

# Wilson Aquatic Upcoming Events

## **2018-19 Wilson Aquatics Fall & Winter Learn to Swim Session Information**

### SUNDAY AFTERNOON SESSIONS

The Fall and Winter Learn-To-Swim programs offers 30 minute lessons on Sunday afternoons. These six date sessions will offer three different class times. All levels, except parent tot, are run during each time slot. Classes are filled on a first-come-first-serve basis.

Parent Tot WILL ONLY be offered during the 2:00 pm class.

Session information is listed here: <https://www.wilsonsd.org/aquatics-department/swim-lessons/class-offerings-registration/>

## **Master Swimming**

Masters swim practices are offered at the Roy G. Snyder Natatorium for those who are looking for more of a group training environment. The season determines which mornings during the week the practices are held but we do our best to keep practice schedules consistent throughout the year.

Practices run approximately one hour and thirty minutes in length. The practice is a great cardiovascular workout and is suitable for all levels of swimmers.

On Tuesday & Thursday mornings, our swim practices will be run and coordinated by Coach Lyndsay Woods. These practices will offer a more structured workout and will be adjusted for all levels of fitness.

Find more information about our masters program here: <https://www.wilsonsd.org/aquatics-department/masters-aquatics-department/>

## **Open Swims**

Join us for select evenings and Saturdays this fall for open swims at the Roy G. Snyder Natatorium. For more information about our fall open swims please visit our website: <https://www.wilsonsd.org/aquatics-department/open-lap-swim-special-events/>

## **Friday Night & Weekend Open Swim Schedule**

- Friday, September 7th, 2018 from 6:45-8:30 pm
- Friday, September 14th, 2018 from 6:45-8:30 pm
- Saturday, September 15th, 2018, From 6:45-8:30 pm
- Friday, October 5th, 2018 from 6:45-8:30 pm
- Friday, October 12th, 2018 from 6:45-8:30 pm
- Saturday, October 13th, 2018 from 12:00-3:00 pm \*DIVE IN MOVIE\*

## **Middle School & Youth Water Polo**

The Fall is the Pennsylvania High School Water Polo Season which means there is a lot of water polo activities happening in the local community.

### **Youth Water Polo Information**

The Wilson Youth Water Polo Splash Ball organization is designed to introduce our elementary school athletes to water polo! This program is filled with fun, fun, & fun! We have a great set of hands on coaches who provide drills and ball handling skills to athletes of all abilities.

ALL NEW WATER POLO PLAYERS WELCOME!

Designed for athletes from 1ST-4TH grade

Visit the website for more information for Youth Water

Polo: <https://www.wilsonsd.org/aquatics-department/water-polo-opportunities/fall/>

### **Middle School Water Polo Information**

The Pennsylvania Middle School League featuring the high school stars of tomorrow. The majority of the state's top high school teams offer feeder programs in order to develop the skills of their younger athletes. This great opportunity is available to athletes in the Wilson School District starting in September and concluding with a championship tournament prior to the end of the high school season (early November).

The Wilson Middle School Water Polo is a competitive program offered to all Wilson Students from 5th-8th grade. The program runs practice four nights per week with tournaments on Sunday afternoons across eastern & central Pennsylvania.

For further information regarding Middle School Water Polo visit the website: <https://www.wilsonsd.org/aquatics-department/water-polo-opportunities/fall/>