to change without notice! We are an equal opportunity provider and employer.</p>	<p style="text-align: center;">Thursday</p> <p style="text-align: center;">Meal Prices</p> <p>Elementary Lunch \$2.70 Middle School Lunch \$2.90 High School Lunch \$3.10 Reduced Lunch \$.40</p>	<p style="text-align: center;">Friday</p> <p>LUNCH - Select 1 Entrée Choose 1 or 2 Veggies and/or 1 Fruit, Select Favorite Milk <i>Your lunch must have 3 food components, 1 must be a 1/2 cup of vegetable or fruit.</i></p>
	<p style="text-align: center;">Students!</p> <p style="text-align: center;">What Are You Thankful For? Draw a picture, write us a poem or send us a letter telling us what you are THANKFUL FOR!</p> <p style="text-align: center;">We will decorate the Café with your Special Notes & Pictures of Thanks!</p> 			<p style="text-align: center;">November 1</p> <p>Breakfast Select 1 Entrée Pillsbury Maple Burstin' Mini Pancakes</p> <p>Lunch Select 1 Entrée Chicken & Pasta Alfredo w/Garlic Bread Regular Chicken Patty/Roll (Spicy Gr 4-5) Chef's Salad w/ Croutons & Roll</p> <p>Select 1 or 2 Vegetables &/or 1 Fruit Steamy Broccoli Fresh Cucumber Dipper Fresh Fruit or Chilly Pears</p>	<p style="text-align: center;">November 2</p> <p>Breakfast Select 1 Entrée Assorted Mini Donuts</p> <p>Lunch Select 1 Entrée Corn Doggie Nuggets Stuffed Crust Pizza Chicken Caesar Salad w/ Roll</p> <p>Select 1 or 2 Vegetables &/or 1 Fruit Fresh Trio of Veggies Zesty Baked Beans Fresh Fruit or Chilly Mixed Fruit</p>
	<p style="text-align: center;">November 5</p> <p>Breakfast Select 1 Entrée Iced Cinnamon Roll - Hadley Farms</p> <p>Lunch Select 1 Entrée Baconburger w/wo Cheese Mickey's Cheesy Pizza Wedge Chicken Caesar Salad w/ Roll</p> <p>Select 1 or 2 Vegetables &/or 1 Fruit Fresh Baby Carrots, Dip Roasted Hashbrown Potatoes Fresh Fruit or Chilly Mandarin Oranges</p>	<p style="text-align: center;">November 6</p> <p>Breakfast Select 1 Entrée Bulldog Breakfast Biscuit (Egg, Cheese & Bacon)</p> <p>Lunch Select 1 Entrée Chicken Fingers w/ Dips, Dinner Roll Berks All Beef Hot Dog on Roll Chef's Salad w/ Croutons & Roll</p> <p>Select 1 or 2 Vegetables &/or 1 Fruit Romaine Salad, Dressing Steamy Peas & Carrots Fresh Fruit or Chilly Juice Rush</p>	<p style="text-align: center;">November 7</p> <p>Breakfast Select 1 Entrée Cinnamon Dusted Warm Dutch Waffle</p> <p>Lunch Select 1 Entrée Macaroni & Cheese w/ Gold Fish American Hoagie on Club Roll Chicken Caesar Salad w/ Roll</p> <p>Select 1 or 2 Vegetables &/or 1 Fruit Fresh Red Pepper Strips, Dip Steamy Broccoli Fresh Fruit or Chilly Applesauce</p>	<p style="text-align: center;">November 8</p> <p>Breakfast Select 1 Entrée French Toast Sticks, Syrup</p> <p>Lunch Select 1 Entrée Philly Cheesesteak Sandwich Chicken & Pasta Alfredo w/Garlic Knot Chef's Salad w/ Croutons & Roll</p> <p>Select 1 or 2 Vegetables &/or 1 Fruit Fresh Celery & Cucumber, Dip Golden Onion Rings Fresh Fruit or Chilly Pears</p>	<p style="text-align: center;">November 9</p> <p>Breakfast Select 1 Entrée Filled Crescent Chocolate OR Grape</p> <p>Lunch Select 1 Entrée Hot Ham & Cheese on Pretzel Roll Stuffed Crust Pizza Chicken Caesar Salad w/ Roll</p> <p>Select 1 or 2 Vegetables &/or 1 Fruit Fresh Trio of Veggies Zesty Baked Beans Fresh Fruit or Chilly Mixed Fruit</p>
	<p style="text-align: center;">November 12</p> <p>Breakfast Select 1 Entrée Bagel w/ Cream Cheese</p> <p>Lunch Select 1 Entrée Chicken Tenders w/ Soft Pretzel French Bread Pizza Chicken Caesar Salad w/ Roll</p> <p>Select 1 or 2 Vegetables &/or 1 Fruit Crisp Popeye Salad, Choice of Dressing Steamy Peas Fresh Fruit or Chilly Pineapple</p>	<p style="text-align: center;">November 13</p> <p>Breakfast Select 1 Entrée French Toast Sticks, Syrup</p> <p>Lunch Select 1 Entrée English Muffin Pizzas (2 pc) Berks All Beef Hot Dog on Roll Chef's Salad w/ Croutons & Roll</p> <p>Select 1 or 2 Vegetables &/or 1 Fruit Crunchy Cauliflower w/ Cucumbers, Dip Zesty Baked Beans Fresh Fruit or Chilly Peaches</p>	<p style="text-align: center;">Nov. 14 - Thanksgiving Feast</p> <p>Breakfast Select 1 Entrée Cheesy Breakfast Wrap</p> <p>Thanksgiving Feast Turkey & Gravy w/ Bread Stuffing Steamy Green Beans Fluffy Potatoes Chilly Applesauce Pumpkin Ice Cream Cup (Alternate: PB & Jelly Sandwich)</p>	<p style="text-align: center;">November 15</p> <p>Breakfast Select 1 Entrée Pillsbury Maple Burstin' Mini Pancakes</p> <p>Lunch Select 1 Entrée Nacho Salad (Meat, Cheese, Corn Chips) Regular Chicken Patty/Roll (Spicy Gr 4-5) Chef's Salad w/ Croutons & Roll</p> <p>Select 1 or 2 Vegetables &/or 1 Fruit Red Peppers & Dip Steamy Corn Fresh Fruit or Chilly Pears</p>	<p style="text-align: center;">November 16</p> <p>Breakfast Select 1 Entrée Assorted Mini Donuts</p> <p>Lunch Select 1 Entrée Bulldog Cheesy Burger on Roll Stuffed Crust Pizza Chicken Caesar Salad w/ Roll</p> <p>Select 1 or 2 Vegetables &/or 1 Fruit Fresh Trio Veggie Cup, Dip Golden Potato Smiles Fresh Fruit or Chilly Mixed Fruit</p>



WILSON SCHOOL DISTRICT KINDERGARTEN - GRADE 5

November 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>Fuel Your Day with</i> WITH A GREAT START STOP IN FOR BREAKFAST Breakfast Yogurt Parfait Poptarts & String Cheese Assorted Cereal & Grahams</p>	<p>BREAKFAST - Select 1 Entrée Choose 1 Fruit &/or 1 Fruit Juice <i>Select Favorite Milk</i> Breakfast must have 3 food items 1 must be a fruit or juice.</p>	<p>Meal Prices Elementary Breakfast \$1.85 Middle School Breakfast \$2.05 High School Breakfast \$2.25 Reduced Breakfast \$.30</p>	<p><i>Contact the Food Service Office with questions and concerns: (610) 670-0180 x 1147</i></p> <p>Menu subject to change without notice! We are an equal opportunity provider and employer.</p>	<p>Meal Prices Elementary Lunch \$2.70 Middle School Lunch \$2.90 High School Lunch \$3.10 Reduced Lunch \$.40</p>	<p>LUNCH - Select 1 Entrée Choose 1 or 2 Veggies and/or 1 Fruit, Select Favorite Milk <i>Your lunch must have 3 food components, 1 must be a 1/2 cup of vegetable or fruit.</i></p>
<p>GRAB 'N GO</p> <p>Yogurt Parfait Lunch Yogurt Fruit Assorted Veggies Granola Choose a Milk</p>	<p>November 19 Breakfast Select 1 Entrée Cinnamon Roll - Hadley Farms Early Dismissal - No Lunch</p> 	<p>November 20 Breakfast Select 1 Entrée Bulldog Breakfast Biscuit (Egg, Cheese & Bacon) Early Dismissal - No Lunch</p> 	<p>November 21 School Closed Act 80 Professional Development Fall Break Starts</p> 	<p>November 22 Happy Thanksgiving Fall Break</p> 	<p>November 23 School Closed Fall Break</p> 
<p>Grab 'n Go Meals Bulldog Power Pack Meat, Egg, Cheese, Whole Grain, Vegetable & /or Fruit Select a Milk</p> 	<p>November 26 School Closed Fall Break</p>	<p>November 27 Breakfast Select 1 Entrée French Toast Sticks, Syrup Lunch Select 1 Entrée Tyson Popcorn Chicken, Dips & Bread Stick Berks All Beef Hot Dog on Roll Chef's Salad w/ Croutons & Roll Select 1 or 2 Vegetables &/or 1 Fruit Crunchy Baby Carrots, Dip Steamy Green Beans Fresh Fruit or Chilly Peaches</p>	<p>November 28 Breakfast Select 1 Entrée Cheesy Breakfast Wrap Lunch Select 1 Entrée Walking Taco w/ Meat & Cheese Sauce Italian Hoagie on Club Roll Chicken Caesar Salad w/ Roll Select 1 or 2 Vegetables &/or 1 Fruit Lettuce & Tomato (1 cup) Steamy Mixed Veggies Fresh Fruit or Chilly Applesauce</p>	<p>November 29 Breakfast Select 1 Entrée Pillsbury Maple Burstin' Mini Pancakes Lunch Select 1 Entrée Chicken & Pasta Alfredo w/Garlic Knot Regular Chicken Patty/Roll (Spicy Gr 4-5) Chef's Salad w/ Croutons & Roll Select 1 or 2 Vegetables &/or 1 Fruit Steamy Broccoli Fresh Cucumber Dipper Fresh Fruit or Chilly Pears</p>	<p>November 30 Breakfast Select 1 Entrée Assorted Mini Donuts Lunch Select 1 Entrée Corn Doggie Nuggets Stuffed Crust Pizza Chicken Caesar Salad w/ Roll Select 1 or 2 Vegetables &/or 1 Fruit Fresh Trio of Veggies Zesty Baked Beans Fresh Fruit or Chilly Mixed Fruit</p>

Use e-Funds for Schools to put money into your child's account at www.wilsonsd.org Go to: e-Funds Online Payments.

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WE NEED YOU! NOW HIRING - Permanent & Substitute Positions! Work when your child(ren) are in school! Have off when they're off!!

