

WILSON SCHOOL DISTRICT
UPPER HOUSE & LOWER HOUSE HIGH SCHOOL

Contact the Food Service Office for questions and concerns: 610-670-0180 x 1148

FEBRUARY 2018

We are an equal opportunity provider and employer!

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Daily Breakfast Choices Featured Entrée Bagel w/ Cream Cheese Yogurt, Fruit & Granola Parfait Assorted Cereal OR Poptarts w/ Yogurt OR String Cheese Offered w/ Every Meal: Selection of Fruit and 100% Juice Variety of Milk</p>	<p>DID YOU KNOW: LUNCH includes five meal components: Meat/Meat Alternate, Whole Grains, Vegetables, Fruit and Milk. You must take a minimum of three components for a meal. One component must be a ½ cup serving of vegetable or fruit.</p>	<p>DID YOU KNOW: BREAKFAST includes 3 components: Whole Grains, Fruit & Juice, Milk. You must take a minimum of three food items for a meal. One item must be a ½ cup serving of fruit or fruit juice.</p>	<p>Meal Prices Elementary Breakfast \$1.85 Middle School Breakfast \$2.05 High School Breakfast \$2.25 ----- Reduced Breakfast \$.30 Elementary Lunch \$2.70 Middle School Lunch \$2.90 High School Lunch \$3.10 Reduced Lunch \$.40</p>	<p>Lunch Daily Entrée Choices Featured Hot Entrees OR Assorted Cold Sandwiches OR Create Your Own Salad Bar OR Yogurt w/ Bagel & Cream Cheese OR Assort Cereal w/ 8 oz. Yogurt Select 1-2 Veggies & 1-2 Fruits Fresh Veggies w/ Dip & Hot Veggie Selection of Fruits & Variety of Milks</p>
<p>Super Bowl LII Help us cheer on the EAGLES!!! on Friday, Feb. 2</p> <p>SPECIAL POP-UP MENU ITEMS</p> 	<p>Winter Olympics - 2/9 - 2/25 What's Your Favorite Olympic Sport? Figure Skating, Ice Dancing Ice Hockey, Bobsled, Curling Snowboarding, Alpine Skiing, Luge Bobsled, Speed Skating Ski Jumping, Skeleton USA! USA! GO USA!! Watch for our Trivia Questions!</p>	<p>Beginning February 14! Purchase a Breakfast Meal Enjoy a FREE Cup of WAWA Coffee! Columbian, Hazlenut, Decafe</p> 	<p>February 1 Breakfast Select 1 Entrée Mini Breakfast Loaf w/ Yogurt Lunch Select 1 Entrée Veal Parmesan Sandwich Assorted Pizzas Select 1-2 Veggies & 1-2 Fruits Golden French Fries Sweet Strawberries</p> <p><small>Groundhog Day</small></p> 	<p>February 2 Breakfast Select 1 Entrée Egg & Sausage Breakfast Slider Super Bowl Celebration!! Buffalo Chicken Cheese Dip/Nachos OR Corn Dog Bites OR Assorted Pizzas Select 1-2 Veggies & 1-2 Fruits Honey Carrots Chilly Applesauce</p>
<p>February 5 Breakfast Select 1 Entrée Pillsbury Mini Cinni Buns Buy Breakfast...Get a Free Coffee! Lunch Select 1 Entrée Walking Beefy Taco /Fixings Breaded Chicken Sand- Reg. or Spicy Select 1-2 Veggies & 1-2 Fruits Black Beans / Salsa Golden Pineapple</p>	<p>February 6 Breakfast Select 1 Entrée Egg, Bacon & Cheese on Croissant Lunch Select 1 Entrée Double Meatball Sliders Breaded Chicken Sand- Reg. or Spicy Select 1-2 Veggies & 1-2 Fruits Steamy Broccoli Frozen Juice Rush</p>	<p>February 7 Breakfast Select 1 Entrée Maple Pancake Sausage Nuggets Lunch Select 1 Entrée Turkey Pierogi Pot Pie w/ Bread Stick Breaded Chicken Sand- Reg. or Spicy Select 1-2 Veggies & 1-2 Fruits Steamy Peas Sweet Strawberries</p>	<p>February 8 Breakfast Select 1 Entrée Blueberry or Banana Muffin w/ Yogurt Lunch Select 1 Entrée Subway Sandwiches Breaded Chicken Sand- Reg. or Spicy Select 1-2 Veggies & 1-2 Fruits Whipped Potatoes Festive Fruit Mix</p>	<p>February 9 Breakfast Select 1 Entrée Ham, Egg & Cheese on English Muffin Lunch Select 1 Entrée Grilled Cheese Sandwich Breaded Chicken Sand- Reg. or Spicy Select 1-2 Veggies & 1-2 Fruits Creamy Tomato Soup (8 oz.) Golden Peaches</p>
<p>February 12 Breakfast Select 1 Entrée Pillsbury Apple Frudel or Cherry Frudel Lunch Select 1 Entrée Sloppy Joe on Roll Cheese Calzone w/ Marinara Sauce Select 1-2 Veggies & 1-2 Fruits Golden Tater Tots Chilly Pears</p>	<p>February 13 Breakfast Select 1 Entrée "Fasnacht" Day Assorted Donuts Lunch Select 1 Entrée Philly Cheesesteak on Roll Cheese Calzone w/ Marinara Sauce Select 1-2 Veggies & 1-2 Fruits BBQ Baked Beans Mandarin Oranges</p>	<p>February 14 Breakfast Select 1 Entrée Kellogg Eggo French Toast Mini's Lunch Select 1 Entrée Breaded Cheese Sticks w/ Marinara Cheese Calzone w/ Marinara Sauce Select 1-2 Veggies & 1-2 Fruits Steamy Green Beans Sweet Strawberries Sweetheart Ice Cream Cup</p>	<p>February 15 Breakfast Select 1 Entrée Egg & Sausage Breakfast Slider Chinese New Year Cherry Blossom Chicken/Veggie Rice Cheese Calzone w/ Marinara Sauce Select 1-2 Veggies & 1-2 Fruits Steamy Broccoli Chilled Fruit Mix & Fortune Cookie</p>	<p>February 16: NOW OPEN Breakfast Select 1 Entrée French Toast Sticks (4) Lunch Select 1 Entrée Popcorn Chicken Bowl Cheese Calzone w/ Marinara Sauce Select 1-2 Veggies &/or 1 Fruit Corn & Mashed Potatoes Applesauce Cup</p>
<p>February 19: NOW OPEN Breakfast Select 1 Entrée Cinnamon Roll Lunch Select 1 Entrée Nachos: Taco Meat/Cheese Sauce Lettuce & Salsa Chicken Tenders & Dinner Roll Select 1-2 Veggies &/or 1 Fruit Steamy Green Beans Chilled Fruit Mix</p>	<p>February 20 Breakfast Select 1 Entrée Sausage, Egg & Cheese Croissant Lunch Select 1 Entrée Cheesy Penne Pasta w/ Meat sauce & Garlic Toast Hamburger or Cheeseburger/ Roll Select 1-2 Veggies & 1-2 Fruits Fresh Romaine Salad Chilly Applesauce Cup</p>	<p>February 21 Breakfast Select 1 Entrée Maple Pancake Sausage Nuggets Lunch Select 1 Entrée Turkey & Gravy over Waffles Hamburger or Cheeseburger/ Roll Select 1-2 Veggies & 1-2 Fruits Mashed Potatoes, Honey Carrots Warm Berry Crisp</p>	<p>February 22 Breakfast Select 1 Entrée Blueberry or Banana Muffin w/ Yogurt Lunch Select 1 Entrée Moe's Joey Jr. Burrito, Chips/Salsa Hamburger or Cheeseburger/ Roll Select 1-2 Veggies & 1-2 Fruits Refried Beans Frozen Juice Rush</p>	<p>February 23 Breakfast Select 1 Entrée Ham, Egg & Cheese on Round Roll Lunch Select 1 Entrée Batter Dipped Fish & Chips**/Roll Hamburger or Cheeseburger/ Roll Select 1-2 Veggies & 1-2 Fruits **Chips = French Fries Chilled Fruit Cup</p>
<p>February 26 Breakfast Select 1 Entrée Pillsbury Apple Frudel or Cherry Frudel Lunch Select 1 Entrée Double Dog Monday (2 Hot Dogs) Assorted Pizzas Select 1-2 Veggies & 1-2 Fruits Zesty Baked Beans Golden Diced Peaches</p>	<p>February 27 Breakfast Select 1 Entrée Breakfast Pizza Lunch Select 1 Entrée Chicken Fingers (3) w/ Roll Assorted Pizzas Select 1-2 Veggies & 1-2 Fruits Steamy Peas & Carrots Chilly Pears</p>	<p>February 28 Breakfast Select 1 Entrée Kellogg's Eggo French Toast Mini's EARLY DISMISSAL, NO LUNCH 1/2 Day of School</p> 	<p>Parents!! Now accepting applications for employment! If you are looking for part-time work, want to work the same schedule as your children, then we have a job for YOU! Fill out an application with Human Resources</p>	<p>Daily Vegetarian Entrées Daily: Yogurt, Fruit & Granola Parfait Mon- Black Bean Burger on Roll Tue- Cheesy Pizza Wed- Bean & Cheese Burrito Thu- Cheese Quesadilla Fri- Breaded Cheese Sticks</p> 

Menu subject to change without notice.

To Deposit money into your child's account go to www.wilsonsd.org then e-Funds Online Payments