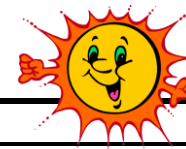




TRY OUR NEW SIGNATURE GRAB 'N 'GO MEALS!



WILSON SCHOOL DISTRICT - MIDDLE SCHOOLS - GRADES 6 - 8

August 2018

Breakfast Daily Specials	Monday	Tuesday	Wednesday	Thursday	Friday
Assorted Cereals & Grahams Poptart & Cheese Stick Muffin Loaf Benefit Bar 2-Nutrigrain Bars Yogurt Parfait Bagel & Cream Cheese	BREAKFAST - Select 1 Entrée Choice of 1/2 cup Fruit Choice of 1/2 cup 100% Juice Pick Your Favorite Milk Your breakfast must have 3 food items, 1 must be a 1/2 cup of fruit or fruit juice.	Breakfast Meal Prices  Elementary \$1.85 Middle School \$2.05 High School \$2.25 Reduced Price \$.30 Adult Meal \$3.25	Call Food Service Office with questions and concerns: (610) 670-0180 x 1147 Choice of Milk  1% Chocolate 1% Strawberry 1% White Skim White	 Lunch Meal Prices Elementary \$2.70 Middle School \$2.90 High School \$3.10 Reduced Price \$.40 Adult Meal: \$5.10	LUNCH - Select 1 Entrée Select 1 or 2 Vegetables Choose 1 or 2 Fruits Pick Your Favorite Milk Your lunch must have 3 food components, 1 must be a 1/2 cup of vegetable or fruit.
TRY OUR NEW MENU!!	August 27	August 28	August 29	August 30	August 31
Salad Bar Mixed Greens & Veggies Whole Grain Roll Meat & Cheese Selections Chilled Assorted Fruits	Breakfast Select 1 Entrée Cinnamon Roll Lunch Select 1 Entrée Tyson Chicken Nuggets w/ Dips & WG Dinner Roll Mickey's Cheesy Pizza Wedge Select 1 or 2 Vegetables &/or 1 or 2 Fruit Fresh Cucumber & Celery Cup, Dip & Steamy Carrots Fresh Fruit or Chilly Pineapple	Breakfast Select 1 Entrée Bulldog Egg & Bacon Breakfast Biscuit Lunch Select 1 Entrée Philly Cheese Steak Sandwich Berks All Beef Hot Dog on Roll Select 1 or 2 Vegetables &/or 1 or 2 Fruit Super Power Broccoli, Dip & Zesty Baked Beans Fresh Fruit or Chilly Peaches	Breakfast Select 1 Entrée Cinnamon Dusted Dutch Waffle Lunch Select 1 Entrée Max Cheese Sticks, Marinara Sauce Chicken Tenders w/ Roll Select 1 or 2 Vegetables &/or 1 or 2 Fruit Fresh Trio Veggie Cup & Golden Tater Tots (9) Fresh Fruit or Chilly Applesauce	Breakfast Select 1 Entrée French Toast Sticks (4 pc), Syrup Cup Lunch Select 1 Entrée Macaroni & Cheese w/ Gold Fish Regular OR Spicy Chicken Patty on Roll Select 1 or 2 Vegetables &/or 1 or 2 Fruit Fresh Popeye Salad, Dressing & Corn Cobette Chilly Pears or Frozen Juice Rush Cup	School Closed   
Grab 'n Go Meals	IMPORTANT INFORMATION ABOUT SCHOOL MEALS!!				Good Luck Sports Teams & Band
Bulldog Power Cup Meat, Egg, Cheese, Whole Grain, Vegetable & /or Fruit Select a Milk Yogurt Parfait Yogurt, 1-cup Fruit, Grain Select Veggies Choose a Milk	ONLINE APPLICATIONS for FREE & REDUCED PRICE MEALS Please complete your meal application at Skyward Family Access. If you received a letter of Direct Certification YOU DO NOT NEED to apply online! Questions, please call the FS Office!		SEEKING FUN, HAPPY STAFF FOR FOOD SERVICE! If you're looking for hours that fit your child's school schedule, want part-time hours, like working with food, enjoy the laughter of children, then we have the perfect job for YOU! Apply online at Human Relations!		
 					Visit The Deli Spot-Vareity offered Daily Cold Sandwiches Uncrustable PB & J Assorted Hoagies Ham & Cheese Sandwich Turkey & Cheese Sandwich Roast Beef Sandwich Tuna or Chicken Salad Assorted Wraps Select Sandwich Fixings Fresh Veggies & Fruit Choose a Milk