WILSON SCHOOL DISTRICT SOUTHERN \& WEST MIDDLE SCHOOL
Contact the Food Service Office for questions and concerns: 610-670-0180 $\times 1148$ Monday $\quad$ Tuesday $\quad$ Wednesday Breakfast Select 1 Entrée Featured Entrée Bagel w/ Cream Cheese Assorted Cereal OR Poptarts w/ Yogurt or String Cheese Offered w/ Every Meal: Selection of Fruit and $100 \%$ Juice Variety of Milk

## Super Bowl LII

Help us cheer on the Eagles Friday, 2/2

SPECIAL POP-UP MENU


February 5
Breakfast Select 1 Entrée Pillsbury Mini Cinni Buns

Lunch Select 1 Entrée Walking Beefy Taco /Fixings OR Chicken Patty Sandwich Select 1-2 Veggies \&/or 1 Fruit Black Beans / Salsa Golden Pineapple February 12
Breakfast Select 1 Entrée Pillsbury Apple Frudel or Cherry Frudel Lunch Select 1 Entrée Sloppy Joe on Roll Or French Bread Pizza Select 1 Vegetable \&/or 1 Fruit Golden Tater Tots Chilly Pears February 19: NOW OPEN Breakfast Select 1 Entrée Cinnamon Roll

Lunch Select 1 Entrée Nachos:Taco Meat/Cheese Sauce Chicken Tenders \& Dinner Roll
Select 1-2 Veggies \&/or 1 Fruit Black Bean/Salsa/Lettuce Chilled Fruit Mix February 26
Breakfast Select 1 Entrée Pillsbury Apple Frudel or Cherry Frudel Lunch Select 1 Entrée Hot Dog on Roll Hamburger on Roll
Select 1 Vegetable \&/or 1 Fruit Zesty Baked Beans
Golden Diced Peaches

DID YOU KNOW: LUNCH includes five meal components: Meat/Meat Alternate, Whole Grains, Vegetables, Fruit and Milk. You must take a minimum of three components for a meal. One component must be a $\frac{1}{2}$ cup serving of vegetable or fruit. What's Your Favorite Olympic Sport? Figure Skating, Ice Dancing Ice Hockey, Bobsled, Curling Snowboarding, Alpine Skiing, Luge Bobsled, Speed Skating Ski Jumping, Skeleton USA! USA! GO USA!!
Watch for our Trivia Questions!
Breakfast Select 1 Entrée
Egg, Bacon \& Cheese on Croissant Lunch Select 1 Entrée Meatball Sliders (2)
OR Chicken Patty Sandwich
Select 1-2 Veggies \&/or 1 Fruit Steamy Broccoli
Frozen Juice Rush February 13
Breakfast Select 1 Entrée "Fasnacht Day" Assorted Donuts Lunch Select 1 Entrée Philly Cheesesteak on Roll OR Mickey's Pizza Wedge
Select 1-2 Veggies \&/or 1 Fruit Honey Glazed Carrots
Golden Pineapple
February 20

Breakfast Select 1 Entrée
Sausage, Egg \& Cheese Croissant
Lunch Select 1 Entrée Pasta w/ Meatsauce \& Cheese Chicken Tenders
Garlic Bread (w/both Entrees)
Select 1-2 Veggies \&/or 1 Fruit
Steamy Broccoli
Golden Diced Peaches
Breakfast Select 1 Entrée Breakfast Pizza

Lunch Select 1 Entrée
Macaroni \& Cheese w/ Gold Fish Hamburger on Roll
Select 1 Vegetable \&/or 1 Fruit Fresh Romaine Salad
Chilled Applesauce Cup

DID YOU KNOW : BREAKFAST
includes 3 components: Whole
Grains, Fruit \& Juice, Milk. 4
Items will be offered, you must
take a minimum of 3-food items
for a meal. One item must be a $\frac{1}{2}$
cup serving of fruit or fruit juice.

Ground Hog Day - February 2
The ancient legend is based on an old Scotch poem -
"If Candlemas Day is bright and clear, there'll be two winters in the year."

Will he see his shadow??
Will winter continue or end??
February 7
Breakfast Select 1 Entrée Maple Pancake Sausage Nuggets (4 pc) Lunch Select 1 Entrée
Turkey Pierogi Pot Pie w/ Bread Stick
OR Chicken Patty Sandwich
Select 1-2 Veggies \&/or 1 Fruit Steamy Peas Sweet Strawberries February 14
Breakfast Select 1 Entrée
Kellogg's Eggo French Toast Mini's

## Lunch Select 1 Entrée

Beef \& Cheese Taco in Corn Shell Or Personal Cheese Pizza
Select 1-2 Veggies \&/or 1 Fruit Refried Beans Chilly Strawberry Cup Sweetheart Ice Cream Cup February 21
Breakfast Select 1 Entrée Maple Pancake Sausage Nuggets (4 pc) Lunch Select 1 Entrée
Max Cheese Sticks w/ Dipping Sauce
Chicken Tenders \& Dinner Roll
Select 1-2 Veggies \&/or 1 Fruit
Sweet Potato Fries w/Maple Dipper

| Mandarin Oranges |
| :---: |
| February 28 |

Breakfast Select 1 Entrée
Kellogg's Eggo French Toast Mini's Early Dismissal - No Lunch


Fehruary 2018
We are an equal opportunity provider and employer! Thursday $\quad$ Friday

Meal Prices
Elementary Breakfast $\$ 1.85$
Middle School Breakfast \$2.05
High School Breakfast \$2.25
Reduced Breakfast \$. 30
Elementary Lunch \$2.70
Middle School Lunch \$2.90
High School Lunch \$3.10
Reduced Lunch $\$ .40$
Breakfast Select 1 Entrée
Mini Breakfast Loaf w/ Yogurt
Lunch Select 1 Entrée
Breaded Chicken Patty on Roll Hamburger on Roll
Select 1 Vegetable \&/or 1 Fruit Honey Glazed Carrots Chilly Applesauce

Breakfast Select 1 Entrée
Blueberry or Banana Muffin w/ Yogurt
Lunch Select 1 Entrée
Moe's Joey Jr. Burrito, Chips/Salsa
OR Chicken Patty Sandwich
Select 1-2 Veggies \&/or 1 Fruit Steamy Green Beans Festive Fruit Mix February 15
Breakfast Select 1 Entrée
Mini Breakfast Loaf w/ Yogurt Chinese New Year
Cherry Blossom Chicken over Veggie Fried Rice
OR Cheese Calzone w/Marinara
Select 1-2 Veggies \&/or 1 Fruit Steamy Broccoli
Chilled Fruit Mix \& Fortune Cookie February 22
Breakfast Select 1 Entrée
Blueberry or Banana Muffin w/ Yogurt
Lunch Select 1 Entrée Subway Sandwiches
Chicken Tenders \& Dinner Roll
Select 1-2 Veggies \&/or 1 Fruit Steamy Broccoli Frozen Juice Rush Parents!!
Now accepting applications for employment!
If you are looking for part-time work, want to work the same schedule as your children, then we have a job for you! Fill out an application with Human Resources

Lunch Select 1 Entrée
Daily Featured Hot Entrees
OR Express Salad w/Roll
OR PB \& Jelly Sand w/Cheese \& Soft Pretzel, Combo
Select 1-2 Veggies \&/or 1 Fruit Hot Veggie \& Fresh Veggies w/ Dip Selection of Fruits Variety of Milk February 2
Breakfast Select 1 Entrée
Tac-Go-Egg, Cheese, Sausage
Super Bowl Celebration Corn Dog Bites
Cheeseburger or Hamburger/Roll
Select 1 Vegetable \&/or 1 Fruit
Golden French Fries
Sweet Strawberries February 9
Breakfast Select 1 Entrée
Ham, Egg \& Cheese Slider

Lunch Select 1 Entrée
Grilled Cheese Sandwich
OR Chicken Patty Sandwich
Select 1-2 Veggies \&/or 1 Fruit
Creamy Tomato Soup (6 oz.)
Golden Peaches
February 16: NOW OPEN
Breakfast Select 1 Entrée
French Toast Sticks (3)
Lunch Select 1 Entrée
Hamburger on Round Roll OR Quesadilla
Select 1-2 Veggies \&/or 1 Fruit Steamy Green Beans Applesauce Cup February 23
Breakfast Select 1 Entrée Ham, Egg \& Cheese on Round Roll Lunch Select 1 Entrée French Toast Sticks, Sausages Chicken Tenders \& Dinner Roll
Select 1-2 Veggies \&/or 1 Fruit Golden Emoji Potatoes Chilled Mixed Fruit Cup


Menu subject to change without notice.

