

RIVER ROCK ACADEMY: SINKING SPRING CAMPUS
GRADES 7 - 12 LUNCH MENU

December 2017

Contact the Food Service Office for questions and concerns: 610-670-0180 x 1148

We are an equal opportunity provider and employer!

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Daily Entrée Choices Featured Hot Entrée</p> <p>Offered w/ Every Meal: Assorted Veggies w/ Dip & Hot Veggie Selection of Fruits Variety of Milks</p>	<p><i>DID YOU KNOW:</i> Your meal includes five meal components: Meat/Meat Alternate, Whole Grains, Vegetables, Fruit and Milk. You must take a minimum of three components for a meal. One component must be a ½ cup serving of vegetable or fruit.</p>	<p>Special Holiday Treat with your Lunch Wednesday, December 20</p> <p><i>Happy Holidays, Food Service Staff</i></p> 	<p>Meal Prices STUDENT - \$2.90 REDUCED LUNCH \$.40 ADULT LUNCH - 5.10</p> 	<p>December 1 Select 1 Entrée OR Hamburger on Roll OR Cheeseburger on Roll Select 1 Vegetable &/or 1 Fruit Steamy Mixed Vegetables Chilly Pears</p>
<p>December 4 Select 1 Entrée Hot Dog on Roll Select 1 Vegetable &/or 1 Fruit Zesty Baked Beans Chilly Mandarin Oranges</p>	<p>December 5 Select 1 Entrée Cheesy Pizza Select 1 Vegetable &/or 1 Fruit Garden Side Salad Sliced Strawberries</p>	<p>December 6 Select 1 Entrée Chili over Rice w/Roll Select 1 Vegetable &/or 1 Fruit Steamy Green Beans Fresh Apple Slices</p>	<p>December 7 Select 1 Entrée Rib-b-Que on Roll Select 1 Vegetable &/or 1 Fruit Glazed Carrots Golden Diced Peaches</p>	<p>December 8 Select 1 Entrée Breaded Chicken Patty on Roll OR Spicy Chicken Patty on Roll Select 1 Vegetable &/or 1 Fruit Golden French Fries</p>
<p>December 11 Select 1 Entrée OR Hamburger on Roll OR Cheeseburger on Roll Select 1 Vegetable &/or 1 Fruit Zesty Baked Beans Golden Pineapple</p>	<p>Dec. 12, 1787 - PA Statehood Select 1 Entrée Meatball Sandwich Select 1 Vegetable &/or 1 Fruit PA Blend Veggies **New** Frozen Juice Rush</p>	<p>December 13 HOLIDAY FEAST Oven Baked Chicken Select 1 Vegetable &/or 1 Fruit Mashed Potatoes w/ Gravy Steamy Broccoli Holiday Cookie</p> 	<p>December 14 Select 1 Entrée French Bread Pizza Select 1 Vegetable &/or 1 Fruit Honey Glazed Carrots Sliced Strawberries</p>	<p>December 15 Select 1 Entrée OR Chicken Patty Sandwich Select 1 Vegetable &/or 1 Fruit Seasoned Snow Peas Golden Diced Peaches</p>
<p>December 18 Select 1 Entrée Sloppy Joe on Roll Select 1 Vegetable &/or 1 Fruit Golden Tater Tots Chilly Pears</p>	<p>December 19 Select 1 Entrée OR Cheese Quesadilla Select 1 Vegetable &/or 1 Fruit Steamy Winter Mix Veggies Sliced Strawberries</p>	<p>December 20 Select 1 Entrée Chili over Rice w/Roll Select 1 Vegetable &/or 1 Fruit Refried Beans Golden Pineapple Holiday Treat</p> 	<p>December 21 - 1st Day of Winter Select 1 Entrée Cheesy Calzone Select 1 Vegetable and 1 Fruit Manager's Choice of Veggies Assorted Fruits</p>	<p>December 22 Early Dismissal NO LUNCH SERVED</p> 
<p>December 25 Winter Break</p> 	<p>December 26 Winter Break</p> 	<p>December 27 Winter Break</p> 	<p>December 28 Winter Break</p> 	<p>December 29 Happy New Year</p> 

Menu subject to change without notice.

Use e-Funds for Schools to put money into your child's account at www.wilsonsd.org Go to: e-Funds Online Payments