

Menu Cycle Week Nutrient Analysis

Menu Cycle: 18.19 Elem Lunch Week #1
 Week: 1
 Result: **Fail**

Meal Pattern: [USDA]Meal Pattern SY 2014+
 Meal Type: Lunch
 Serving Group: K-5
 Site Group: Elementary School

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[550.00 - 650.00]	646.04	
Fat (g)		18.08	25.19
Sfat (g)(1)	< 10.00 % of Calories	5.54	7.72
TFat (g)(2)		0.07(M)	
Sodium Target 1 (mg) (13)	< 1,230.00	1,176.74	
Sodium Target 2 (mg) (13)	< 935.00	1,176.74	
Carb (g)		94.23	58.34
Pro (g)		28.10	17.40

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 2.500	[2.500 - 5.250]	
Veg	>= 3.750	[5.375 - 6.500]	
Veg-DG	>= 0.500	2.250	
Veg-RO	>= 0.750	2.125	
Veg-BP	>= 0.500	0.500	
Veg-S	>= 0.500	1.000	
Veg-O	>= 0.500	0.750	
Grains	[8.000 - 9.000]	[9.500 - 15.000](a)	
Non-WGR		0.000	
WGR	>= 100.000 % of	60.250	100.00
Meat/MA	[8.000 - 10.000]	[10.000 - 13.250](a)	
MILK-F	>= 5.000	5.000	
Fruit-J	<= 50.000 % of	0.000	0.00
Grain-D	<= 2.000	0.000	
Vegetable-J	<= 50.000 % of	0.000	0.00
MILK-V		Pass	

Legend

PrimeroEdge will flag based on USDA requirements, but your State Agency may issue waivers to allow a Menu Cycle with at least 50% WGR Grains to pass, or for 1% flavored milk to be an acceptable variety. In such instances, as long as you have met the conditions of the waiver, your State Agency will consider you to be in compliance.

(M) Indicates missing nutrient values.

- Standard Value is the daily average requirement for a school week.
- Trans Fat is provided for informational purposes, not for monitoring purposes.
- Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2020 and does not impact pass/fail compliance prior to that date.

a

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
18.19 Elem Lunch Week #1. Monday - Day: 1	150							

Menu Cycle Week Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Category: Entrees; Choose: 1								
Bulldog Protein Power Pack w/ Meat & Cheese, MMA, WG, F - LR100274 (1 serv.)	15	522.83	12.89	5.95	0.00	705.16	85.39	21.60
Chicken Nuggets w/ Dinner Roll, MMA, WG - LR100120 (1 serv.)	80	332.50	16.00	2.50	0.00	560.00	30.25	19.25
Lunch Yogurt Parfait w/ Soft Pretzel, MMA, WG, F - LR100236 (1 serv.)	5	488.50	3.77	1.40	0.00	318.75	102.10	14.69
Pizza, WG, 8 cut, Mickey's, MMA, WG - LR100231 (1 piece)	35	320.00	15.00	10.00	0.00	450.00	28.00	19.00
Sandwich, 5.3 oz Uncrustable, Peanut Butter and Grape, Smucker's, 5150021027, MMA, WGR - SR108000 (1 sandwich)	15	600.00	34.00	6.00	0.00	540.00	64.00	18.00
Category: Vegetables; Choose: 2								
Carrots, sliced or crinkle-cut, cooked from frozen, without salt [100352, A099] - SR105161 (1/2 c.)	65	27.00	0.50	0.09	0.00	43.00	5.64	0.42
Cucumber & Celery Dippers w/ Ranch, VO - LR100272 (1 serv.)	85	47.94	0.07	0.02	0.00	570.72	12.69	0.34
Category: Fruits; Choose: 1								
Apples, raw, with skin, F - SR105078 (1/2 medium (3)	20	47.32	0.15	0.03	0.00	0.91	12.57	0.24
Bananas, raw - SR105089 (1 medium (7"))	20	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Oranges, raw, all commercial varieties, F - SR105217 (1/2 cup, secti)	15	42.30	0.11	0.01	0.00	0.00	10.57	0.85
Pineapple, Canned, tidbits, in juice, fancy 100% Hawaiian, 24/20 oz; as served - SR105251 (1/2 c.)	60	69.99	0.00	0.00	(M)	9.99	17.00	0.51
Category: Milk; Choose: 1								
Milk, Chocolate, Fat Free, Clover Farms, MILK - SR103509 (1 Carton)	85	130.00	0.00	0.00	0.00	175.00	22.00	8.00

Menu Cycle Week Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Milk, Fat Free, regular, 8 oz., Clover Farms, MILK - SR103524 (1 c.)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Milk, Lowfat, Fluid, 1% Milkfat, Half Pint, Clover - SR103508 (1 c.)	15	220.00	5.00	3.00	0.00	260.00	26.00	16.00
Milk, Strawberry, Fat Free, Clover Farms, MILK - SR103510 (1 Carton)	35	130.00	0.00	0.00	0.00	130.00	25.00	8.00
Category: Condiments; Choose: 1								
Dressing, Honey Mustard Cups 1.5 oz, Cains, 153D - SR102764 (1 ea.)	10	130.06	9.42	1.44	0.14	371.11	11.05	0.69
Dressing, Light Buttermilk Ranch 12g, Cains, 149D - SR106668 (1/2 ounces)	40	33.31	2.89	0.47	0.04	145.10	1.75	0.11
Ketchup, Single Serve 9 g Packets, Red Gold Inc, 7294011581, REDY59G - SR100777 (1 packet)	30	10.00	0.00	0.00	0.00	65.00	2.00	0.00
18.19 Elem Lunch Week #1. Tuesday - Day: 2	150							
Category: Entrees; Choose: 1								
Bulldog Protein Power Pack w/ Meat & Cheese, MMA, WG, F - LR100274 (1 serv.)	15	522.83	12.89	5.95	0.00	705.16	85.39	21.60
Hot Dog on Roll, ELEM/MS, MMA, WG - LR100104 (1 sandwich)	45	240.00	11.50	5.00	0.00	560.00	23.00	10.00
Lunch Yogurt Parfait w/ Soft Pretzel, MMA, WG, F - LR100236 (1 serv.)	15	488.50	3.77	1.40	0.00	318.75	102.10	14.69
Philly Cheese Steak on Steak Roll, ELEM, MMA, WG - LR100185 (1 sandwich)	60	353.36	12.34	5.00	0.00	633.44	40.67	22.34
Sandwich, 5.3 oz Uncrustable, Peanut Butter and Grape, Smucker's, 5150021027, MMA, WGR - SR108000 (1 sandwich)	15	600.00	34.00	6.00	0.00	540.00	64.00	18.00
Category: Vegetables; Choose: 2								
Beans, Vegetarian Beans, Dawn Glo Brand, Veg-BP - SR103448 (1/2 cup servin)	30	120.00	1.00	0.50	0.00	400.00	21.00	7.00

Menu Cycle Week Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Broccoli Dippers w/ Ranch, VDG - LR100275 (1 serv.)	100	55.47	0.17	0.02	0.00	565.01	14.02	1.28
Category: Fruits; Choose: 1								
Apples, raw, with skin, F - SR105078 (1/2 medium (3)	15	47.32	0.15	0.03	0.00	0.91	12.57	0.24
Bananas, raw - SR105089 (1 medium (7"))	15	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fruit, Peaches, Fresh, Small, 1/2 cup Fruit - SR107906 (1 small peac)	65	30.00	0.00	0.00	0.00	0.00	7.00	1.00
Oranges, raw, all commercial varieties, F - SR105217 (1/2 cup, secti)	10	42.30	0.11	0.01	0.00	0.00	10.57	0.85
Category: Milk; Choose: 1								
Milk, Chocolate, Fat Free, Clover Farms, MILK - SR103509 (1 Carton)	85	130.00	0.00	0.00	0.00	175.00	22.00	8.00
Milk, Fat Free, regular, 8 oz., Clover Farms, MILK - SR103524 (1 c.)	15	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Milk, Lowfat, Fluid, 1% Milkfat, Half Pint, Clover - SR103508 (1 c.)	15	220.00	5.00	3.00	0.00	260.00	26.00	16.00
Milk, Strawberry, Fat Free, Clover Farms, MILK - SR103510 (1 Carton)	20	130.00	0.00	0.00	0.00	130.00	25.00	8.00
Category: Condiments; Choose: 1								
Condiment, 33% Fancy Ketchup, 6/#10 cans, Red Gold, REDY599 - SR108775 (1 Tbsp.)	65	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Condiment, Mustard, Bulk, Monarch, 250065 - SR100787 (1 oz.)	30	28.35	0.00	0.00	0.00	340.20	0.00	0.00
18.19 Elem Lunch Week #1. Wednesday - Day: 3	150							
Category: Entrees; Choose: 1								
American Hoagie on Club Roll, MMA, WG, VO, VRO - LR100276 (1 sandwich)	55	359.72	16.11	5.51	0.00	1068.80	37.59	16.51

Menu Cycle Week Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Bulldog Protein Power Pack w/ Meat & Cheese, MMA, WG, F - LR100274 (1 serv.)	25	522.83	12.89	5.95	0.00	705.16	85.39	21.60
Lunch Yogurt Parfait w/ Soft Pretzel, MMA, WG, F - LR100236 (1 serv.)	10	488.50	3.77	1.40	0.00	318.75	102.10	14.69
Max Cheese Sticks w/ Marinara ELEM/MS, MMA, WG, VRO - LR100079 (1 serv.)	50	400.00	16.00	5.00	0.00	1080.00	46.00	16.00
Sandwich, 5.3 oz Uncrustable, Peanut Butter and Grape, Smucker's, 5150021027, MMA, WGR - SR108000 (1 sandwich)	10	600.00	34.00	6.00	0.00	540.00	64.00	18.00
Category: Vegetables; Choose: 2								
Corn, Whole Kernel, No Salt Added, Frozen, USDA, 100348, VEG-S - SR109112 (1/2 c.)	85	67.00	1.00	0.00	0.00	1.00	16.00	2.00
Popeye Salad, VDG, VRO - LR100277 (1 salad)	60	21.53	0.22	0.03	0.00	43.61	4.45	1.28
Category: Fruits; Choose: 1								
Assorted Juice Rush, Hershey IC, F - LR100232 (1 serv.)	85	110.00	0.00	0.00	0.00	20.00	27.00	0.99
Fruit, Applesauce, Unsweetened Cups, USDA Foods, 110361, F - SR108833 (1 Container)	65	51.00	0.00	0.00	0.00	2.00	14.00	0.00
Category: Milk; Choose: 1								
Milk, Chocolate, Fat Free, Clover Farms, MILK - SR103509 (1 Carton)	80	130.00	0.00	0.00	0.00	175.00	22.00	8.00
Milk, Fat Free, regular, 8 oz., Clover Farms, MILK - SR103524 (1 c.)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Milk, Lowfat, Fluid, 1% Milkfat, Half Pint, Clover - SR103508 (1 c.)	15	220.00	5.00	3.00	0.00	260.00	26.00	16.00
Milk, Strawberry, Fat Free, Clover Farms, MILK - SR103510 (1 Carton)	30	130.00	0.00	0.00	0.00	130.00	25.00	8.00
Category: Condiments; Choose: 1								

Menu Cycle Week Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Dressing, Light Buttermilk Ranch 12g, Cains, 149D - SR106668 (1/2 ounces)	45	33.31	2.89	0.47	0.04	145.10	1.75	0.11
18.19 Elem Lunch Week #1. Thursday - Day: 4	150							
Category: Entrees; Choose: 1								
Breaded Chicken Patty on Roll, MMA, WG - LR100110 (1 sandwich)	35	350.00	13.50	2.50	0.00	690.00	37.00	18.00
Bulldog Protein Power Pack w/ Meat & Cheese, MMA, WG, F - LR100274 (1 serv.)	15	522.83	12.89	5.95	0.00	705.16	85.39	21.60
LOL Mac & Cheese w/ Goldfish Crackers, MMA, WG - LR100278 (1 serv.)	45	394.50	15.17	7.09	0.00	1165.19	45.48	19.26
Lunch Yogurt Parfait w/ Soft Pretzel, MMA, WG, F - LR100236 (1 serv.)	15	488.50	3.77	1.40	0.00	318.75	102.10	14.69
Sandwich, 5.3 oz Uncrustable, Peanut Butter and Grape, Smucker's, 5150021027, MMA, WGR - SR108000 (1 sandwich)	10	600.00	34.00	6.00	0.00	540.00	64.00	18.00
Spicy Breaded Chicken Patty on Roll, ELEM, MMA, WG - LR100111 (1 sandwich)	30	380.00	15.50	3.00	0.00	630.00	39.00	19.00
Category: Vegetables; Choose: 2								
Baby Carrots w/ Ranch Dip, VRO - LR100279 (1 serv.)	85	63.16	2.89	0.47	0.04	199.72	8.72	0.11
Broccoli, frozen, chopped, cooked, boiled, drained, without salt - SR105146 (1/2 c.)	85	25.76	0.11	0.02	0.00	10.12	4.92	2.85
Category: Fruits; Choose: 1								
Apples, raw, with skin, F - SR105078 (1/2 medium (3)	30	47.32	0.15	0.03	0.00	0.91	12.57	0.24
Bananas, raw - SR105089 (1 medium (7"))	15	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Oranges, raw, all commercial varieties, F - SR105217 (1/2 cup, secti)	15	42.30	0.11	0.01	0.00	0.00	10.57	0.85

Menu Cycle Week Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Pears, Bartlett, canned, diced, packed in extra light syrup [100225, A434] - SR105229 (1/2 c.)	60	60.00	0.00	0.00	0.00	5.00	16.00	0.00
Category: Milk; Choose: 1								
Milk, Chocolate, Fat Free, Clover Farms, MILK - SR103509 (1 Carton)	80	130.00	0.00	0.00	0.00	175.00	22.00	8.00
Milk, Fat Free, regular, 8 oz., Clover Farms, MILK - SR103524 (1 c.)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Milk, Lowfat, Fluid, 1% Milkfat, Half Pint, Clover - SR103508 (1 c.)	15	220.00	5.00	3.00	0.00	260.00	26.00	16.00
Milk, Strawberry, Fat Free, Clover Farms, MILK - SR103510 (1 Carton)	30	130.00	0.00	0.00	0.00	130.00	25.00	8.00
Category: Condiments; Choose: 1								
Condiment, 33% Fancy Ketchup, 6/#10 cans, Red Gold, REDY599 - SR108775 (1 Tbsp.)	35	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Dressing, Light Buttermilk Ranch 12g, Cains, 149D - SR106668 (1/2 ounces)	15	33.31	2.89	0.47	0.04	145.10	1.75	0.11
18.19 Elem Lunch Week #1. Friday - Day: 5	150							
Category: Entrees; Choose: 1								
Bacon Cheeseburger, ELEM, MMA, WG - LR100262 (1 sandwich)	40	372.91	20.84	7.44	0.99	772.30	24.98	22.35
Bulldog Protein Power Pack w/ Meat & Cheese, MMA, WG, F - LR100274 (1 serv.)	10	522.83	12.89	5.95	0.00	705.16	85.39	21.60
Chicken Caesar Salad, ELEM, MMA, WG, VDG - LR100015 (1 serv.)	15	509.01	25.62	4.92	0.00	1397.85	47.67	26.51
Lunch Yogurt Parfait w/ Soft Pretzel, MMA, WG, F - LR100236 (1 serv.)	10	488.50	3.77	1.40	0.00	318.75	102.10	14.69
Pizza, Stuffed Crust Whole Grain Cheese 4.84 oz, The MAX, ConAgra, 77387-12671, MMA, WGR, Veg-RO - SR101359 (1 slice cook)	70	340.00	14.00	4.50	0.00	750.00	36.00	15.00

Menu Cycle Week Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Sandwich, 5.3 oz Uncrustable, Peanut Butter and Grape, Smucker's, 5150021027, MMA, WGR - SR108000 (1 sandwich)	5	600.00	34.00	6.00	0.00	540.00	64.00	18.00
Category: Vegetables; Choose: 2								
Potato, Tater Tots, Ore- Ida, McCain Foods, OIF00215A, Veg-S - SR101762 (8 pieces)	40	129.20	5.96	0.99	0.00	308.08	15.90	1.99
Trio Veggie Dipper, VDG, VRO, VO - LR100220 (1 serv.)	65	54.20	2.98	0.48	0.04	173.53	6.36	0.81
Category: Fruits; Choose: 1								
Apples, raw, with skin, F - SR105078 (1/2 medium (3)	20	47.32	0.15	0.03	0.00	0.91	12.57	0.24
Bananas, raw - SR105089 (1 1/2 medium (7")	40	157.53	0.58	0.20	0.00	1.77	40.43	1.93
Fruit, mixed, canned, packed in extra light syrup - SR104099 (1/2 c.)	50	60.00	0.00	0.00	0.00	5.00	15.00	0.00
Oranges, raw, all commercial varieties, F - SR105217 (1/2 cup, secti)	25	42.30	0.11	0.01	0.00	0.00	10.57	0.85
Category: Milk; Choose: 1								
Milk, Chocolate, Fat Free, Clover Farms, MILK - SR103509 (1 Carton)	80	130.00	0.00	0.00	0.00	175.00	22.00	8.00
Milk, Fat Free, regular, 8 oz., Clover Farms, MILK - SR103524 (1 c.)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Milk, Lowfat, Fluid, 1% Milkfat, Half Pint, Clover - SR103508 (1 c.)	10	220.00	5.00	3.00	0.00	260.00	26.00	16.00
Milk, Strawberry, Fat Free, Clover Farms, MILK - SR103510 (1 Carton)	35	130.00	0.00	0.00	0.00	130.00	25.00	8.00
Category: Condiments; Choose: 1								
Condiment, 33% Fancy Ketchup, 6/#10 cans, Red Gold, REDY599 - SR108775 (1 Tbsp.)	40	20.00	0.00	0.00	0.00	160.00	5.00	0.00

Menu Cycle Week Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Condiment, Mustard, Bulk, Monarch, 250065 - SR100787 (1 oz.)	10	28.35	0.00	0.00	0.00	340.20	0.00	0.00
Dressing, Ranch, 1.5 oz PC Pouch, Cains, 03850 - SR106051 (1 pouch)	10	197.79	21.76	3.46	0.00	326.36	0.99	0.00