

# Shiloh Hills Elementary School

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## What is SAP?

SAP stands for “Student Assistance Program.”

The Student Assistant Program (SAP) is a PA state mandated program that provides school and community referrals to our students and their families regarding emotional and behavioral issues that may interfere with a student’s success in school.

A Student Assistance Team is placed in schools to build a bridge between our children’s families, their schools, and their community. This bridge allows our children to achieve the goals they strive for and to be a successful part of our community.

## Who can refer students to SAP?

Anyone can refer a student they are concerned about to the SAP team. School staff members, friends, family of the student, and even students themselves can go to a SAP team member to ask for help.

## SAP team members Include:

- Teachers
- Administrators
- School Counselors
- School Nurse
- School Psychologist
- Counselors from the Caron Foundation



Shiloh Hills Office 610-670-0180 x1910

Visit our website for further information:

<https://www.wilsonsd.org/shiloh-hills-elementary/resources/>

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**Are you worried about your  
child or student?**

Shiloh Hills SAP team might be able to help

## SAP’s Mission

*SAP Mission is to work with students and their families by providing any necessary information, prevention, and intervention services. These services assist in breaking down barriers that may interfere with students’ success in school, at home, or in the community.*

## The First Step

If a child is referred to SAP, SAP coordinator will make a phone call. Once permission is granted by a parent or guardian, the SAP team may provide a variety of interventions, including a comprehensive assessment to assist in finding community mental health based services and / or school based support groups. This may include groups geared towards:

- social skills
- grief & loss
- changing families
- anger management
- drug & alcohol insight
- siblings of children with special circumstances
- and more.

All SAP referrals are confidential. It is NOT a disciplinary action; it is a supportive approach to help our students and their families move through any barriers that interfere with their ability to learn.

## What kind of behaviors MIGHT signal SAP involvement?

- Withdrawing from family, friends and/ or school
- Changing friends; no longer spending time with old friends
- Unexplained physical injuries
- Talking about suicide
- Depression and / or anxiety
- Defying authority, both at home and at school
- Acting aggressively
- Peer pressure
- Attendance concerns
- Behaviors that interfere with learning
- Sudden changes in grades, eating or sleeping



## The Process

1. A student is referred to the team.
2. The team secures parent permission to proceed.
3. The team gathers objective information.
4. The team develops a plan of action.
5. The team and parents meet to discuss and implement the plan of action.
6. Follow up meetings are held at regular intervals to track progress and offer additional aid as needed.

