

Contact the Food Service Office for questions and concerns: 610-670-0180 x 1148

We are an equal opportunity provider and employer!

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|---|--|
| <p>Breakfast Select 1 Entrée Featured Entrée Gluten Free: Cheerios, Honey Nut Cheerios, Lucky Charms & Choice of Trix Yogurt Offered w/ Every Meal: Selection of Fruit and 100% Juice Variety of Milk</p> | <p>DID YOU KNOW: LUNCH includes five meal components: Meat/Meat Alternate, Whole Grains, Vegetables, Fruit and Milk. You must take a minimum of three components for a meal. One component must be a ½ cup serving of vegetable or fruit.</p> | <p>DID YOU KNOW: BREAKFAST includes 3 components: Whole Grains, Fruit & Juice, Milk. 4 Items will be offered, you must take a minimum of 3- food items for a meal. One item must be a ½ cup serving of fruit or fruit juice.</p> | <p>Meal Prices Elementary Breakfast \$1.85 Middle School Breakfast \$2.05 High School Breakfast \$2.25 Reduced Breakfast \$.30 Elementary Lunch \$2.70 Middle School Lunch \$2.90 High School Lunch \$3.10 Reduced Lunch \$.40</p> | <p>Lunch Select 1 Entrée Daily Featured Hot Entrees OR Express Salad w/GF Roll Select 1-2 Veggies &/or 1 Fruit Hot Veggie & Fresh Veggies w/ Dip Selection of Fruits Variety of Milk</p> |
| <p>Super Bowl LII Help us cheer on the Eagles Friday, 2/2</p> <p>SPECIAL POP-UP MENU ITEMS</p>  | <p>Winter Olympics - 2/9 - 2/25 What's Your Favorite Olympic Sport? Figure Skating, Ice Dancing Ice Hockey, Bobsled, Curling Snowboarding, Alpine Skiing, Luge Bobsled, Speed Skating Ski Jumping, Skeleton USA! USA! GO USA!!</p>  <p>Watch for our Trivia Questions!</p> | <p>Did You Know? Ground Hog Day - February 2 The ancient legend is based on an old Scotch poem - "If Candlemas Day is bright and clear, there'll be two winters in the year." Will he see his shadow?? Will winter continue or end??</p> | <p>February 1 Breakfast Select 1 Entrée Egg Patty w/ GF Roll Lunch Select 1 Entrée Grilled Chicken Patty on GF Roll Select 1 Vegetable &/or 1 Fruit Honey Glazed Carrots Chilly Applesauce</p> | <p>February 2 Breakfast Select 1 Entrée Sausages w/ GF Roll Super Bowl Celebration Hamburger on GF Roll Select 1 Vegetable &/or 1 Fruit Steamy Corn Sweet Strawberries</p> |
| February 5 | February 6 | February 7 | February 8 | February 9 |
| <p>Breakfast Select 1 Entrée GF Cereal & Yogurt Lunch Select 1 Entrée Grilled Chicken on GF Roll Select 1-2 Veggies &/or 1 Fruit Black Beans, Salsa Golden Pineapple</p> | <p>Breakfast Select 1 Entrée Egg, Bacon & Cheese on GF Roll Lunch Select 1 Entrée GF Meatballs in Marinara Sauce Select 1-2 Veggies &/or 1 Fruit Steamy Broccoli Frozen Juice Rush</p> | <p>Breakfast Select 1 Entrée GF Cereal & String Cheese Lunch Select 1 Entrée Hamburger on GF Roll Select 1-2 Veggies &/or 1 Fruit Steamy Peas Sweet Strawberries</p> | <p>Breakfast Select 1 Entrée GF Cereal & Yogurt Lunch Select 1 Entrée Berks Beef Hot Dog on GF Roll Select 1-2 Veggies &/or 1 Fruit Steamy Green Beans Festive Fruit Mix</p> | <p>Breakfast Select 1 Entrée Ham, Egg & Cheese on GF Roll Lunch Select 1 Entrée Grilled Cheese on GF Bread Select 1-2 Veggies &/or 1 Fruit Steamy Carrot Coins Golden Peaches</p> |
| February 12 | February 13 | February 14 | February 15 | February 16 |
| <p>Breakfast Select 1 Entrée GF Cereal & String Cheese Lunch Select 1 Entrée Chilly Pears Select 1 Vegetable &/or 1 Fruit Golden Tater Tots Chilly Pears</p> | <p>Breakfast Select 1 Entrée Ham, Egg & Cheese on GF Roll Lunch Select 1 Entrée Steak Sandwich (NO Cheese)/GF Roll Select 1-2 Veggies &/or 1 Fruit Honey Glazed Carrots Golden Pineapple</p> | <p>Breakfast Select 1 Entrée GF Cereal & Yogurt Lunch Select 1 Entrée Beef & Cheese Taco in Corn Shell Select 1-2 Veggies &/or 1 Fruit Refried Beans Chilly Strawberry Cup Sweetheart Ice Cream Cup</p> | <p>Breakfast Select 1 Entrée Egg Patty w/ GF Roll Chinese New Year Grilled Chicken over Veggie Fried Rice Select 1-2 Veggies &/or 1 Fruit Steamy Broccoli Chilled Fruit Mix & Fortune Cookie</p> | <p>School Closed Staff Professional Development</p>  <p>2018 Year of Dog</p> |
| February 19 | February 20 | February 21 | February 22 | February 23 |
| <p>School Closed Holiday</p>  <p>Presidents Day</p> | <p>Breakfast Select 1 Entrée Egg, Bacon & Cheese on GF Roll Lunch Select 1 Entrée GF Pasta w/ Meat Sauce Select 1-2 Veggies &/or 1 Fruit Steamy Broccoli Golden Diced Peaches</p> | <p>Breakfast Select 1 Entrée GF Cereal & String Cheese Nuggets (4 pc) Lunch Select 1 Entrée Grilled Cheese on GF Bread Select 1-2 Veggies &/or 1 Fruit Steamy Carrot Coins Mandarin Oranges</p> | <p>Breakfast Select 1 Entrée GF Cereal & Yogurt w/ Yogurt Lunch Select 1 Entrée Hamburger on GF Roll Select 1-2 Veggies &/or 1 Fruit Steamy Broccoli Frozen Juice Rush</p> | <p>Breakfast Select 1 Entrée Ham, Egg & Cheese on GF Roll Round Roll Lunch Select 1 Entrée GF Meatballs in Marinara Sauce on GF Roll Select 1-2 Veggies &/or 1 Fruit Steamy Green Beans Chilled Mixed Fruit Cup</p> |
| February 26 | February 27 | February 28 | Parents!! | February is Heart Health Month |
| <p>Breakfast Select 1 Entrée GF Cereal & String Cheese Lunch Select 1 Entrée Berks Beef Hot Dog on Roll Select 1 Vegetable &/or 1 Fruit Baked Beans Golden Diced Peaches</p> | <p>Breakfast Select 1 Entrée Ham, Egg & Cheese on GF Roll Lunch Select 1 Entrée Hamburger on Roll Select 1 Vegetable &/or 1 Fruit Fresh Romaine Salad Chilled Applesauce Cup</p> | <p>Breakfast Select 1 Entrée GF Cereal & Yogurt Early Dismissal 1/2 Day of School</p>  | <p>Now accepting applications for employment! If you are looking for part-time work, want to work the same schedule as your children, then we have a job for YOU! Fill out an application with Human Resources</p> | <p>Eat Healthy & Be Active!</p>  <p>Jump Rope for Heart</p> |