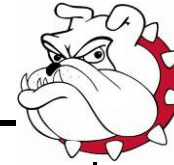





WILSON SCHOOL DISTRICT - HIGH SCHOOL - BULLDOG CAFÉ - GRADES 9 - 12



August 2018



Fuel Your Day with	Monday	Tuesday	Wednesday	Thursday	Friday
One of Our Breakfast Deals! Large Yogurt Parfait Poptarts & String Cheese Assorted Cereal & Grahams Benefit Bar or 2-Nutrigrain Bars FREE! Cup Coffee when you buy a Breakfast Meal!	BREAKFAST - Select 1 Entrée Choose 1 Fruit &/or 1 Fruit Juice Select Favorite Milk Your Breakfast must have 3 food items, of which 1 must be a 1/2 cup of fruit or 100% fruit juice.	Meal Prices Elementary Breakfast \$1.85 Middle School Breakfast \$2.05 High School Breakfast \$2.25 Reduced Breakfast \$.30 Adult Breakfast \$3.25	Contact the Food Service Office with questions and concerns: (610) 670-0180 x 1147 Menu subject to change without notice! We are an equal opportunity provider and employer.	Meal Prices Elementary Lunch \$2.70 Middle School Lunch \$2.90 High School Lunch \$3.10 Reduced Lunch \$.40 Adult Meal: \$5.10	LUNCH - Select 1 Entrée Choose 1 or 2 Vegetables Choose 1 or 2 Fruits Select Favorite Milk Your lunch must have 3 food components, 1 must be a 1/2 cup of vegetable or fruit.
Choice of Milk 1% Chocolate, Strawberry, White FF White & Lactose Free NEW LUNCH ENTRÉES!! Variety of Pizzas Create Your Own Salad Large Yogurt Parfait Grab 'n Go Bulldog Power Cup Assorted Cold Sandwiches, Wraps, Hoagies, PB & J	August 27 Breakfast Select 1 Entrée Iced Cinnamon Roll Lunch Select 1 Entrée Tyson Chicken Nuggets/ Dips & WG Dinner Roll Hamburger or Cheeseburger on Roll Select 1 or 2 Vegetables &/or 1 or 2 Fruit Fresh Cucumber & Celery Cup, Dip & Steamy Carrots Fresh Fruit & Chilly Pineapple	August 28 Breakfast Select 1 Entrée Bulldog Breakfast Sandwich (Egg, Cheese, Bacon) Lunch Select 1 Entrée Philly Style Steak & Cheese Sandwich Berks All Beef Hot Dog on Roll Select 1 or 2 Vegetables &/or 1 or 2 Fruit Super Power Broccoli, Dip & Zesty Baked Beans Fresh Fruit & Chilly Peaches	August 29 Breakfast Select 1 Entrée Cinnamon Dusted Warm Dutch Waffle Lunch Select 1 Entrée Build Your Own Burger Bar - Hamburger or Veggie Burger Cheese, Bacon, Sandwich Toppings on Round Roll Select 1 or 2 Vegetables &/or 1 or 2 Fruit Fresh Trio Veggie Cup & Golden Tater Tots Fresh Fruit & Chilly Applesauce	August 30 Breakfast Select 1 Entrée French Toast Sticks (4 pc) w/ Syrup Lunch Select 1 Entrée Land'O Lakes Macaroni & Cheese w/ Pepperidge Farm Gold Fish Regular or Spicy Chicken Patty on Roll Select 1 or 2 Vegetables &/or 1 or 2 Fruit Fresh Spinach Salad, Choice Dressing & Steamy Green Beans Chilly Pears & Frozen Juice Rush Cup	August 31 School Closed! Enjoy the Labor Day Weekend! See you on Tuesday, 9/4 

IMPORTANT INFORMATION ABOUT SCHOOL MEALS!!

ONLINE APPLICATIONS for FREE & REDUCED MEALS
 Please complete your meal application at Skyward Family Access. If you received a letter of Direct Certification YOU DO NOT NEED to apply online! Questions, please call the FS Office!

Use e-Funds for Schools to put money into your child's account at www.wilsonsd.org Go to: e-Funds Online Payments
 Check your Account Balance on a Weekly Basis!



SEEKING FUN, HAPPY STAFF FOR FOOD SERVICE!
 If you're looking for hours that fit your child's school schedule, want part-time hours, like working with food, enjoy the laughter of children, then we have the perfect job for YOU! Apply online at Human Relations!



TRY OUR NEW **BAR WEDNESDAY'S!** Every Wednesday we will feature a "Build Your Own" Creation Concept! ... We've planned a Burger Bar, Taco Bar, Mashed Potato Bar, and Pasta Bar!!