

WILSON SCHOOL DISTRICT
UPPER HOUSE & LOWER HOUSE HIGH SCHOOL

Contact the Food Service Office for questions and concerns: 610-670-0180 x 1148

FEBRUARY 2018

We are an equal opportunity provider and employer!

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Daily Breakfast Choices Featured Entrée Bagel w/ Cream Cheese Yogurt, Fruit & Granola Parfait Assorted Cereal OR Poptarts w/ Yogurt OR String Cheese Offered w/ Every Meal: Selection of Fruit and 100% Juice Variety of Milk</p>	<p>DID YOU KNOW: LUNCH includes five meal components: Meat/Meat Alternate, Whole Grains, Vegetables, Fruit and Milk. You must take a minimum of three components for a meal. One component must be a ½ cup serving of vegetable or fruit.</p>	<p>DID YOU KNOW: BREAKFAST includes 3 components: Whole Grains, Fruit & Juice, Milk. You must take a minimum of three food items for a meal. One item must be a ½ cup serving of fruit or fruit juice.</p>	<p>Meal Prices Elementary Breakfast \$1.85 Middle School Breakfast \$2.05 High School Breakfast \$2.25 ----- Reduced Breakfast \$.30 Elementary Lunch \$2.70 Middle School Lunch \$2.90 High School Lunch \$3.10 Reduced Lunch \$.40</p>	<p>Lunch Daily Entrée Choices Featured Hot Entrees OR Assorted Cold Sandwiches OR Create Your Own Salad Bar OR Yogurt w/ Bagel & Cream Cheese OR Assort Cereal w/ 8 oz. Yogurt Select 1-2 Veggies & 1-2 Fruits Fresh Veggies w/ Dip & Hot Veggie Selection of Fruits & Variety of Milks</p>
<p>Super Bowl LII Help us cheer on the EAGLES!!! on Friday, Feb. 2</p> <p>SPECIAL POP-UP MENU ITEMS</p> 	<p>Winter Olympics - 2/9 - 2/25 What's Your Favorite Olympic Sport? Figure Skating, Ice Dancing Ice Hockey, Bobsled , Curling Snowboarding, Alpine Skiing, Luge Bobsled, Speed Skating Ski Jumping, Skeleton USA! USA! GO USA!! Watch for our Trivia Questions!</p>	<p>Beginning February 5! Purchase a Breakfast Meal Enjoy a FREE Cup of WAWA Coffee!</p> 	<p>February 1 Breakfast Select 1 Entrée Mini Breakfast Loaf w/ Yogurt Lunch Select 1 Entrée Veal Parmesan Sandwich Assorted Pizzas Select 1-2 Veggies & 1-2 Fruits Golden French Fries Sweet Strawberries</p>	<p>February 2 Breakfast Select 1 Entrée Egg & Sausage Breakfast Slider Super Bowl Celebration!! Buffalo Chicken Cheese Dip/Nachos OR Corn Dog Bites OR Assorted Pizzas Select 1-2 Veggies & 1-2 Fruits Honey Carrots Chilly Applesauce</p>
<p>February 5 Breakfast Select 1 Entrée Pillsbury Mini Cinni Buns Buy Breakfast..Get a Free Coffee! Lunch Select 1 Entrée Walking Beefy Taco /Fixings Breaded Chicken Sand- Reg. or Spicy Select 1-2 Veggies & 1-2 Fruits Black Beans / Salsa Golden Pineapple</p>	<p>February 6 Breakfast Select 1 Entrée Egg, Bacon & Cheese on Croissant Lunch Select 1 Entrée Double Meatball Sliders Breaded Chicken Sand- Reg. or Spicy Select 1-2 Veggies & 1-2 Fruits Steamy Broccoli Frozen Juice Rush</p>	<p>February 7 Breakfast Select 1 Entrée Maple Pancake Sausage Nuggets Lunch Select 1 Entrée Turkey Pierogi Pot Pie w/ Bread Stick Breaded Chicken Sand- Reg. or Spicy Select 1-2 Veggies & 1-2 Fruits Steamy Peas Sweet Strawberries</p>	<p>February 8 Breakfast Select 1 Entrée Blueberry or Banana Muffin w/ Yogurt Lunch Select 1 Entrée Subway Sandwiches Breaded Chicken Sand- Reg. or Spicy Select 1-2 Veggies & 1-2 Fruits Whipped Potatoes Festive Fruit Mix</p>	<p>February 9 Breakfast Select 1 Entrée Ham, Egg & Cheese on English Muffin Lunch Select 1 Entrée Grilled Cheese Sandwich Breaded Chicken Sand- Reg. or Spicy Select 1-2 Veggies & 1-2 Fruits Creamy Tomato Soup (8 oz.) Golden Peaches</p>
<p>February 12 Breakfast Select 1 Entrée Pillsbury Apple Frudel or Cherry Frudel Lunch Select 1 Entrée Sloppy Joe on Roll Cheese Calzone w/ Marinara Sauce Select 1-2 Veggies & 1-2 Fruits Golden Tater Tots Chilly Pears</p>	<p>February 13 Breakfast Select 1 Entrée "Fasnacht" Day Assorted Donuts Lunch Select 1 Entrée Philly Cheesesteak on Roll Cheese Calzone w/ Marinara Sauce Select 1-2 Veggies & 1-2 Fruits BBQ Baked Beans Mandarin Oranges</p>	<p>February 14 Breakfast Select 1 Entrée Kellogg Eggo French Toast Mini's Lunch Select 1 Entrée Breaded Cheese Sticks w/ Marinara Cheese Calzone w/ Marinara Sauce Select 1-2 Veggies & 1-2 Fruits Steamy Green Beans Sweet Strawberries Sweetheart Ice Cream Cup</p>	<p>February 15 Breakfast Select 1 Entrée Egg & Sausage Breakfast Slider Chinese New Year Cherry Blossom Chicken/Veggie Rice Cheese Calzone w/ Marinara Sauce Select 1-2 Veggies & 1-2 Fruits Steamy Broccoli Chilled Fruit Mix & Fortune Cookie</p>	<p>February 16 School Closed Staff Professional Development</p>  <p>2018 Year of Dog</p>
<p>February 19 School Closed Holiday</p> 	<p>February 20 Breakfast Select 1 Entrée Sausage, Egg & Cheese Croissant Lunch Select 1 Entrée Cheesy Penne Pasta w/ Meat sauce & Garlic Toast Hamburger or Cheeseburger/ Roll Select 1-2 Veggies & 1-2 Fruits Fresh Romaine Salad Chilly Applesauce Cup</p>	<p>February 21 Breakfast Select 1 Entrée Maple Pancake Sausage Nuggets Lunch Select 1 Entrée Turkey & Gravy over Waffles Hamburger or Cheeseburger/ Roll Select 1-2 Veggies & 1-2 Fruits Mashed Potatoes, Honey Carrots Warm Berry Crisp</p>	<p>February 22 Breakfast Select 1 Entrée Blueberry or Banana Muffin w/ Yogurt Lunch Select 1 Entrée Moe's Joey Jr. Burrito, Chips/Salsa Hamburger or Cheeseburger/ Roll Select 1-2 Veggies & 1-2 Fruits Refried Beans Frozen Juice Rush</p>	<p>February 23 Breakfast Select 1 Entrée Ham, Egg & Cheese on Round Roll Lunch Select 1 Entrée Batter Dipped Fish & Chips**/Roll Hamburger or Cheeseburger/ Roll Select 1-2 Veggies & 1-2 Fruits **Chips = French Fries Chilled Fruit Cup</p>
<p>February 26 Breakfast Select 1 Entrée Pillsbury Apple Frudel or Cherry Frudel Lunch Select 1 Entrée Double Dog Monday (2 Hot Dogs) Assorted Pizzas Select 1-2 Veggies & 1-2 Fruits Zesty Baked Beans Golden Diced Peaches</p>	<p>February 27 Breakfast Select 1 Entrée Breakfast Pizza Lunch Select 1 Entrée Chicken Fingers (3) w/ Roll Assorted Pizzas Select 1-2 Veggies & 1-2 Fruits Steamy Peas & Carrots Chilly Pears</p>	<p>February 28 Breakfast Select 1 Entrée Kellogg's Eggo French Toast Mini's EARLY DISMISSAL, NO LUNCH</p> <p>1/2 Day of School</p> 	<p>Parents!! Now accepting applications for employment! If you are looking for part-time work, want to work the same schedule as your children, then we have a job for YOU! Fill out an application with Human Resources</p>	<p>Daily Vegetarian Entrées Daily: Yogurt, Fruit & Granola Parfait Mon- Black Bean Burger on Roll Tue- Cheesy Pizza Wed- Bean & Cheese Burrito Thu- Cheese Quesadilla Fri- Breaded Cheese Sticks</p> 

Menu subject to change without notice.

To Deposit money into your child's account go to www.wilsonsd.org then e-Funds Online Payments