

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Daily Breakfast Choice -FREE COFFEE</p> <p>GF Cereal w/String Cheese GF Cereal w/Yogurt or Parfait</p> <p>Offered w/ Every Meal: Selection of Fruit and 100% Juice Variety of Milk</p>	<p>BREAKFAST STARTS YOUR DAY includes 3 components: Whole Grains, Fruit & Juice, Milk. You must take a minimum of three food items for a meal. One item must be a ½ cup serving of fruit or fruit juice.</p> <p>Choice of Milk with Breakfast and Lunch: FF Chocolate, FF White, FF Strawberry, 1% White</p>	<p>Meal Prices</p> <p>Elementary Breakfast \$1.85 Middle School Breakfast \$2.05 High School Breakfast \$2.25</p> <hr/> <p>Reduced Breakfast \$3.30 Elementary Lunch \$2.70 Middle School Lunch \$2.90 High School Lunch \$3.10 Reduced Lunch \$.40</p>	<p>BUILD A HEALTHY LUNCH</p> <p>Select 3 - 4 - or 5 Components: Meat/Meat Alternate, Whole Grains, Vegetables, Fruit and Milk. You must take a minimum of three components for a meal. One component must be a ½ cup serving of vegetable or fruit.</p>	<p>Lunch Daily Entrée Choices</p> <p>Featured Hot Entrees OR Salad Bar w/ GF Roll OR Yogurt Parfait w/ GF Roll</p>
<p></p>	<p>Choice of Milk with Breakfast and Lunch: FF Chocolate, FF White, FF Strawberry, 1% White</p>	<p>Meal Prices</p> <p>Elementary Breakfast \$1.85 Middle School Breakfast \$2.05 High School Breakfast \$2.25</p> <hr/> <p>Reduced Breakfast \$3.30 Elementary Lunch \$2.70 Middle School Lunch \$2.90 High School Lunch \$3.10 Reduced Lunch \$.40</p>	<p>SUMMERTIME</p>	<p>Note: No Salad Bar June 4 - 8</p> <p>Select 1-2 Veggies & 1-2 Fruits Fresh Veggies w/ Dip & Hot Veggie Selection of Fruits & Variety of Milks</p>
<p>Friday, May 4 is School Lunch Super Hero Day! Thank You Food Service Staff for your dedicated service this year</p> <p>I'm a LUNCH LADY what's your Superpower?</p>	<p>May 1</p> <p>Breakfast Select 1 Entrée GF Cereal & Yogurt</p> <p>Lunch Select 1 Entrée Hamburger on GF Roll</p> <p>Select 1-2 Veggies & 1-2 Fruit Steamy Broccoli Golden Pineapple</p>	<p>May 2</p> <p>Breakfast Select 1 Entrée Egg, Sausage & Cheese on GF Roll</p> <p>Lunch Select 1 Entrée Berks All Beef Hot Dog on GF Roll (2)</p> <p>Select 1-2 Veggies & 1-2 Fruit Honey Glazed Carrots Seasonal Fresh Fruit</p>	<p>May 3</p> <p>Breakfast Select 1 Entrée GF Cereal & Yogurt</p> <p>Lunch Select 1 Entrée Grilled Chicken Breast on GF Roll</p> <p>Select 1-2 Veggies & 1-2 Fruit BBQ Baked Beans Chilly Peaches</p>	<p>May 4</p> <p>Breakfast Select 1 Entrée Egg, Bacon & Cheese on GF Bread</p> <p>School Lunch Super Hero Day!! Cheeseburger on GF Roll</p> <p>Select 1-2 Veggies & 1-2 Fruit Super Hero Peas Applesauce Cup</p>
<p>May 7</p> <p>Breakfast GF Cereal & Yogurt</p> <p>Celebrate Cinco de Mayo! Walking Taco - Lettuce, Salsa, Tomato w/ Shredded Cheese</p> <p>Select 1-2 Veggies & 1-2 Fruit Zesty Baked Beans Golden Pineapple</p>	<p>May 8</p> <p>Breakfast Select 1 Entrée Egg, Bacon & Cheese on GF Roll</p> <p>Lunch Select 1 Entrée GF Meatballs w/ Marinara Sauce on GF Roll</p> <p>Select 1-2 Veggies & 1-2 Fruit Honey Carrots Spring Ice Cream Cup & Fruit</p>	<p>May 9</p> <p>Breakfast Select 1 Entrée GF Cereal & String Cheese</p> <p>Lunch Select 1 Entrée Bacon Cheeseburger on GF Roll</p> <p>Select 1-2 Veggies & 1-2 Fruit Golden Hashbrown Seasonal Fresh Fruit</p>	<p>May 10</p> <p>Breakfast Select 1 Entrée GF Cereal & Yogurt</p> <p>Lunch Select 1 Entrée Turkey Breast & Cheese GF Roll</p> <p>Select 1-2 Veggies & 1-2 Fruit Steamy Peas Festive Fruit Mix</p>	<p>May 11</p> <p>Breakfast Select 1 Entrée Egg, Bacon & Cheese on GF Bread</p> <p>Lunch Select 1 Entrée Berks Beef Hot Dog on GF Roll (2)</p> <p>Select 1-2 Veggies & 1-2 Fruit Steamy Broccoli Golden Peaches</p>
<p>May 14</p> <p>Breakfast Select 1 Entrée GF Cereal & Yogurt</p> <p>Lunch Select 1 Entrée Philly Cheesesteak (Sliced Am Cheese) on GF Roll</p> <p>Select 1-2 Veggies & 1-2 Fruit Zesty Baked Beans Chilly Pears</p>	<p>May 15</p> <p>Breakfast Select 1 Entrée Egg, Bacon & Cheese on GF Roll</p> <p>Lunch Select 1 Entrée String Cheese (2) w/ GF Bread</p> <p>Select 1-2 Veggies & 1-2 Fruit Assorted Fresh Veggies Chilly Applesauce Cup</p>	<p>May 16</p> <p>Breakfast Select 1 Entrée GF Cereal & String Cheese</p> <p>Lunch Select 1 Entrée Berks Beef Hot Dog on GF Roll(2)</p> <p>Select 1-2 Veggies & 1-2 Fruit Steamy Green Beans Chilled Mixed Fruit</p>	<p>May 17</p> <p>Breakfast Select 1 Entrée GF Cereal & Yogurt</p> <p>Lunch Select 1 Entrée Hot Ham & Cheese on GF Bread</p> <p>Select 1-2 Veggies & 1-2 Fruit Honey Glazed Carrots Seasonal Fresh Fruit</p>	<p>May 18</p> <p>Breakfast Select 1 Entrée Egg, Bacon & Cheese on GF Bread</p> <p>Lunch Select 1 Entrée String Cheese Sticks (Unbreaded) (2) GF Roll</p> <p>Select 1-2 Veggies & 1-2 Fruit Steamy Peas & Carrots Golden Pineapple</p>
<p>May 21</p> <p>Breakfast Select 1 Entrée GF Cereal & Yogurt</p> <p>Lunch Select 1 Entrée Nachos: Taco Meat/Shredded Cheese</p> <p>Select 1-2 Veggies & 1-2 Fruit Zesty Baked Beans Chilled Fruit Mix</p>	<p>May 22</p> <p>Breakfast Select 1 Entrée Egg, Bacon & Cheese on GF Roll</p> <p>Lunch Select 1 Entrée Bacon Cheeseburger on Roll</p> <p>Select 1-2 Veggies & 1-2 Fruit Assorted Fresh Veggies Chilly Pears</p>	<p>May 23</p> <p>Breakfast Select 1 Entrée GF Cereal & String Cheese</p> <p>Lunch Select 1 Entrée GF Meatballs w/ Marinara Sauce on GF Roll</p> <p>Select 1-2 Veggies & 1-2 Fruit Steamy Peas Chilly Applesauce Cup</p>	<p>May 24</p> <p>Breakfast Select 1 Entrée GF Cereal & Yogurt</p> <p>Lunch Select 1 Entrée Grilled Chicken Breast on GF Roll</p> <p>Select 1-2 Veggies & 1-2 Fruit Steamy Green Beans Frozen Juice Rush</p>	<p>May 25</p> <p>Breakfast Select 1 Entrée Egg, Bacon & Cheese on GF Bread</p> <p>EARLY DISMISSAL, NO LUNCH</p>
<p>May 28</p> <p>Memorial Day - School Closed</p>	<p>May 29</p> <p>Breakfast Select 1 Entrée Egg, Bacon & Cheese on GF Ro</p> <p>Lunch Select 1 Entrée Berks Beef Hot Dog on GF Roll(2)</p> <p>Select 1-2 Veggies & 1-2 Fruit Zesty Baked Beans Fresh Melon &/or Strawberries</p>	<p>May 30</p> <p>Breakfast Select 1 Entrée GF Cereal & String Cheese</p> <p>Lunch Select 1 Entrée Walking Taco - Lettuce, Salsa, Tomato w/ Shredded Cheese</p> <p>Select 1-2 Veggies & 1-2 Fruit Steamy Peas Chilly Applesauce Cup</p>	<p>June 1</p> <p>Breakfast Select 1 Entrée GF Cereal & Yogurt</p> <p>Lunch Select 1 Entrée Cheeseburger on GF Roll</p> <p>Select 1-2 Veggies & 1-2 Fruit Golden Corn Chilly Mixed Fruit</p>	<p>June 2</p> <p>Breakfast Select 1 Entrée Egg, Bacon & Cheese on GF Bread</p> <p>Lunch Select 1 Entrée Hot Ham & Cheese on GF Roll</p> <p>Select 1-2 Veggies & 1-2 Fruit Steamy Green Beans Chilly Pineapple</p>
<p>June 4</p> <p>Breakfast Select 1 Entrée GF Cereal w/ String Cheese or Yogurt</p> <p>Lunch Select 1 Entrée Philly Cheesesteak w/ Am Cheese on GF Roll</p> <p>Select 1-2 Veggies & 1-2 Fruit Fresh Veggies Choice of Fresh & Canned Fruit</p>	<p>June 5</p> <p>Breakfast Select 1 Entrée GF Cereal w/ String Cheese or Yogurt</p> <p>Lunch Select 1 Entrée Grilled Chicken Breast on GF Roll</p> <p>Select 1-2 Veggies & 1-2 Fruit Steamy Broccoli Choice of Fresh & Canned Fruit</p>	<p>Good Luck on Your Finals We will be open for snack purchases until 10:30 am!!</p> <p>Knowledge is knowing a Tomato is a fruit; Wisdom is knowing not to put the tomato in the fruit salad!</p>		<p>June 8</p> <p>Breakfast Select 1 Entrée GF Cereal w/ String Cheese or Yogurt</p> <p>EARLY DISMISSAL, NO LUNCH Have a fantastic summer! See you Monday, August 27!!</p>

