

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Breakfast Select 1 Entrée</b> Featured Entrée Gluten Free: Cheerios, Honey Nut Cheerios, Lucky Charms &amp; Choice or Trix Yogurt <b>Offered w/ Every Meal:</b> Selection of Fruit and 100% Juice Variety of Milk</p>	<p><b>DID YOU KNOW: LUNCH</b> includes five meal components: Meat/Meat Alternate, Whole Grains, Vegetables, Fruit and Milk. You must take a minimum of three components for a meal. One component must be a ½ cup serving of vegetable or fruit.</p>	<p><b>DID YOU KNOW: BREAKFAST</b> includes 3 components: Whole Grains, Fruit &amp; Juice, Milk. 4 Items will be offered, you must take a minimum of 3- food items for a meal. One item must be a ½ cup serving of fruit or fruit juice.</p>	<p><b>Meal Prices</b> Elementary Breakfast \$1.85 Middle School Breakfast \$2.05 High School Breakfast \$2.25 Reduced Breakfast \$ .30 ----- Elementary Lunch \$2.70 Middle School Lunch \$2.90 High School Lunch \$3.10 Reduced Lunch \$.40</p>	<p><b>Lunch Select 1 Entrée</b> Daily Featured Hot Entrees OR Express Salad w/GF Roll  <b>Select 1-2 Veggies &amp;/or 1 Fruit</b> Hot Veggie &amp; Fresh Veggies w/ Dip Selection of Fruits Variety of Milk</p>
<p>Super Bowl LII <b>Help us cheer on the Eagles</b> Friday, 2/2</p> <p><b>SPECIAL POP-UP MENU ITEMS</b></p> 	<p>Winter Olympics - 2/9 - 2/25 <b>What's Your Favorite Olympic Sport?</b> Figure Skating, Ice Dancing Ice Hockey, Bobsled, Curling Snowboarding, Alpine Skiing, Luge Bobsled, Speed Skating Ski Jumping, Skeleton USA! USA! GO USA!! Watch for our Trivia Questions!</p>	<p>Did You Know? <b>Ground Hog Day - February 2</b> The ancient legend is based on an old Scotch poem - "If Candlemas Day is bright and clear, there'll be two winters in the year." <b>Will he see his shadow?? Will winter continue or end??</b></p>	<p><b>February 1</b> <b>Breakfast Select 1 Entrée</b> Egg Patty w/ GF Roll  <b>Lunch Select 1 Entrée</b> Grilled Chicken Patty on GF Roll  <b>Select 1 Vegetable &amp;/or 1 Fruit</b> Honey Glazed Carrots Chilly Applesauce</p>	<p><b>February 2</b> <b>Breakfast Select 1 Entrée</b> Sausages w/ GF Roll  <b>Super Bowl Celebration</b> Hamburger on GF Roll  <b>Select 1 Vegetable &amp;/or 1 Fruit</b> Steamy Corn Sweet Strawberries</p>
<b>February 5</b>	<b>February 12</b>	<b>February 19: NOW OPEN</b>	<b>February 26</b>	<b>February 5</b>
<p><b>Breakfast Select 1 Entrée</b> GF Cereal &amp; Yogurt  <b>Lunch Select 1 Entrée</b> Grilled Chicken on GF Roll  <b>Select 1-2 Veggies &amp;/or 1 Fruit</b> Black Beans, Salsa Golden Pineapple</p>	<p><b>Breakfast Select 1 Entrée</b> Egg, Bacon &amp; Cheese on GF Roll  <b>Lunch Select 1 Entrée</b> GF Meatballs in Marinara Sauce  <b>Select 1-2 Veggies &amp;/or 1 Fruit</b> Steamy Broccoli Frozen Juice Rush</p>	<p><b>Breakfast Select 1 Entrée</b> GF Cereal &amp; String Cheese  <b>Lunch Select 1 Entrée</b> Hamburger on GF Roll  <b>Select 1-2 Veggies &amp;/or 1 Fruit</b> Steamy Peas Sweet Strawberries</p>	<p><b>Breakfast Select 1 Entrée</b> GF Cereal &amp; Yogurt  <b>Lunch Select 1 Entrée</b> Berks Beef Hot Dog on GF Roll  <b>Select 1-2 Veggies &amp;/or 1 Fruit</b> Steamy Green Beans Festive Fruit Mix</p>	<p><b>Breakfast Select 1 Entrée</b> Ham, Egg &amp; Cheese on GF Roll  <b>Lunch Select 1 Entrée</b> Grilled Cheese on GF Bread  <b>Select 1-2 Veggies &amp;/or 1 Fruit</b> Steamy Carrot Coins Golden Peaches</p>
<b>February 12</b>	<b>February 13</b>	<b>February 14</b>	<b>February 15</b>	<b>February 16: NOW OPEN</b>
<p><b>Breakfast Select 1 Entrée</b> GF Cereal &amp; String Cheese  <b>Lunch Select 1 Entrée</b> Chilly Pears  <b>Select 1 Vegetable &amp;/or 1 Fruit</b> Golden Tater Tots Chilly Pears</p>	<p><b>Breakfast Select 1 Entrée</b> Ham, Egg &amp; Cheese on GF Roll  <b>Lunch Select 1 Entrée</b> Steak Sandwich (NO Cheese)/GF Roll  <b>Select 1-2 Veggies &amp;/or 1 Fruit</b> Honey Glazed Carrots Golden Pineapple</p>	<p><b>Breakfast Select 1 Entrée</b> GF Cereal &amp; Yogurt  <b>Lunch Select 1 Entrée</b> Beef &amp; Cheese Taco in Corn Shell <b>Select 1-2 Veggies &amp;/or 1 Fruit</b> Refried Beans Chilly Strawberry Cup <b>Sweetheart Ice Cream Cup</b></p>	<p><b>Breakfast Select 1 Entrée</b> Egg Patty w/ GF Roll  <b>Chinese New Year</b> Grilled Chicken over Veggie Fried Rice <b>Select 1-2 Veggies &amp;/or 1 Fruit</b> Steamy Broccoli Chilled Fruit Mix</p>	<p><b>Breakfast Select 1 Entrée</b> Egg Patty w/ GF Toast  <b>Lunch Select 1 Entrée</b> Hamburger on GF Roll  <b>Select 1-2 Veggies &amp;/or 1 Fruit</b> Steamy Green Beans Applesauce Cup</p>
<b>February 19: NOW OPEN</b>	<b>February 20</b>	<b>February 21</b>	<b>February 22</b>	<b>February 23</b>
<p><b>Breakfast Select 1 Entrée</b> GF Cereal &amp; String Cheese  <b>Lunch Select 1 Entrée</b> GF Seasoned Beef w Grated Cheese Corn Nacho Chips <b>Select 1-2 Veggies &amp;/or 1 Fruit</b> Black Bean/Salsa/Lettuce Chilled Fruit Mix</p>	<p><b>Breakfast Select 1 Entrée</b> Egg, Bacon &amp; Cheese on GF Roll  <b>Lunch Select 1 Entrée</b> GF Pasta w/ Meat Sauce  <b>Select 1-2 Veggies &amp;/or 1 Fruit</b> Steamy Broccoli Golden Diced Peaches</p>	<p><b>Breakfast Select 1 Entrée</b> GF Cereal &amp; String Cheese Nuggets (4 pc) <b>Lunch Select 1 Entrée</b> Grilled Cheese on GF Bread  <b>Select 1-2 Veggies &amp;/or 1 Fruit</b> Steamy Carrot Coins Mandarin Oranges</p>	<p><b>Breakfast Select 1 Entrée</b> GF Cereal &amp; Yogurt w/ Yogurt  <b>Lunch Select 1 Entrée</b> Hamburger on GF Roll  <b>Select 1-2 Veggies &amp;/or 1 Fruit</b> Steamy Broccoli Frozen Juice Rush</p>	<p><b>Breakfast Select 1 Entrée</b> Ham, Egg &amp; Cheese on GF Roll Round Roll <b>Lunch Select 1 Entrée</b> GF Meatballs in Marinara Sauce on GF Roll <b>Select 1-2 Veggies &amp;/or 1 Fruit</b> Steamy Green Beans Chilled Mixed Fruit Cup</p>
<b>February 26</b>	<b>February 27</b>	<b>February 28</b>	<b>Parents!!</b>	<b>February is Heart Health Month</b>
<p><b>Breakfast Select 1 Entrée</b> GF Cereal &amp; String Cheese  <b>Lunch Select 1 Entrée</b> Berks Beef Hot Dog on Roll  <b>Select 1 Vegetable &amp;/or 1 Fruit</b> Baked Beans Golden Diced Peaches</p>	<p><b>Breakfast Select 1 Entrée</b> Ham, Egg &amp; Cheese on GF Roll  <b>Lunch Select 1 Entrée</b> Hamburger on Roll  <b>Select 1 Vegetable &amp;/or 1 Fruit</b> Fresh Romaine Salad Chilled Applesauce Cup</p>	<p><b>Breakfast Select 1 Entrée</b> GF Cereal &amp; Yogurt <b>Early Dismissal</b> <b>1/2 Day of School</b></p> 	<p><b>Now accepting applications for employment!</b> If you are looking for part-time work, want to work the same schedule as your children, then we have a job for YOU! Fill out an application with Human Resources</p>	<p><b>Eat Healthy &amp; Be Active!</b></p> 