WILSON SCHOOL DISTRICT SOUTHERN & WEST MIDDLE SCHOOL (GRADES 6 - 8) Contact the Food Service Office for questions and concerns: 610-670-0180 x 1148 We are an equal opportunity provider and employer! Tuesday Friday Thursday Daily Breakfast Choices Meal Prices Lunch Daily Entrée Choices START YOUR DAY WITH BUILD A HEALTHY LUNCH from Featured Entrée Elementary Breakfast \$1.85 Featured Hot Entrees BREAKFAST includes 3 these 5 Components: Meat/Meat Bagel w/ Cream Cheese Middle School Breakfast \$2.05 **OR** Assorted Cold Sandwiches components: Whole Grains, Alternate, Whole Grains, Assorted Cereal **OR** Poptarts High School Breakfast \$2.25 **OR** Express Salads Vegetables, Fruit and Milk, You Fruit & Juice, Milk. You must OR PB & Jelly + String Cheese w/ Yogurt OR String Cheese Reduced Breakfast \$.30 must take a minimum of three take a minimum of three food Elementary Lunch \$2.70 components for a meal. One items for a meal. One item Offered w/ Every Meal: Middle School Lunch \$2.90 Select 1-2 Veggies & 1-2 Fruits component must be a ½ cup serving must be a $\frac{1}{2}$ cup serving of Selection of Fruit and 100% Juice Fresh Veggies w/ Dip & Hot Veggie High School Lunch \$3.10 of vegetable or fruit. fruit or fruit juice. Variety of Milk Reduced Lunch \$.40 Selection of Fruits & Variety of Milks March 1 March 2 Celebrate School Breakfast Week Breakfast Select 1 Entrée Breakfast Select 1 Entrée March 5 - 9 Mini Breakfast Loaf OR Banana Bread Egg, Ham & Cheese et your w/ Yogurt Breakfast Slider nner emoji Lunch Select 1 Entrée Lunch Select 1 Entrée SHINE Breaded Baked Chicken w/ Roll Corn Dog Bites w/ Dinner Roll hen you eat Hamburger on Roll Hamburger on Roll a healthy Select 1-2 Veggies & 1 Fruit Select 1-2 Veggies & 1 Fruit oreakfast! Honey Glazed Carrots Golden French Fries Sweet Strawberries Applesauce Cup March 5 March 8 March 9 Breakfast Select 1 Entrée Breakfast Select 1 Entrée Breakfast Select 1 Entrée Breakfast Select 1 Entrée <u>Breakfast Select 1 Entrée</u> Pillsbury Mini Cinni Buns Egg, Bacon & Cheese on Maple Pancake Sausage Nuggets (4 pc) Blueberry or Banana Muffin Bulldog Breakfast Biscuit Croissant w/ Yogurt (Egg, Bacon & Cheese) Lunch Select 1 Entrée Moe's Joey Jr. Burrito, Chips/Salsa Walking Taco - Lettuce, Salsa, Tomato Double Meatball Sliders Turkey Pierogi Pot Pie & Bread Stick Grilled Cheese Sandwich Chicken Nuggets w/ Dinner Roll Select 1-2 Veggies & 1 Fruit Zesty Baked Beans Steamy Broccoli Steamy Peas & Carrots Golden Corn Creamy Tomato Soup (8 oz.) Golden Pineapple Frozen Juice Rush Sweet Strawberries Festive Fruit Mix Golden Peaches March 12 March 13 March 14 March 15 - National Pi Day Lucky Leprechaun, March 17 Breakfast Select 1 Entrée Pillsbury Apple Frudel Breakfast Pizza Kellogg Eggo French Toast Mini's Mini Breakfast Loaf Egg, Sausage & Cheese w/ Yogurt Breakfast Slider or Cherry Frudel Lunch Select 1 Entrée Lunch Select 1 Entrée Brunch Lunch Select 1 Entrée Lunch Select 1 Entrée Lunch Select 1 Entrée French Toast Sticks (4 pc) w/ Sausage Sloppy Joe on Roll Philly Cheesesteak on Roll Chicken Patty Sandwich Hamburger on Roll French Bread Pizza Personal Cheese Pizza Breaded Cheese Sticks w/ Marinara Cheese Calzone w/ Marinara Sauce Cheese Quesadilla Select 1-2 Veggies & 1 Fruit Golden Tater Tots (10 pc) BBQ Baked Beans Steamy Green Beans Honey Glazed Carrots Wear'n of the Green Broccoli Chilly Pears Chilly Applesauce Cup Chilled Mixed Fruit Fruit Pi Shamrock Ice Cream & Berries March 19 March 20...Welcome Spring! March 21 March 22 March 23 Breakfast Select 1 Entrée Icing Drizzled Cinnamon Roll Egg, Bacon & Cheese on French Toast Sticks (4 pc) Blueberry or Banana Muffin Bulldog Breakfast Biscuit Croissant w/ Yogurt (Egg, Bacon & Cheese) Lunch Select 1 Entrée Lunch Select 1 Entrée Lunch Select 1 Entrée Lunch Select 1 Entrée EARLY DISMISSAL, NO LUNCH Nachos: Taco Meat/Cheese Sauce Penne Pasta W/ Meat Sauce/Garlic Bread Meatloaf w/ Gravy & 2 Rolls Variety of Subway Sandwiches & Chips Chicken Tenders (3) & Dinner Roll Chicken Tenders (3) & Garlic Bread Chicken Tenders (3) & Dinner Roll Chicken Tenders (3) & Dinner Roll Select 1-2 Veggies & 1 Fruit Zesty Baked Beans Fresh Romaine Salad Mashed Potatoes, Honey Carrots Steamy Green Beans Chilled Fruit Mix Spring begins Chilled Mandarin Oranges Chilly Applesauce Cup Frozen Juice Rush March 26 March 27 March 28 March 29 March 30 Breakfast Select 1 Entrée Breakfast Select 1 Entrée Breakfast Select 1 Entrée Breakfast Select 1 Entrée Spring Break - School Closed Pillsbury Apple Frudel Breakfast Pizza Mini Pancakes w/ Syrup Egg, Sausage & Cheese or Cherry Frudel Breakfast Slider MILK Lunch Select 1 Entrée Lunch Select 1 Entrée Lunch Select 1 Entrée Lunch Select 1 Entrée Breaded Baked Chicken w/ Roll Macaroni & Cheese w/ Gold Fish Fish Sticks & Roll Select Milk @ Breakfast & Lunch Chicken Patty Sandwich Hamburger on Roll Hamburger on Roll Hamburger on Roll Hamburger on Roll 1% White Milk Select 1-2 Veggies & 1 Fruit FF Chocolate Milk Steamy Broccoli Golden Corn & Mashed Potatoes Golden French Fries Honey Carrots FF Strawberry Milk Golden Diced Peaches Golden Pineapple Festive Mixed Fruit Sweet Strawberries Skim White Milk Menu subject to change without notice. To Deposit money into your child's account go to www.wilsonsd.org then e-Funds Online Payments