



## WHEN DO I NEED A DOCTOR'S EXCUSE?

A doctor's excuse is required, *regardless of the number of days of absence*, for the following communicable diseases: *measles, mumps, whooping cough, respiratory streptococcal infections, scarlet fever, impetigo, conjunctivitis (pinkeye), ringworm of the scalp, scabies, and infectious mononucleosis*. A doctor's excuse should also be presented to the school in case of injuries such as a broken arm or surgery such as an appendectomy or myringotomy tubes (ears). This information is helpful to school personnel in case there are any restrictions in activities, complications to watch for, or to update your child's health record.

A note from the parent/guardian is sufficient for all other illnesses. **Any student who is absent from school for 3 or more consecutive days and does not have a doctor's excuse must report to the nurse before being readmitted to class. PLEASE NOTE: If your child is in a building with a part-time nurse (see below), you may either wait to bring the child to school at the time your nurse arrives, or you may take the child to any other building with a full time nurse to be readmitted. Please call that school first to check the nurse is available for you.**

### Part-time Nurses' schedules:

Building	Monday	Tuesday	Wednesday	Thursday	Friday
Shiloh Hills	9:30-2:30	9:30-2:30	9:30-2:30	9:30-2:30	9:30-2:30
West Wyomissing	9:30-2:00	10:00-2:00	10:00-2:00	10:00-2:00	10:00-2:00
Lincoln Park	10:00-2:00	10:00-2:00	10:00-2:00	10:00-2:00	9:30-2:00
Green Valley	9:00-2:00	9:00-2:00	9:00-2:00	9:00-2:00	9:00-2:00

School regulations require that a pupil with **chicken pox or head lice or nits** be excluded from school. Students may return to school when they are fever-free and the chicken pox vesicles are dry and have scabs and if they are lice and nit-free. A parent/guardian's note is required upon return **and your child must report to the nurse to be cleared before being readmitted to class.**

Feel free to call the school nurse with any questions.

## WHEN SHOULD I KEEP MY CHILD HOME FROM SCHOOL?

Sometimes parents send their children to school to have them evaluated by the school nurse before they take them to the doctor for an illness or injury. **Please do not send your child to school with a known illness or injury and request that the school nurse examine him/her and prescribe treatment. Only a licensed physician can legally do this function.** Parents should keep the child home from school and have him/her evaluated by the doctor.

In order to prevent the spread of germs, it is advisable to keep your child home from school if s/he shows any of the following symptoms: unusual skin eruptions, diarrhea, vomiting, fever over 100 degrees, persistent cough or headache, chills, swollen glands, discharge or redness of eyes, or sore throat. Please check your child for signs of illness before sending him/her to school. A child who is ill will not be able to learn, may infect other children and will not be happy. **Your child should be fever-free (without the use of fever-reducing medications) for 24 hours before returning school.**