

WILSON SCHOOL DISTRICT  
GRADES 9 - 12 LUNCH MENU

Contact the Food Service Office for questions and concerns: 610-670-0180 x 1148

# December 2017

We are an equal opportunity provider and employer!

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Daily Entrée Choices</b> Featured Hot Entrees OR Assorted Cold Sandwiches OR Create Your Own Salad Bar OR Yogurt w/ Bagel &amp; Cream Cheese OR Assort Cereal w/ 8 oz. Yogurt</p> <p><b>Offered w/ Every Meal:</b> Fresh Vegetables w/ Dip &amp; Hot Veggie Selection of Fruits &amp; Variety of Milks</p>	<p><b><u>DID YOU KNOW?</u></b> Your meal includes five meal components: Meat/Meat Alternate, Whole Grains, Vegetables, Fruit and Milk. You must take a minimum of three components for a meal. One component must be a ½ cup serving of vegetable or fruit.</p>	<p><b>Introducing</b></p> <p><b>Try Our New Vegetarian Entrees</b> Mon- Black Bean Burger on Roll Tue- Cheesy Pizza Wed- Bean &amp; Cheese Burrito Thu- Cheese Quesadilla Fri- Brown Rice Bowl w/Black Beans</p>	<p><b>Meal Prices</b> Elementary Breakfast \$1.85 Middle School Breakfast \$2.05 High School Breakfast \$2.25 Reduced Breakfast \$ .30 Elementary Lunch \$2.70 Middle School Lunch \$2.90 High School Lunch \$3.10 Reduced Lunch \$ .40</p>	<p><b>December 1</b></p> <p><b>Select 1 Entrée</b> Chicken Quesadilla OR Cheese Quesadilla OR Hamburger on Roll OR Cheeseburger on Roll</p> <p><b>Select 1 Vegetable &amp;/or 1 Fruit</b> Steamy Mixed Vegetables Chilly Pears</p>
<p><b>December 4</b></p> <p><b>Select 1 Entrée</b> Hot Dog on Roll OR Cheesy Pizza</p> <p><b>Select 1 Vegetable &amp;/or 1 Fruit</b> Zesty Baked Beans Chilly Mandarin Oranges</p>	<p><b>December 5</b></p> <p><b>Select 1 Entrée</b> Baked Penne Pasta &amp; Meatsauce w/ Garlic Bread Stick (1) OR Cheesy Pizza</p> <p><b>Select 1 Vegetable &amp;/or 1 Fruit</b> Garden Side Salad Sliced Strawberries</p>	<p><b>December 6</b></p> <p><b>Select 1 Entrée</b> <b>**NEW**</b> Fish Tacos (2) on Soft Tortilla Shells w/ Fixings OR Cheesy Pizza</p> <p><b>Select 1 Vegetable &amp;/or 1 Fruit</b> Honey Glazed Carrots Fresh Apple Slices</p>	<p><b>December 7</b></p> <p><b>Select 1 Entrée</b> "Subway Day" OR Cheesy Pizza</p> <p><b>Select 1 Vegetable &amp;/or 1 Fruit</b> Steamy Green Beans Golden Diced Peaches</p>	<p><b>December 8</b></p> <p><b>Select 1 Entrée</b> Breaded Chicken Patty on Roll OR Spicy Chicken Patty on Roll OR Cheesy Pizza</p> <p><b>Select 1 Vegetable &amp;/or 1 Fruit</b> Golden French Fries Chilly Applesauce</p>
<p><b>December 11</b></p> <p><b>Select 1 Entrée</b> Walking Beefy Taco /Fixings/Roll OR Pulled Pork BBQ on Roll</p> <p><b>Select 1 Vegetable &amp;/or 1 Fruit</b> Zesty Baked Beans Golden Pineapple</p>	<p><b>Dec. 12, 1787 - PA Statehood</b></p> <p><b>Select 1 Entrée</b> <b>**NEW**</b> Meatball Sliders (3) OR Pulled Pork BBQ on Roll</p> <p><b>Select 1 Vegetable &amp;/or 1 Fruit</b> PA Blend Veggies <b>**NEW**</b> Frozen Juice Rush</p>	<p><b>December 13</b> <b>HOLIDAY FEAST</b></p> <p>Oven Baked Chicken &amp; 2 Rolls or Pulled Pork BBQ on Roll</p> <p><b>Select 1 Vegetable &amp;/or 1 Fruit</b> Mashed Potatoes w/ Gravy Steamy Broccoli Festive Fruit Mix Holiday Cookie</p>	<p><b>December 14</b></p> <p><b>Select 1 Entrée</b> Moe's Joey Jr Burrito w/ Chips/Salsa or Pulled Pork BBQ on Roll</p> <p><b>Select 1 Vegetable &amp;/or 1 Fruit</b> Honey Glazed Carrots Sliced Strawberries</p>	<p><b>December 15</b></p> <p><b>Select 1 Entrée</b> Asian Rice Bowl- General Tso's Chicken or Asian Rice Bowl with Black Beans or Pulled Pork BBQ on Roll</p> <p><b>Select 1 Vegetable &amp;/or 1 Fruit</b> Seasoned Snow Peas Golden Diced Peaches</p>
<p><b>December 18</b></p> <p><b>Select 1 Entrée</b> Sloppy Joe on Roll OR Veal Parmesan Sandwich</p> <p><b>Select 1 Vegetable &amp;/or 1 Fruit</b> Golden Tater Tots Chilly Pears</p>	<p><b>December 19</b></p> <p><b>Select 1 Entrée</b> Chicken Alfredo w/ Italian Bread OR Veal Parmesan Sandwich</p> <p><b>Select 1 Vegetable &amp;/or 1 Fruit</b> Steamy Winter Mix Veggies Sliced Strawberries</p>	<p><b>December 20</b></p> <p><b>Select 1 Entrée</b> Beef &amp; Cheese Gordita* w/ Fixings OR Veal Parmesan Sandwich</p> <p><b>Select 1 Vegetable &amp;/or 1 Fruit</b> Refried Beans Golden Pineapple</p> <p><small>*Gordita includes a hard &amp; soft taco shell</small></p>	<p><b>December 21 - 1st Day of Winter</b></p> <p><b>Select 1 Entrée</b> Cheesy Calzone OR Veal Parmesan Sandwich</p> <p><b>Select 1 Vegetable and 1 Fruit</b> Manager's Choice of Veggies Assorted Fruits</p>	<p><b>December 22</b></p> <p><b>Early Dismissal</b> <b>NO LUNCH SERVED</b></p>
<p><b>December 25</b></p> <p><b>Winter Break</b></p>	<p><b>December 26</b></p> <p><b>Winter Break</b></p>	<p><b>December 27</b></p> <p><b>Winter Break</b></p>	<p><b>December 28</b></p> <p><b>Winter Break</b></p>	<p><b>December 29</b></p> <p><b>Happy New Year</b></p>
<p><b>Good Luck Winter Sports Teams!</b> <b>GO BULLDOGS!</b></p>		<p><b>Special Holiday Treat</b> When you buy Lunch, Wed. 12/20 <b>Happy Holidays,</b> <b>Food Service Staff</b></p>	<p><b>2018</b></p>	

Menu subject to change without notice.

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