

Parent/Guardian Resources to Keep Kids Safe

TALK together to make a Safety Plan so your kids will know:

- They are safest staying in groups and, if they are younger, with an adult you select.
- To always get permission from you or another adult in charge *before* they change their plan about going anywhere with anyone, whether it is a stranger or someone they know.
- To always get your permission about where they go, who will be with them, and what they will be doing.
- That a stranger is someone they do *not* know *well*, can look like anybody, and might know their name.
- That most people are good and most strangers are good, but they do not know what someone is like just by how that person looks or acts.
- To NOT get close to a stranger, talk to a stranger, take anything from a stranger, or go with a stranger – unless they have their adult’s permission.
- If they are old enough to talk to a stranger, to stay out of reach and not give personal information.
- To move away toward safety and get help if someone makes them feel uncomfortable or tries to approach them.
- How to get help in an emergency from people you’ve designated along their route.
- To tell a trusted adult *every time* someone makes them feel uncomfortable or scared.

WALK together to determine:

- The safest route to follow on the way *to* and *from* school on foot, by bus, or by bike that will avoid isolated places, difficult streets to cross, and other hazards.
- Where to go and who to ask for help if kids have a safety problem on route – preferably adults you have introduced them to – in a church, store, neighbor’s house, bus, etc.
- What to do if kids get lost, if they cannot stay on their route, or if someone bothers them.
- Each child’s safety readiness for going on her or his own without adult supervision.

PRACTICE together until you are SURE your kids are prepared to:

- Use their awareness to notice and avoid safety problems from people, traffic, or other possible trouble.
- Act aware, calm, and confident in every situation.
- Move quickly out of reach from a stranger or anyone who makes them feel uncomfortable.
- Follow their safety plan even if a friend tries to persuade them to do otherwise.
- Find a place with people to help them if they get lost or have to change their route.

- Yell “NO! I NEED HELP!” and run to a safe place to get help if they feel scared.
- Yell, pull away, hit and kick to escape from an attack.
- Find and use a telephone so they can call a trusted adult for help or 911 in an emergency.

Reference: www.kidpower.org