















Contact the Food Service Office for questions and concerns: 610-670-0180 x 1148

We are an equal opportunity provider and employer!

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Daily Breakfast Choices Featured Entrée Selection of Fruit and 100% Juice Variety of Milk</p> <p>Lunch Daily Entrée Choices Featured Hot Entrees Select 1-2 Veggies & 1-2 Fruits Fresh Veggies w/ Dip & Hot Veggie Selection of Fruits & Variety of Milks</p>	<p>START YOUR DAY WITH BREAKFAST includes 3 components: Whole Grains, Fruit & Juice, Milk. You must take a minimum of three food items for a meal. One item must be a ½ cup serving of fruit or fruit juice.</p>	<p>River Rock Academy Meal Prices School Breakfast \$2.05 Reduced Breakfast \$.30 School Lunch \$2.90 Reduced Lunch \$.40</p> 	<p>BUILD A HEALTHY LUNCH from these 5 Components: Meat/Meat Alternate, Whole Grains, Vegetables, Fruit and Milk. You must take a minimum of three components for a meal. One component must be a ½ cup serving of vegetable or fruit.</p> 	
<p>April 2 Spring Break: School Closed</p>  <p>Get Active...Run, hike, walk... Enjoy Spring!!</p>	<p>April 3 Breakfast Select 1 Entrée Assorted Mini Donuts</p> <p>Lunch Select 1 Entrée Macaroni & Cheese w/ Gold Fish</p> <p>Select 1-2 Veggies & 1-2 Fruits Steamy Green Beans Mixed Fruit Cup</p>	<p>April 4 Breakfast Select 1 Entrée Assorted Cereal & Poptart (Select up to 1 each)</p> <p>Baseball Season Homerun Lunch Double Beef Hot Dogs on Rolls</p> <p>Select 1-2 Veggies & 1-2 Fruits BBQ Baked Beans & Popcorn Apple Slices</p>	<p>April 5 Breakfast Select 1 Entrée Mini Breakfast Loafs (2)</p> <p>Lunch Select 1 Entrée Breaded Chicken Patty Sandwich</p> <p>Select 1-2 Veggies & 1-2 Fruits Honey Glazed Carrots Sweet Strawberries</p> 	<p>April 6 Breakfast Select 1 Entrée Bagel & Cream Cheese</p> <p>Lunch Select 1 Entrée Cheeseburger on Roll</p> <p>Select 1-2 Veggies & 1-2 Fruits Golden French Fries Applesauce Cup</p>
<p>April 9 Breakfast Select 1 Entrée Iced Cinnamon Bun</p> <p>Lunch Select 1 Entrée Walking Taco - Lettuce, Salsa, Tomato</p> <p>Select 1-2 Veggies & 1-2 Fruits Zesty Baked Beans Golden Pineapple</p> 	<p>April 10 Breakfast Select 1 Entrée Assorted Mini Donuts</p> <p>Lunch Select 1 Entrée Double Meatball Sliders</p> <p>Select 1-2 Veggies & 1-2 Fruits Steamy Broccoli Frozen Juice Rush</p>	<p>April 11 Breakfast Select 1 Entrée Bagel & Cream Cheese</p> <p>Lunch Select 1 Entrée Turkey Pierogi Pot Pie & Bread Stick</p> <p>Select 1-2 Veggies & 1-2 Fruits Steamy Peas & Carrots Sweet Strawberries</p> 	<p>April 12 Breakfast Select 1 Entrée Choice of Muffins (Take up to 2)</p> <p>Lunch Select 1 Entrée Chicken Nuggets w/ Dinner Roll</p> <p>Select 1-2 Veggies & 1-2 Fruits Golden Corn Festive Fruit Mix</p>	<p>April 13 Breakfast Select 1 Entrée Pillsbury CinniMinis</p> <p>Lunch Select 1 Entrée Cheese Quesadilla w/ Marinara Sauce</p> <p>Select 1-2 Veggies & 1-2 Fruits Sweet Potato Fries w/ Dipper Golden Peaches</p>
<p>April 16 Breakfast Select 1 Entrée Pillsbury Apple or Cherry Frudel</p> <p>Lunch Select 1 Entrée Spicy Chili over Rice</p> <p>Select 1-2 Veggies & 1-2 Fruits Golden Corn Chilly Pears</p> 	<p>April 17 Breakfast Select 1 Entrée Assorted Mini Donuts</p> <p>Lunch Select 1 Entrée Philly Cheesesteak on Roll</p> <p>Select 1-2 Veggies & 1-2 Fruits BBQ Baked Beans Chilly Applesauce Cup</p> 	<p>April 18 Breakfast Select 1 Entrée Assorted Cereal & Poptart (Select up to 1 each)</p> <p>Lunch Select 1 Entrée Meatloaf w/ Gravy & 2 Rolls</p> <p>Select 1-2 Veggies & 1-2 Fruits Mashed Potatoes, Green Beans Fresh Baked Cookie</p>	<p>April 19 Breakfast Select 1 Entrée Mini Breakfast Loafs (2)</p> <p>Lunch Select 1 Entrée Chicken Patty Sandwich</p> <p>Select 1-2 Veggies & 1-2 Fruits Honey Glazed Carrots Chilled Pineapple</p>	<p>April 20 Breakfast Select 1 Entrée Bagel & Cream Cheese</p> <p>Lunch Select 1 Entrée Hamburger on Roll</p> <p>Select 1-2 Veggies & 1-2 Fruits Steamy Broccoli Chilly Strawberries</p>
<p>April 23 Breakfast Select 1 Entrée Iced Cinnamon Bun</p> <p>Lunch Select 1 Entrée Nachos: Taco Meat/Cheese Sauce</p> <p>Select 1-2 Veggies & 1-2 Fruits Zesty Baked Beans Chilled Fruit Mix</p> 	<p>April 24 Breakfast Select 1 Entrée Assorted Mini Donuts</p> <p>Lunch Select 1 Entrée Spaghetti & Meatballs, Garlic Bread</p> <p>Select 1-2 Veggies & 1-2 Fruits Fresh Romaine Salad Chilled Mandarin Oranges</p>	<p>April 25 Breakfast Select 1 Entrée Bagel & Cream Cheese</p> <p>Lunch Select 1 Entrée Tater Tot Casserole w/ Dinner Rolls</p> <p>Select 1-2 Veggies & 1-2 Fruits Golden Corn Chilly Applesauce Cup</p>	<p>April 26 Breakfast Select 1 Entrée Choice of Muffins (Take up to 2)</p> <p>Lunch Select 1 Entrée Chicken Tenders (3) & Dinner Rolls (2)</p> <p>Select 1-2 Veggies & 1-2 Fruits Steamy Green Beans Frozen Juice Rush</p> 	<p>April 27 Breakfast Select 1 Entrée Pillsbury CinniMinis</p> <p>Lunch Select 1 Entrée Turkey & Cheese Hoagie w/Lettuce</p> <p>Select 1-2 Veggies & 1-2 Fruits Chips, Honey Carrots Chilled Peaches</p>
<p>April 30 Breakfast Select 1 Entrée Pillsbury Apple or Cherry Frudel</p> <p>Lunch Select 1 Entrée Popcorn Chicken Bowl & Roll</p> <p>Select 1-2 Veggies & 1-2 Fruits Golden Corn & Mashed Potatoes Golden Diced Peaches</p>	<p>EARTH DAY, April 22 Help keep our earth safe! Get outside and enjoy the beauty of nature! When you go for a hike take a bag and pick-up any trash you find! Help save our world!</p> 			<p>Make your meal complete with Milk @ Breakfast & Lunch 1% White Milk FF Chocolate Milk FF Strawberry Milk</p> 

Menu subject to change without notice.

To Deposit money into your child's account go to www.wilsonsd.org then e-Funds Online Payments