




# BACK TO SCHOOL

TRY OUR NEW SIGNATURE GRAB 'N' GO MEALS!



WILSON SCHOOL DISTRICT - ELEMENTARY SCHOOLS - KINDERGARTEN - GRADE 5

August 2018

TRY OUR NEW MENU!!	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast Daily Specials</b> Assorted Cereals & Grahams Poptart & Cheese Stick Yogurt Parfait	<b>Breakfast Select 1 Entrée</b> Choice of 1/2 cup Fruit Choice of 1/2 cup 100% Juice Choose Your Favorite Milk Your breakfast must have 3 food items, 1 must be a 1/2 cup of fruit or fruit juice.	<b>Breakfast Meal Prices</b> Elementary \$1.85 Middle School \$2.05 High School \$2.25 Reduced Price \$ .30 Adult Meal \$3.25	Call Food Service Office with questions and concerns: (610) 670-0180 x 1147 Choice of Milk 1% Chocolate 1% Strawberry 1% White Skim White	<b>Lunch Meal Prices</b> Elementary \$2.70 Middle School \$2.90 High School \$3.10 Reduced Price \$ .40 Adult Meal: \$5.10	<b>LUNCH - Select 1 Entrée</b> Select 1 or 2 Vegetables Choose 1 Fruit Choose Your Favorite Milk Your lunch must have 3 food components, 1 must be a 1/2 cup of vegetable or fruit.
<b>COMING IN SEPTEMBER!</b> <b>DAILY SPECIALITY SALADS</b> Chef's Salad Chicken Caesar Salad Dinner Roll Veggies & Assorted Fruit Choose Your Favorite Milk	<b>August 27</b> <b>Breakfast Select 1 Entrée</b> Cinnamon Roll <b>Lunch Select 1 Entrée</b> Tyson Chicken Nuggets w/ Dips & WG Dinner Roll Peanut Butter & Jelly Uncrustable Mickey's Cheesy Pizza Wedge <b>Select 1 or 2 Vegetables &amp;/or 1 Fruit</b> Fresh Cucumber & Celery Cup, Dip & Steamy Carrots Fresh Fruit or Chilly Pineapple	<b>August 28</b> <b>Breakfast Select 1 Entrée</b> Bulldog Egg & Bacon Breakfast Biscuit <b>Lunch Select 1 Entrée</b> Philly Cheese Steak Sandwich Peanut Butter & Jelly Uncrustable Berks All Beef Hot Dog on Roll <b>Select 1 or 2 Vegetables &amp;/or 1 Fruit</b> Super Power Broccoli, Dip & Zesty Baked Beans Fresh Fruit or Chilly Peaches	<b>August 29</b> <b>Breakfast Select 1 Entrée</b> Cinnamon Dusted Dutch Waffle <b>Lunch Select 1 Entrée</b> Max Cheese Sticks, Marinara Sauce Peanut Butter & Jelly Uncrustable Chicken Tenders w/ Roll <b>Select 1 or 2 Vegetables &amp;/or 1 Fruit</b> Fresh Trio Veggie Cup & Golden Tater Tots (9) Fresh Fruit or Chilly Applesauce	<b>August 30</b> <b>Breakfast Select 1 Entrée</b> French Toast Sticks (4 pc), Syrup Cup <b>Lunch Select 1 Entrée</b> Macaroni & Cheese w/ Gold Fish Peanut Butter & Jelly Uncrustable Regular OR Spicy Chicken Patty on Roll <b>Select 1 or 2 Vegetables &amp;/or 1 Fruit</b> Fresh Popeye Salad, Dressing & Corn Cobette Chilly Pears or Frozen Juice Rush Cup	<b>August 31</b> School Closed  <b>Get outside and PLAY 60 Minutes!</b>
<b>NEW in September!</b> <b>Grab 'n Go Meals</b> <b>Bulldog Power Cup</b> Meat, Egg, Cheese, Whole Grain, Vegetable & /or Fruit Choose Your Favorite Milk <b>Yogurt Parfait</b> Yogurt, 1-cup Fruit, Grain Choice of 2 Veggies Choose Your Favorite Milk	<b>IMPORTANT INFORMATION ABOUT SCHOOL MEALS!!</b>				
	<b>ONLINE APPLICATION for FREE &amp; REDUCED PRICE MEALS</b> Please complete your meal application at Skyward Family Access. If you received a letter of Direct Certification YOU DO NOT NEED to apply online! Questions, please call the FS Office!		<b>SEEKING FUN, HAPPY STAFF FOR FOOD SERVICE!</b> If you're looking for hours that fit your child's school schedule, want part-time hours, like working with food, enjoy the laughter of children, then we have the perfect job for YOU! Apply online at Human Relations!		
Go to e-Funds Online Payments to make deposits and check account balances. Please check your child's meal account balance at least once a week! Be sure to deposit money when the account is low.					



**5-A-DAY!**  
 Eat 5 servings of  
 Vegetables & Fruit  
 Every Day!



New Entrees Coming In September  
 CHECK OUT OUR NEW MENU!

More Kid Friendly foods,  
 developed with YOU in mind!  
 We want to hear from you  
 what you like, what we can  
 improve, how we can better  
 serve YOU!