












WILSON SCHOOL DISTRICT
RIVER ROCK ACADEMY

Contact the Food Service Office for questions and concerns: 610-670-0180 x 1148

May-June 2018

We are an equal opportunity provider and employer!

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>Daily Breakfast Choices</u></p> <p>Featured Entrée Selection of Fruit and 100% Juice Variety of Milk</p> <p>Choice of Milk with Breakfast and Lunch: FF Chocolate, FF White, FF Strawberry, 1% White</p>	<p>BREAKFAST STARTS YOUR DAY includes 3 components: Whole Grains, Fruit & Juice, Milk. You must take a minimum of three food items for a meal. One item must be a ½ cup serving of fruit or fruit juice.</p>	<p><u>Meal Prices</u></p> <p>School Breakfast \$2.05 Reduced Breakfast \$.30 School Lunch \$2.90 Reduced Lunch \$.40</p>	<p>BUILD A HEALTHY LUNCH</p> <p>Select 3 - 4 - or 5 Components: Meat/Meat Alternate, Whole Grains, Vegetables, Fruit and Milk. You must take a minimum of three components for a meal. One component must be a ½ cup serving of vegetable or fruit.</p>	<p><u>Lunch Daily Entrée Choices</u></p> <p>Featured Hot Entrees Select 1-2 Veggies & 1-2 Fruits Fresh Veggies w/ Dip & Hot Veggie Selection of Fruits & Variety of Milks</p>
	May 1	May 2	May 3	May 4
<p>Friday, May 4 is School Lunch Super Hero Day! Thank You Food Service Staff for your dedicated service this year</p>	<p><u>Breakfast</u> Assorted Mini Donuts</p> <p><u>Lunch</u> Macaroni & Cheese w/ Dinner Roll Select 1-2 Veggies & 1-2 Fruit Steamy Broccoli Golden Pineapple</p>	<p><u>Breakfast</u> Assorted Cereal & Poptart (Select up to 1 each)</p> <p><u>Lunch</u> Cheeseburger on Roll Select 1-2 Veggies & 1-2 Fruit Honey Glazed Carrots Seasonal Fresh Fruit</p>	<p><u>Breakfast</u> Mini Breakfast Loafs (2)</p> <p><u>Lunch</u> Regular or Spicy Chicken Patty/Roll Select 1-2 Veggies & 1-2 Fruit BBQ Baked Beans Chilly Peaches</p>	<p><u>Breakfast</u> Bagel & Cream Cheese</p> <p><u>Lunch</u> Hot Meatloaf Sandwich/Gravy Select 1-2 Veggies & 1-2 Fruit Super Hero Peas Applesauce Cup</p>
May 7	May 8	May 9	May 10	May 11
<p><u>Breakfast</u> Icing Drizzled Cinnamon Bun</p> <p>Celebrate Cinco de Mayo! Walking Taco - Lettuce, Salsa, Tomato Select 1-2 Veggies & 1-2 Fruit Zesty Baked Beans Golden Pineapple</p>	<p><u>Breakfast</u> Assorted Mini Donuts</p> <p><u>Lunch</u> Meatball Hoagie w/ Sauce Select 1-2 Veggies & 1-2 Fruit Honey Carrots Spring Ice Cream Cup & Fruit</p>	<p><u>Breakfast</u> Bagel & Cream Cheese</p> <p><u>Lunch</u> Bacon Cheeseburger on Roll Select 1-2 Veggies & 1-2 Fruit Golden Hashbrown Seasonal Fresh Fruit</p>	<p><u>Breakfast</u> Choice of Muffins (Take up to 2)</p> <p><u>Lunch</u> Chicken Nuggets w/ Dinner Roll Select 1-2 Veggies & 1-2 Fruit Steamy Peas Festive Fruit Mix</p>	<p><u>Breakfast</u> Pillsbury CinniMinis</p> <p><u>Lunch</u> Double Hot Dogs on Roll Select 1-2 Veggies & 1-2 Fruit Steamy Broccoli Golden Peaches</p>
May 14	May 15	May 16	May 17	May 18
<p><u>Breakfast</u> Pillsbury Apple or Cherry Frudel</p> <p><u>Lunch</u> Philly Cheesesteak on Roll Select 1-2 Veggies & 1-2 Fruit Zesty Baked Beans Chilly Pears</p>	<p><u>Breakfast</u> Assorted Mini Donuts</p> <p><u>Lunch</u> Open-faced Meatloaf Sandwich/Gravy Select 1-2 Veggies & 1-2 Fruit Potato Smiles Chilly Applesauce Cup</p>	<p><u>Breakfast</u> Assorted Cereal & Poptart (Select up to 1 each)</p> <p><u>Lunch</u> Macaroni & Cheese w/ Gold Fish Select 1-2 Veggies & 1-2 Fruit Steamy Green Beans Chilled Mixed Fruit</p>	<p><u>Breakfast</u> Mini Breakfast Loafs (2)</p> <p><u>Lunch</u> Hot Ham & Cheese on Pretzel Roll Select 1-2 Veggies & 1-2 Fruit Honey Glazed Carrots Seasonal Fresh Fruit</p>	<p><u>Breakfast</u> Bagel & Cream Cheese</p> <p><u>Lunch</u> American or Italian Hoagie w/ Chips Select 1-2 Veggies & 1-2 Fruit Steamy Peas & Carrots Golden Pineapple</p>
May 21	May 22	May 23	May 24	May 25

<p>Breakfast Iced Cinnamon Bun</p>  <p>Lunch Nachos: Taco Meat/Cheese Sauce Select 1-2 Veggies & 1-2 Fruit Zesty Baked Beans Chilled Fruit Mix</p>	<p>Breakfast Assorted Mini Donuts</p> <p>Lunch Bacon Cheeseburger on Roll Select 1-2 Veggies & 1-2 Fruit Golden Potatoes Chilly Pears</p>	<p>Breakfast Bagel & Cream Cheese</p> <p>Lunch w/ Chips Select 1-2 Veggies & 1-2 Fruit Steamy Peas Chilly Applesauce Cup</p>	<p>Breakfast Choice of Muffins (Take up to 2)</p> <p>Lunch Reg or Spicy Chicken Patty Sandwich Select 1-2 Veggies & 1-2 Fruit Steamy Green Beans Frozen Juice Rush</p>	<p>Breakfast Pillsbury CinniMinis</p> <p>EARLY DISMISSAL, NO LUNCH</p> 
<p>May 28 May 29 May 30 May 31 June 1</p>				
<p>Memorial Day - School Closed</p>  <p>MEMORIAL DAY</p>	<p>Breakfast Assorted Mini Donuts</p> <p>Lunch Double Hot Dogs on Rolls Select 1-2 Veggies & 1-2 Fruit Zesty Baked Beans Fresh Melon &/or Strawberries</p> 	<p>Breakfast Assorted Cereal & Poptart (Select up to 1 each)</p> <p>Lunch Walking Taco - Lettuce, Salsa, Tomato Select 1-2 Veggies & 1-2 Fruit Steamy Peas Chilly Applesauce Cup</p> 	<p>Breakfast Mini Breakfast Loafs (2)</p> <p>Lunch Popcorn Chicken Bowl Select 1-2 Veggies & 1-2 Fruit Golden Corn & Mashed Potatoes Chilly Mixed Fruit</p> 	<p>Breakfast Bagel & Cream Cheese</p> <p>Lunch American or Italian Hoagie w/ Chips Select 1-2 Veggies & 1-2 Fruit Steamy Green Beans Chilly Pineapple</p>
<p>June 4 June 5 June 6 June 7 June 8</p>				
<p>Breakfast Assortment of Breakfast Items</p> <p>Lunch Philly Cheesesteak Select 1-2 Veggies & 1-2 Fruit Golden Potatoes Choice of Fresh & Canned Fruit</p>	<p>Breakfast Assortment of Breakfast Items</p> <p>Lunch Cheeseburger on Roll Select 1-2 Veggies & 1-2 Fruit Steamy Broccoli Choice of Fresh & Canned Fruit</p>	<p>Breakfast Assortment of Breakfast Items</p> <p>Lunch Meatball Hoagie w/Sauce Select 1-2 Veggies & 1-2 Fruit Zesty Baked Beans Choice of Fresh & Canned Fruit</p> 	<p>Breakfast Assortment of Breakfast Items</p> <p>Lunch Breaded Chicken Patty on Roll Select 1-2 Veggies & 1-2 Fruit Fresh or Steamy Veggies Choice of Fresh & Canned Fruit</p>	<p>Breakfast Assortment of Breakfast Items</p> <p>Lunch Chili over Steamy Rice Select 1-2 Veggies & 1-2 Fruit Steamy Peas Assorted Fruits</p>
<p>June 11 June 12 June 13</p>				
<p>Breakfast Assortment of Breakfast Items</p> <p>Lunch Chicken Tenders & Roll Select 1-2 Veggies & 1-2 Fruit Golden Corn Assorted Fruits</p>	<p>Breakfast Assortment of Breakfast Items</p> <p>Lunch Cheesy Calzone Select 1-2 Veggies & 1-2 Fruit Honey Carrots Assorted Fruits</p>	<p>Breakfast Assortment of Breakfast Items</p> <p>Lunch BRb-B-Que on Roll Select 1-2 Veggies & 1-2 Fruit Steamy Peas Assorted Fruits</p>	  <p>SCHOOL'S OUT!</p> <p>School returns Monday, August 27</p> <p>Have a fantastic summer!</p>	
<p>Menu subject to change without notice. To Deposit money into your child's account go to www.wilsonsd.org then e-Funds Online Payments</p>				