

WILSON SCHOOL DISTRICT  
UPPER HOUSE & LOWER HOUSE HIGH SCHOOL

Contact the Food Service Office for questions and concerns: 610-670-0180 x 1148

# FEBRUARY 2018

We are an equal opportunity provider and employer!

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Daily Breakfast Choices</b></p> <p>Featured Entrée Bagel w/ Cream Cheese Yogurt, Fruit &amp; Granola Parfait Assorted Cereal <b>OR</b> Poptarts w/ Yogurt <b>OR</b> String Cheese</p> <p><b>Offered w/ Every Meal:</b> Selection of Fruit and 100% Juice Variety of Milk</p>	<p><b>DID YOU KNOW: LUNCH</b> includes five meal components: Meat/Meat Alternate, Whole Grains, Vegetables, Fruit and Milk. You must take a minimum of three components for a meal. One component must be a ½ cup serving of vegetable or fruit.</p>	<p><b>DID YOU KNOW:</b> <b>BREAKFAST</b> includes 3 components: Whole Grains, Fruit &amp; Juice, Milk. You must take a minimum of three food items for a meal. One item must be a ½ cup serving of fruit or fruit juice.</p>	<p><b>Meal Prices</b></p> <p>Elementary Breakfast \$1.85 Middle School Breakfast \$2.05 High School Breakfast \$2.25 Reduced Breakfast \$3.30</p> <hr/> <p>Elementary Lunch \$2.70 Middle School Lunch \$2.90 High School Lunch \$3.10 Reduced Lunch \$4.40</p>	<p><b>Lunch Daily Entrée Choices</b></p> <p>Featured Hot Entrees <b>OR</b> Assorted Cold Sandwiches <b>OR</b> Create Your Own Salad Bar <b>OR</b> Yogurt w/ Bagel &amp; Cream Cheese <b>OR</b> Assort Cereal w/ 8 oz. Yogurt <b>Select 1-2 Veggies &amp; 1-2 Fruits</b> Fresh Veggies w/ Dip &amp; Hot Veggie Selection of Fruits &amp; Variety of Milks</p>
<p>Super Bowl LII <b>Help us cheer on the EAGLES!!!</b> on Friday, Feb. 2</p> <p><b>SPECIAL POP-UP MENU ITEMS</b></p> 	<p>Winter Olympics - 2/9 - 2/25 <b>What's Your Favorite Olympic Sport?</b> Figure Skating, Ice Dancing Ice Hockey, Bobsled, Curling Snowboarding, Alpine Skiing, Luge Bobsled, Speed Skating Ski Jumping, Skeleton</p> <p>USA! USA! GO USA!!</p> <p>Watch for our Trivia Questions!</p>	<p><b>Beginning February 14!</b> Purchase a Breakfast Meal Enjoy a FREE Cup of <b>WAWA Coffee!</b> <i>Columbian, Hazelnut, Decafe</i></p> 	<p><b>February 1</b></p> <p><b>Breakfast Select 1 Entrée</b> Mini Breakfast Loaf w/ Yogurt</p> <p><b>Lunch Select 1 Entrée</b> Veal Parmesan Sandwich Assorted Pizzas</p> <p><b>Select 1-2 Veggies &amp; 1-2 Fruits</b> Golden French Fries Sweet Strawberries</p>	<p><b>February 2</b></p> <p><b>Breakfast Select 1 Entrée</b> Egg &amp; Sausage Breakfast Slider</p> <p><b>Super Bowl Celebration!!</b> Buffalo Chicken Cheese Dip/Nachos <b>OR</b> Corn Dog Bites <b>OR</b> Assorted Pizzas</p> <p><b>Select 1-2 Veggies &amp; 1-2 Fruits</b> Honey Carrots Chilly Applesauce</p>
<p><b>February 5</b></p> <p><b>Breakfast Select 1 Entrée</b> Pillsbury Mini Cinni Buns</p> <p><b>Buy Breakfast...Get a Free Coffee!</b></p> <p><b>Lunch Select 1 Entrée</b> Walking Beefy Taco /Fixings Breaded Chicken Sand- Reg. or Spicy</p> <p><b>Select 1-2 Veggies &amp; 1-2 Fruits</b> Black Beans / Salsa Golden Pineapple</p>	<p><b>February 6</b></p> <p><b>Breakfast Select 1 Entrée</b> Egg, Bacon &amp; Cheese on Croissant</p> <p><b>Lunch Select 1 Entrée</b> Double Meatball Sliders Breaded Chicken Sand- Reg. or Spicy</p> <p><b>Select 1-2 Veggies &amp; 1-2 Fruits</b> Steamy Broccoli Frozen Juice Rush</p>	<p><b>February 7</b></p> <p><b>Breakfast Select 1 Entrée</b> Maple Pancake Sausage Nuggets</p> <p><b>Lunch Select 1 Entrée</b> Turkey Pierogi Pot Pie w/ Bread Stick Breaded Chicken Sand- Reg. or Spicy</p> <p><b>Select 1-2 Veggies &amp; 1-2 Fruits</b> Steamy Peas Sweet Strawberries</p>	<p><b>February 8</b></p> <p><b>Breakfast Select 1 Entrée</b> Blueberry or Banana Muffin w/ Yogurt</p> <p><b>Lunch Select 1 Entrée</b> <b>Subway Sandwiches</b> Breaded Chicken Sand- Reg. or Spicy</p> <p><b>Select 1-2 Veggies &amp; 1-2 Fruits</b> Whipped Potatoes Festive Fruit Mix</p>	<p><b>February 9</b></p> <p><b>Breakfast Select 1 Entrée</b> Ham, Egg &amp; Cheese on English Muffin</p> <p><b>Lunch Select 1 Entrée</b> Grilled Cheese Sandwich Breaded Chicken Sand- Reg. or Spicy</p> <p><b>Select 1-2 Veggies &amp; 1-2 Fruits</b> Creamy Tomato Soup (8 oz.) Golden Peaches</p>
<p><b>February 12</b></p> <p><b>Breakfast Select 1 Entrée</b> Pillsbury Apple Frudel or Cherry Frudel</p> <p><b>Lunch Select 1 Entrée</b> Sloppy Joe on Roll Cheese Calzone w/ Marinara Sauce</p> <p><b>Select 1-2 Veggies &amp; 1-2 Fruits</b> Golden Tater Tots Chilly Pears</p>	<p><b>February 13</b></p> <p><b>Breakfast Select 1 Entrée</b> "Fasnacht" Day Assorted Donuts</p> <p><b>Lunch Select 1 Entrée</b> Philly Cheesesteak on Roll Cheese Calzone w/ Marinara Sauce</p> <p><b>Select 1-2 Veggies &amp; 1-2 Fruits</b> BBQ Baked Beans Mandarin Oranges</p>	<p><b>February 14</b></p> <p><b>Breakfast Select 1 Entrée</b> Kellogg Eggo French Toast Mini's</p> <p><b>Lunch Select 1 Entrée</b> Breaded Cheese Sticks w/ Marinara Cheese Calzone w/ Marinara Sauce</p> <p><b>Select 1-2 Veggies &amp; 1-2 Fruits</b> Steamy Green Beans Sweet Strawberries</p> <p><b>Sweetheart Ice Cream Cup</b></p>	<p><b>February 15</b></p> <p><b>Breakfast Select 1 Entrée</b> Egg &amp; Sausage Breakfast Slider</p> <p><b>Chinese New Year</b> <i>Cherry Blossom Chicken/Veggie Rice</i> Cheese Calzone w/ Marinara Sauce</p> <p><b>Select 1-2 Veggies &amp; 1-2 Fruits</b> Steamy Broccoli Chilled Fruit Mix &amp; Fortune Cookie</p>	<p><b>February 16: NOW OPEN</b></p> <p><b>Breakfast Select 1 Entrée</b> French Toast Sticks (4)</p> <p><b>Lunch Select 1 Entrée</b> Meatball Sliders (2 Rolls/4 Meat) Cheese Calzone w/ Marinara Sauce</p> <p><b>Select 1-2 Veggies &amp;/or 1 Fruit</b> Steamy Veggies Applesauce Cup</p>
<p><b>February 19: NOW OPEN</b></p> <p><b>Breakfast Select 1 Entrée</b> Cinnamon Roll</p> <p><b>Lunch Select 1 Entrée</b> Cheese Quesadilla Hamburger or Cheeseburger/ Roll</p> <p><b>Select 1-2 Veggies &amp;/or 1 Fruit</b> Steamy Green Beans Chilled Fruit Mix</p>	<p><b>February 20</b></p> <p><b>Breakfast Select 1 Entrée</b> Sausage, Egg &amp; Cheese Croissant</p> <p><b>Lunch Select 1 Entrée</b> Cheesy Penne Pasta w/ Meat sauce &amp; Garlic Toast Hamburger or Cheeseburger/ Roll</p> <p><b>Select 1-2 Veggies &amp; 1-2 Fruits</b> Fresh Romaine Salad Chilly Applesauce Cup</p>	<p><b>February 21</b></p> <p><b>Breakfast Select 1 Entrée</b> Maple Pancake Sausage Nuggets</p> <p><b>Lunch Select 1 Entrée</b> Turkey &amp; Gravy over Waffles Hamburger or Cheeseburger/ Roll</p> <p><b>Select 1-2 Veggies &amp; 1-2 Fruits</b> Mashed Potatoes, Honey Carrots Warm Berry Crisp</p>	<p><b>February 22</b></p> <p><b>Breakfast Select 1 Entrée</b> Blueberry or Banana Muffin w/ Yogurt</p> <p><b>Lunch Select 1 Entrée</b> <i>Moe's Joey Jr. Burrito, Chips/Salsa</i> Hamburger or Cheeseburger/ Roll</p> <p><b>Select 1-2 Veggies &amp; 1-2 Fruits</b> Refried Beans Frozen Juice Rush</p>	<p><b>February 23</b></p> <p><b>Breakfast Select 1 Entrée</b> Ham, Egg &amp; Cheese on Round Roll</p> <p><b>Lunch Select 1 Entrée</b> Batter Dipped Fish &amp; Chips**/Roll Hamburger or Cheeseburger/ Roll</p> <p><b>Select 1-2 Veggies &amp; 1-2 Fruits</b> **Chips = French Fries Chilled Fruit Cup</p>
<p><b>February 26</b></p> <p><b>Breakfast Select 1 Entrée</b> Pillsbury Apple Frudel or Cherry Frudel</p> <p><b>Lunch Select 1 Entrée</b> <b>Double Dog Monday (2 Hot Dogs)</b> Assorted Pizzas</p> <p><b>Select 1-2 Veggies &amp; 1-2 Fruits</b> Zesty Baked Beans Golden Diced Peaches</p>	<p><b>February 27</b></p> <p><b>Breakfast Select 1 Entrée</b> Breakfast Pizza</p> <p><b>Lunch Select 1 Entrée</b> Chicken Fingers (3) w/ Roll Assorted Pizzas</p> <p><b>Select 1-2 Veggies &amp; 1-2 Fruits</b> Steamy Peas &amp; Carrots Chilly Pears</p>	<p><b>February 28</b></p> <p><b>Breakfast Select 1 Entrée</b> Kellogg's Eggo French Toast Mini's</p> <p><b>EARLY DISMISSAL, NO LUNCH</b></p> <p><b>1/2 Day of School</b></p> 	<p><b>Parents!!</b></p> <p><b>Now accepting applications for employment!</b> If you are looking for part-time work, want to work the same schedule as your children, then we have a job for YOU! Fill out an application with Human Resources</p>	<p><b>Daily Vegetarian Entrées</b></p> <p>Daily: Yogurt, Fruit &amp; Granola Parfait</p> <p><b>Mon-</b> Black Bean Burger on Roll <b>Tue-</b> Cheesy Pizza <b>Wed-</b> Bean &amp; Cheese Burrito <b>Thu-</b> Cheese Quesadilla <b>Fri-</b> Breaded Cheese Sticks</p> 

Menu subject to change without notice.

To Deposit money into your child's account go to [www.wilsonsd.org](http://www.wilsonsd.org) then e-Funds Online Payments