Breakfast Items:

Cereals

**General Mills, Apple Cinnamon Cherrios, bowl pack, 1 oz., Gluten Free**

**Ingredients (11/2017)**
Whole Grain Oats, Sugar, Corn Starch, Apple Puree Concentrate, Salt, Citric Acid, Natural Flavor, Cinnamon, Trisodium Phosphate, Sodium Citrate. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Zinc and Iron (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B2 (riboflavin), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

**General Mills, Cherrios, bowl pack, 1 oz., Gluten Free**

**Ingredients (11/2017)**

**General Mills, Honey Nut Cherrios, bowl pack, 1 oz., Gluten Free**

**Ingredients (11/2017)**
Whole Grain Oats, Sugar, Oat Bran, Corn Starch, Honey, Brown Sugar Syrup, Salt, Tripotassium Phosphate, Rice Bran Oil and/or Canola Oil, Natural Almond Flavor. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Zinc and Iron (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B2 (riboflavin), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

**General Mills, Cinnamon Chex, Gluten Free, bowl pack, 1 oz., Gluten Free, No Egg, No Milk**

**Ingredients (11/2017)**
Whole Grain Rice, Rice, Sugar, Canola Oil, Salt, Rice Fiber, Cinnamon, Molasses, Natural Flavor. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

**General Mills, Cinnamon Toast Crunch, 25% less sugar, bowl pack, 1 oz.**

**Ingredients (11/2017)**
Whole Grain Wheat, Sugar, Rice Flour, Canola Oil, Polydextrose, Maltodextrin, Fructose, Dextrose, Salt, Cinnamon, Trisodium Phosphate, Soy Lecithin, Caramel Color. BHT Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B2 (riboflavin), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3. **ALLERGENS: Wheat and soy.**
General Mills, Cocoa Puffs, 25% less sugar, bowl pack, 1 oz.
Ingredients (11/2017)
Whole Grain Corn, Sugar, Corn Meal, Corn Syrup, Cocoa Processed with Alkali, Fructose, Canola Oil, Salt, Caramel Color, Refiner’s Syrup, Baking Soda, Natural Flavor. Vitamins and Minerals: Tricalcium Phosphate, Calcium Carbonate, Zinc and Iron (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B2 (riboflavin), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

General Mills, Trix, 25% less sugar, bowl pack, 1 oz.
Ingredients (11/2017)
Whole Grain Corn, Corn Meal, Sugar, Corn Syrup, Canola Oil, Salt, Color (vegetable and fruit juice, turmeric extract and annatto extract), Trisodium Phosphate, Natural Flavor, Citric Acid, Malic Acid. Vitamins and Minerals: Calcium Carbonate, Tricalcium Phosphate, Zinc and Iron (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B2 (riboflavin), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

Pop-tarts
Kellogg’s Whole Grain Frosted Fudge Pop-tart
Ingredients (11/2017)
Whole wheat flour, sugar, enriched flour (wheat flour, niacin, reduced iron, vitamin B1, vitamin B2, folic acid), corn syrup, dextrose, soybean and palm oil (with TBQH for freshness), bleached wheat flour, polydextrose, glycerin, contains 2% or less of maltodextrin, cocoa, calcium carbonate, salt, leavening (sodium and pyrophosphate, baking soda), wheat starch, cocoa (processed with alkali), sodium stearoyl lactylate, gelatin, datem, xanthan gum, soy lecithin, vanilla extract, niacinamide, reduced iron vitamin A palmitate, vitamin B6, vitamin B1 Allergen: wheat and soy

Kellogg’s Whole Grain Frosted Strawberry Pop-tart
Ingredients (11/2017)
Whole wheat flour, sugar, enriched flour (wheat flour, niacin, reduced iron, vitamin B1, vitamin B2, folic acid), corn syrup, dextrose, soybean and palm oil (with TBQH for freshness), cracker meal, polydextrose, glycerin, contains 2% or less of maltodextrin, cocoa, calcium carbonate, salt, leavening (sodium and pyrophosphate, baking soda), dried strawberries, dried pears, dried apples, sodium stearoyl lactylate, citric acid, milled corn, datem, gelain, soybean oil, modified corn starch, modified wheat starch, soy lecithin, caramel color, xanthan gum, strawberry juice concentrate, natural and artificial flavor, vitamin A Palitate, RED 40, niacinamide, reduced iron, color added, turmeric extract for color, yellow 6, vitamin B6, vitamin B2, Vitamin B1, blue 1 Allergen: wheat and soy

Kellogg’s Whole Grain Frosted Cinnamon Pop-tart
Ingredients (11/2017)
Whole wheat flour, sugar, enriched flour (wheat flour, niacin, reduced iron, vitamin B1, vitamin B2, folic acid), corn syrup, dextrose, soybean and palm oil (with TBQH for freshness), cracker meal, polydextrose, glycerin, contains 2% or less of maltodextrin, molasses, calcium carbonate, salt, leavening (sodium acid pyrophosphate, baking soda), wheat starch, cinnamon, sodium stearoyl lactylate, datem, gelatin, caramel color, xanthan gum, vitamin A palmitate, niacinamide, reduced iron, vitamin B6, vitamin B2, vitamin B1, soy lecithin Allergen: wheat and soy
Pancakes/Waffles/French Toast
Foster Farms Whole Grain Mini Pancake Wraps
Ingredients: (11/2017)
Link ingredients: Ground turkey, mechanically separated turkey, water, textured vegetable protein product (soy protein concentrate, caramel color, zinc oxide, niacinamide, ferrous sulfate, copper gluconate, vitamin A palmitate, calcium pantothenate, thiamine mononitrate, pyridoxine hydrochloride, riboflavin, cyanocobalamin), contains 2% or less of salt, potassium lactate, potassium acetate, spices, sodium phosphate, potassium chloride, sugar, caramel color, sodium diacetate, sodium nitrite.
Batter ingredients: water, whole wheat flour, sugar, soybean oil, contains less than 2% of leavening (sodium acid pyrophosphate, sodium bicarbonate), natural and artificial sweet maple flavor (modified corn starch, acesulfame potassium, natural flavoring, maple syrup, caramel color), egg yolk, salt, artificial flavor, soy flour, fried in vegetable oil Allergen: wheat, soy and eggs

Pillsbury, Heat-N-Go Mini Maple Burst’n Pancakes
Ingredients (11/2017)
Water, Whole Wheat Flour, Enriched Flour (wheat flour, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), Sugar, Soybean and/or Canola Oil. Contains 2% or less of: Whey, Leavening (baking soda, sodium aluminum phosphate, monocalcium phosphate), Fructose, Brown Sugar, Corn Syrup, Salt, Eggs, Whole Grain Corn, Nonfat Dry Milk, Corn Starch, Palm Oil, Natural and Artificial Flavor.
ALLERGENS: Egg, Wheat, milk.

Pillsbury, Heat-N-Go Mini Strawberry Splash Pancakes
Ingredients (11/2017)
Water, whole wheat flour, sugar, brown rice flour, canola oil, contains less than 2% of fructose, glycerin, leaving (potassium bicarbonate, sodium aluminum phosphate, baking soda monocalcium phosphate), whole grain corn flour, egg white, salt, cellulose gum, bee powder, radish extract, paprika extract and spirulina added for color, hydrogenated cottonseed oil, natural flavor, citric acid, nonfat milk Allergen: egg, wheat and milk

Kellogg’s Eggo Bites Mini Waffles, Maple
Ingredients (11/2017)
Whole wheat flour, water, sugar, egg whites, vegetable oil soybean, palm, and/or canola oil), contains 2% less of leavening (baking soda, sodium aluminum phosphate, monocalcium phosphate), molasses, soy lecithin, maltodextrin, natural flavors, whey, salt, modified corn starch, calcium carbonate, vitamin A palmitate, reduced iron, niacinamide, vitamin B12, vitamin B6, vitamin B1, vitamin B2 Allergen: wheat, egg, soy and milk

Bake Crafters Mini French Toast
Ingredients (11/2017)
Whole wheat bread (whole wheat flour, water, enriched wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), sugar, wheat gluten, yeast, salt, soybean oil, mono and diglycerides, calcium propionate (preservative), DATEM, calcium sulfate, citric acid, soy lecithin, grain vinegar, potassium iodate, water, whole wheat batter (whole wheat flour, sugar, enriched wheat flour (enriched with niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), dextrose, eggs, yellow corn flour, corn syrup solids, natural flavor, modified corn starch, salt, leavening (sodium aluminum phosphate, sodium bicarbonate), nonfat milk, spice, artificial flavor, modified cellulose gum, spice extractive, coating (enriched wheat flour), yellow corn flour, sugar, soy flour, salt, dextrose, leavening, yeast, soybean oil, cinnamon sugar (sugar, spices, natural flavor, silicon dioxide Allergen: egg, milk soy and wheat

Wilson School District Food Service Department
### Cereal bars

**Kellogg’s Trix Cereal Bar**

**Ingredients:** (11/2017)

Whole Grain Oats, Corn Syrup, Sugar, Whole Grain Corn, Fructose, Canola Oil, Degermed Yellow Corn Meal, Whole Wheat Flour, Chicory Root Extract, Maltodextrin. Contains 2% or less of: Brown Rice Flour, Vegetable Glycerin, Calcium Carbonate, Corn Flour, Wheat Starch, Salt, Color (vegetable juice, fruit juice, turmeric extract, annatto extract), Natural Flavor, Calcium Phosphate, Baking Soda, Trisodium Phosphate, Zinc and Iron (mineral nutrients), Citric Acid, Malic Acid, Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Soy Lecithin, Vitamin B6 (pyridoxine hydrochloride), Vitamin B2 (riboflavin), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3

**Allergen:** wheat and soy

**Kellogg’s Cocoa Puffs Cereal Bar**

**Ingredients:** (11/2017)

Whole Grain Oats, Cereal (whole grain corn, sugar, corn meal, corn syrup, cocoa processed with alkali, fructose, canola oil, salt, caramel color, brown sugar syrup, baking soda, natural flavor, Vitamins and Minerals: tricalcium phosphate, calcium carbonate, zinc and iron (mineral nutrients), vitamin C (sodium ascorbate), A B vitamin (niacinamide), vitamin B6 (pyridoxine hydrochloride), vitamin B2 (riboflavin), vitamin B1 (thiamin mononitrate), vitamin A (palmitate), A B vitamin (folic acid), vitamin B12, vitamin D3), Corn Syrup, Sugar, Whole Wheat Flour, Fructose, Canola Oil, Brown Rice Flour, Chicory Root Extract. Contains 2% or less of: Vegetable Glycerin, Calcium Carbonate, Cocoa Processed with Alkali, Maltodextrin, Corn Flour, Modified Wheat Starch, Salt, Caramel Color, Baking Soda, Natural Flavor, Soy Lecithin

**Allergen:** wheat and soy

**Kellogg’s Fruit Whole Grain Cherrios Cereal Bar**

**Ingredients:** (11/2017)

Whole Grain Oats, Cereal (whole grain corn, sugar, whole grain oats, corn syrup, canola oil, calcium carbonate, pear puree concentrate, salt, color (vegetable juice, fruit juice, and annatto extract), corn bran, trisodium phosphate, Vitamin C (sodium ascorbate), natural flavor, zinc and iron (mineral nutrients), sodium citrate, citric acid, A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B2 (riboflavin), vitamin B1 (thiamin mononitrate), vitamin A (palmitate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3, Vitamin E (mixed tocopherols) and ascorbic acid added to preserve freshness, Corn Syrup, Fructose, Sugar, Rice Bran and/or Canola Oil, Chicory Root Extract, Whole Wheat Flour, Maltodextrin, Brown Rice Flour. Contains 2% or less of: Glycerin, Calcium Carbonate, Corn Flour, Whole Oat Flour, Wheat Starch, Salt, Gelatin, Baking Soda, Color (red 40, yellow 5), Natural and Artificial Flavor, Soy Lecithin. BHT Added to Retain Freshness

**Allergen:** wheat and soy

**Kellogg’s Cinnamon Toast Crunch Cereal Bar**

**Ingredients:** (11/2017)

Whole Grain Oats, Corn Syrup, Whole Grain Wheat, Sugar, Fructose, Canola Oil, Brown Rice Flour, Rice Flour, Maltodextrin, Chicory Root Extract, Whole Corn Flour. Contains 2% or less of: Vegetable Glycerin, Wheat Starch, Calcium Carbonate, Salt, Dextrose, Color (caramel color, annatto extract), Cinnamon, Baking Soda, Trisodium Phosphate, Zinc and Iron (mineral nutrients), A B Vitamin (niacinamide), Natural Flavor, Soy Lecithin, Vitamin B6 (pyridoxine hydrochloride), Vitamin B2 (riboflavin), A B Vitamin (folic acid)

**Allergen:** soy and wheat
**Nutri-grain Bars**

**Kellogg’s Nutri-grain bar, Blueberry**

**Ingredients (11/2017)**

Whole wheat flour, invert sugar, corn syrup, whole grain oats, vegetable oil (high oleic soybean, soybean and/or canola oil), enriched flour (wheat flour, niacin, reduced iron, vitamin B1, vitamin B2 and folic acid), sugar, glycerin, blueberry puree concentrate, soluble corn fiber, dextrose, fructose, contains 2% less of calcium carbonate, whey, wheat bran, salt, modified corn starch, natural and artificial flavors, cellulose, sodium alginate, potassium bicarbonate, citric acid, mono and diglycerides, methylcellulose, soy lecithin, dicalcium phosphate, wheat gluten, malic acid, niacinamide, blueberry juice concentrate, carrageenan, vitamin A palmitate, zinc oxide, reduced iron, guar gum, RED 40, vitamin B6, vitamin B1, vitamin B2

**Allergen: wheat, milk and soy**

**Kellogg’s Nutri-grain bar, Apple Cinnamon**

**Ingredients (11/2017)**

Whole wheat flour, invert sugar, whole grain oats, corn syrup, vegetable oil (high oleic soybean, soybean and/or canola oil), enriched flour (wheat flour, niacin, reduced iron, vitamin B1, vitamin B2, folic acid), sugar, apple puree concentrate, soluble corn fiber, dextrose, fructose, glycerin, contains 2% less of calcium carbonate, whey, wheat bran, salt, modified corn starch, cellulose, cinnamon, natural and artificial flavor, sodium alginate, potassium bicarbonate, malic acid, mono-and diglycerides, methylcellulose, soy lecithin, dicalcium phosphate, citric acid, wheat gluten, niacinamide, carrageenan, vitamin A palmitate, caramel color, zinc oxide, reduce iron, guar gum, vitamin B6, vitamin B1, vitamin B2

**Allergen: wheat, milk and soy**

**Kellogg’s Nutri-grain bar, Strawberry**

**Ingredients (11/2017)**

Whole wheat flour, invert sugar, corn syrup, whole grain oats, vegetable oil (high oleic soybean, soybean and/or canola oil), enriched flour (wheat flour, niacin, reduced iron, vitamin B1, vitamin B2, folic acid), sugar, glycerin, strawberry puree concentrate, soluble corn fiber, dextrose, fructose, contains 2% less of calcium carbonate, whey, wheat bran, salt, natural and artificial flavors, modified corn starch, cellulose, sodium alginate, potassium bicarbonate, citric acid, mono-and diglycerides, dicalcium phosphate, methylcellulose, soy lecithin, wheat gluten, caramel color, malic acid, niacinamide, carrageenan, vitamin A palmitate, RED 40, zinc oxide, reduced iron, guar gum, vitamin B6, vitamin B1, vitamin B2

**Allergen: wheat, milk and soy**

**Donuts/Frudels/Loaves**

**Bake Crafters Chocolate Mini Donuts, 3.2 oz.**

**Ingredients (11/2017)**

Whole Wheat Flour, Enriched Malted Wheat Flour (Malted with Malt Barley Flour; Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, White Whole Wheat Flour, Sugar, Palm Oil, Contains 2% or less of: Soy Flour, Egg Yolks, Leavening (Calcium Acid Pyrophosphate, Baking Soda, Monocalcium Phosphate), Soybean Oil, Wheat Starch, Honey Granules (Cane Refinery Honey), Non-Fat Dry Milk, Salt, Dried Whey, Natural Flavor, Spice, Cellulose Gum, Soy Lecithin, Silicone Dioxide, Citric Acid, Enzymes, Lactalbumin, Dicalcium Phosphate, Magnesium Phosphate, Calcium Sulfate, Ferrous Sulfate, Vitamin E, Niacinamide, Vitamin A, Pyridoxine, Thiamin, Vitamin B12, Cinnamon. Chocolate Coating: Sugar, Palm Kernel Oil and Palm Oil, Cocoa processed with Alkali, Soy Lecithin, Artificial Flavor

**Allergen: egg, milk and wheat**
Bake Crafters Powdered Sugar Donuts
Ingredients: (11/2017)
Whole Wheat Flour, Enriched Wheat Flour (Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Palm Oil, Sugar, Contains 2% or less of: Egg Yolk with Sodium Silicoaluminate, Soy Flour, Leavening (Calcium Acid Pyrophosphate, Baking Soda, Monocalcium Phosphate), Wheat Starch, Soybean Oil, Nonfat Milk, Salt, Dried Whey, Dried Honey, Soy Lecithin, Spice, Cellulose Gum, Natural Flavor, Silicon Dioxide, Calcium Stearate, Citric Acid, Enzymes, Dextrose, Modified Corn Starch, Partially Hydrogenated Soybean and Cottonseed Oil, Artificial Color, Calcium Propionate (Preservative), Artificial Flavor, Lactalbumin, Dicalcium Phosphate, Magnesium Phosphate, Calcium Sulfate, Ferrous Sulfate, Vitamin E, Niacinamide, Vitamin A, Pyridoxine, Thiamin, Riboflavin, Folic Acid, Vitamin B12, Cinnamon Allergen: egg, milk, soy and wheat

Pillsbury, Frudel, Apple
Ingredients (11/2017)
Water, Whole Wheat Flour, Enriched Flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Apple Strudel Filling (water, sugar, corn syrup, modified corn starch, apple pulp, malic acid, palm kernel oil, molasses, sodium citrate, salt, sodium benzoate [preservative], gellan gum, spice, xanthan gum, locust bean gum, carrageenan, natural flavor), Sugar, Soybean Oil. Contains 2% or less of: Yeast, Nonfat Milk, Salt. ALLERGENS: Wheat and Milk.

Pillsbury, Frudel, Cherry
Ingredients (11/2017)
Water, whole wheat flour, enriched flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), cherry strudel filling (water, sugar, corn syrup, modified corn starch, cherries, citric acid, sodium citrate, black carrot an black currant juice concentrate added for color, malic acid, salt, invert sugar, sodium benzoate (preservative), natural flavor, gellan gum, xanthan gum, locust bean gum, carrageenan), sugar, soybean oil, contains 2% or less of: yeast, nonfat milk, salt, natural flavor. ALLERGENS: Wheat and milk

Super Bakery Breakfast Loaf, Chocolate Chip, 2 oz.
Ingredients (11/2017)
Water, whole wheat flour, enriched wheat flour (bleached enriched wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), sugar, soybean oil, whey protein concentrate, semi-sweet chocolate chips (chocolate liquor, sugar, anhydrous dextrose, soy lecithin, vanilla extract), modified corn starch, vanilla, soy flour, vital wheat gluten, dextrose, sodium acid pyrophosphate, sodium bicarbonate, dry honey solids, mono-diglycerides, salt, cinnamon, xanthan gum, guar, eggs. ALLERGENS: Wheat, milk, soy, eggs

Super Bakery Breakfast Loaf, Berry, 2 oz.
Ingredients (11/2017)
Water, whole wheat flour, enriched wheat flour (bleached enriched wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), sugar, soybean oil, whey protein concentrate, blueberries, modified corn starch, vanilla, soy flour, vital wheat gluten, dextrose, sodium acid pyrophosphate, sodium bicarbonate, dry honey solids, mono-diglycerides, salt, cinnamon, xanthan gum, guar, eggs. ALLERGENS: Wheat, milk, soy, eggs
Super Bakery Breakfast Loaf, Banana, 2 oz.
Ingredients (11/2017)
Water, whole wheat flour, enriched wheat flour (bleached enriched wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), sugar, soybean oil, whey protein concentrate, bananas, modified corn starch, vanilla, soy flour, vital wheat gluten, dextrose, sodium acid pyrophosphate, sodium bicarbonate, dry honey solids, mono-diglycerides, salt, cinnamon, xanthan gum, guar, eggs.
ALLERGENS: Wheat, milk, soy, eggs

Bagels/Bagel-fuls
Kraft Cinnamon Bagel-fuls, 2.5 oz.
Enriched wheat flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate (vitamin B1), riboflavin (vitamin B2), folic acid), water, cream cheese (pasteurized milk and cream, salt, cheese culture, stabilizers (xanthan and/or carob bean and/or guar gums), brown sugar, invert sugar, sugar, contains less than 2% of dextrose, malted barley and corn extract, modified food starch, yeast, wheat flour, salt, corn flour, calcium carbonate, dough conditioner (wheat flour, ascorbic acid, azodicarbonamide, calcium iodate, calcium peroxide, enzymes, calcium sulfate, L-cysteine), spice, soybean oil, vital wheat gluten, dough improver (ammonium sulfate, calcium sulfate, azodicarbonamide), natural flavor Allergens: wheat, milk

Kraft Strawberry Bagel-fuls, 2.5 oz.
Ingredients (11/2017)
Enriched wheat flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate (vitamin B1), riboflavin (vitamin B2), folic acid), water, cream cheese (pasteurized milk and cream, salt, cheese culture, stabilizers (xanthan and/or carob bean and/or guar gums), strawberry puree (sugar, strawberries, water, modified food starch RED 40), brown sugar, contains less than 2% of sugar, dextrose, malted barley and corn extract, modified food starch, yeast, salt, wheat flour, ascorbic acid, azodicarbonamide, calcium iodate, calcium peroxide, enzymes, calcium sulfate, L-cysteine), corn flour, vital wheat gluten, soybean oil, dough improver (ammonium sulfate, calcium sulfate, azodicarbonamide), natural flavor Allergens: wheat, milk

Yogurt
Yoplait Yogurt: Trix Raspberry Rainbow, 4 oz., Gluten Free
Ingredients (11/2017)
Cultured Pasteurized Grade A Low Fat Milk, Sugar, Corn Starch. Contains Less Than 1% of: Vegetable Juice and Fruit Juice (for color), Natural Flavor, Potassium Sorbate Added to Maintain Freshness, Vitamin A Acetate, Vitamin D3. ALLERGENS: Milk.

Yoplait Yogurt: Trix Strawberry Banana, 4 oz., Gluten Free
Ingredients (11/2017)
Cultured Pasteurized Grade A Low Fat Milk, Sugar, Corn Starch. Contains Less Than 1% of: Natural Flavor, Vegetable Juice (for color), Potassium Sorbate Added to Maintain Freshness, Vitamin A Acetate, Vitamin D3. ALLERGENS: Milk.

Yoplait Strawberry Yogurt Parfait
Ingredients: (11/2017)
Cultured pasteurized grade A low fat milk, sugar, modified corn starch, kosher gelatin, citric acid, natural flavor, potassium sorbate added to maintain freshness, colored with carmine, vitamin A acetate, vitamin D3 Allergen: milk
Yoplait Vanilla Yogurt Parfait
Ingredients: (11/2017)
Cultured Pasteurized Grade A Low Fat Milk, Sugar, Modified Corn Starch, Kosher Gelatin, Natural Flavor, Potassium Sorbate Added to Maintain Freshness, Vitamin A Acetate, Vitamin D3 Allergen: milk

Breakfast Sandwiches
Sunny Fresh Egg Patty, 1.5 oz.
Ingredients (11/2017)
Whole eggs, water, modified food starch, salt, citric acid, guar gum Allergen: eggs, soy

Bake Crafters Egg and Cheese on English Muffin
Ingredients (11/2017)
English Muffin: Water, Whole Wheat Flour, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Yeast, Wheat Gluten, Contains less than 2% of each of the following: Soybean Oil, Sugar, Salt, Calcium Propionate (Preservative), Fumaric Acid, Baking Soda, Monocalcium Phosphate, Calcium Sulfate, Ammonium Sulfate. Egg: Whole Egg, Non-Fat Milk, Modified Food Starch, Salt, Xanthan Gum, Citric Acid, Pepper. Cheese: Cultured Skim Milk and Milk, Water, Sodium Citrate, Salt, Potassium Citrate, Artificial Color (If Colored), Cream, Sorbic Acid (Preservative), Enzymes, Soy Lecithin (Non-Sticking Agent) Allergen: egg, milk, wheat, soy

Bake Crafters Ham, Egg and Cheese on English Muffin
Ingredients (11/2017)
WG English Muffin: Water, Whole Wheat Flour, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Yeast, Wheat Gluten, Contains Less Than 2% of Each of the Following: Soybean Oil, Sugar, Salt, Calcium Propionate (Preservative), Fumaric Acid, Baking Soda, Monocalcium Phosphate, Calcium Sulfate, Ammonium Sulfate. Turkey Ham: Mechanically Separated Turkey, Water, Turkey, Modified Food Starch, Contains 2% or less of Salt, Potassium Lactate, Dextrose, Brown Sugar, Sodium Phosphate, Smoke Flavoring, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrate. Cheese: Cultured Skim Milk and Milk, Water, Sodium Citrate, Salt, Potassium Citrate, Artificial Color (if colored), Cream, Sorbic Acid (Preservative), Enzymes, Soy Lecithin (non-sticking agent) Allergen: milk, soy, wheat

Sunny Fresh Tac-Go with Eggs, Cheese and Ham
Ingredients (11/2017)
FRITTATA-Whole Eggs, Water, Pasteurized Process Cheddar Cheese (Cheddar Cheese [Pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto (Vegetable Color)]. Water, Cream, Sodium Phosphate, Salt, Apo-Carotenal [color], Enzymes), Diced Ham--Water and Smoke Flavoring added (Ham, Water, Salt, Dextrose, Sodium Phosphates, Smoke Flavoring, Sodium Erythorbate, Sodium Nitrite), Whole Milk Powder, Soybean Oil, Modified Food Starch, Salt, Xanthan Gum, Citric Acid, Soy Lecithin (release agent). WHOLE WHEAT FLOUR TORTILLA- Whole Wheat Flour, Water, Vegetable Shortening (Interesterified Soybean Oil, Fully Hydrogenated Soybean Oil), Contains 2% or less of the following: Sugar, Salt, Baking Powder (Sodium Bicarbonate, Corn Starch, Sodium Aluminum Sulfate, Calcium Sulfate, Monocalcium Phosphate), Vital Wheat Gluten, Monoglycerides, Preservatives (Potassium Sorbate, Calcium Propionate and/or Sodium Propionate), Fumaric Allergen: eggs, milk, wheat and soy
Sunny Fresh Tac-Go with Eggs, Cheese and Sausage
Ingredients (11/2017)
FRITTATA - Whole Eggs, Shredded Pasteurized Process Cheddar Cheese [Cheddar Cheese (Milk, Cheese Culture, Salt, Enzymes), Water, Sodium Phosphate, Milk Fat, Sodium Hexametaphosphate, Salt, Vegetable Color (Paprika and Annatto), Powdered Cellulose (to prevent caking)], Water, Cooked Turkey, Breakfast Sausage Crumbles [Turkey, Water, Contains less than 2% of the following: Salt, Spices, Dextrose, Sugar, Spice Extractives and Natural Flavoring], Soybean Oil, Whole Milk Powder, Modified Food Starch, Sausage Seasoning (Yeast Extract, Salt, Sugar, Spice, and Natural Flavors), Salt, Xanthan Gum, Citric Acid, Soy Lecithin (release agent). WHOLE WHEAT FLOUR TORTILLA - Whole Wheat Flour, Water, Vegetable Shortening (Interesterified Soybean Oil, Fully Hydrogenated Soybean Oil), Contains 2% or less of the following: Sugar, Salt, Baking Powder (Sodium Bicarbonate, Corn Starch, Sodium Aluminum Sulfate, Calcium Sulfate, Monocalcium Phosphate), Vital Wheat Gluten, Monoglycerides, Preservatives (Potassium Sorbate, Calcium Propionate and/or Sodium Propionate), Fumaric Acid. Allergen: eggs, milk, soy and wheat

Breakfast Pizza
Schwan’s WG Bacon Scramble Breakfast Pizza
Ingredients (11/2017)
Crust: white whole wheat flour, water, enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, yeast, vegetable oil (soybean and/or canola oil), contains 2% or less of: wheat gluten, leavening (sodium acid pyrophosphate, baking soda, monocalcium phosphate, calcium lactate), sea salt, corn starch, defatted soy flour, dough conditioner (wheat starch, l-cysteine hydrochloride, ammonium sulfate), enzymes (contains wheat); toppings: scrambled egg (whole eggs, skim milk, soybean oil, corn starch, salt, xanthan gum, citric acid), cheddar cheese (cultured pasteurized milk, salt, enzymes, annatto [color]), low moisture part skim mozzarella cheese (cultured pasteurized part skim milk, salt, enzymes), turkey bacon (white turkey, mechanically separated turkey, turkey fat, salt, sugar, water, contains 2% or less bacon type flavor [corn maltodextrin, acacia gum, natural and artificial flavor, hydrolyzed corn protein, yeast extract, modified corn starch, xanthan gum, succinic acid], natural smoke flavoring, sodium erythorbate, rosemary extract, smoke bacon flavor [maltodextrin, autolyzed yeast extract, natural flavor {contains natural smoke flavor}, sugar, salt], sodium nitrite, vegetable oil); sauce: skim milk, modified food starch, contains 2% or less of: cream, salt, spice, soy lecithin. Allergens: Milk, eggs, wheat, soy

Schwan’s WG Cheese/Cheese Substitute, Sausage & Country Gravy Breakfast Pizza
Ingredients (11/2017)
Crust: white whole wheat flour, water, enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, yeast, vegetable oil (soybean and/or canola oil), contains 2% or less of: wheat gluten, leavening (sodium acid pyrophosphate, baking soda, monocalcium phosphate, calcium lactate), sea salt, corn starch, defatted soy flour, wheat starch, l-cysteine hydrochloride, ammonium sulfate, enzymes (contains wheat). Toppings: cooked turkey pizza topping (turkey breakfast sausage [mechanically separated turkey, seasoning (salt, spices, dextrose, sugar, citric acid, natural flavor, soybean oil, bha, bht), water], textured vegetable protein [soy flour, caramel color], water), low moisture part skim mozzarella cheese (cultured pasteurized part skim milk, salt, enzymes), substitute mozzarella cheese (water, corn oil and/or soy oil, casein, modified food starch, whey, nonfat dry milk, natural flavor, sodium aluminum phosphate, salt, lactic acid, sodium phosphate, potassium chloride, citric acid, tricalcium phosphate, sorbic acid [preservative], xanthan gum, vitamin and mineral supplement [magnesium oxide, dicalcium phosphate, zinc oxide, iron, riboflavin (vitamin b2), pyridoxine hydrochloride (vitamin b6), cyanocobalamin (vitamin b12), niacinamide (vitamin b3), thiamine mononitrate (vitamin b1), vitamin a palmitate]). Sauce: nonfat milk, modified food starch, contains 2% or less of: cream, salt, spice, soy lecithin. Allergens: Milk, wheat, soy

Wilson School District Food Service Department
Schwan’s WG Turkey Sausage Breakfast Pizza
Ingredients (11/2017)
Crust: white whole wheat flour, water, enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavine, folic acid), sugar, yeast, vegetable oil (soybean and/or canola oil), contains 2% or less of: wheat gluten, leavening (sodium acid pyrophosphate, baking soda, monocalcium phosphate, calcium lactate), sea salt, corn starch, defatted soy flour, wheat starch, L-cysteine hydrochloride, ammonium sulfate, enzymes (contains wheat). Toppings: cooked turkey pizza topping (turkey breakfast sausage [mechanically separated turkey, seasoning (salt, spices, dextrose, sugar, citric acid, natural flavor, soybean oil, bha, bht), water], textured vegetable protein [soy flour, caramel color], water), low moisture part skim mozzarella cheese (cultured pasteurized part skim milk, salt, enzymes), substitute mozzarella cheese (water, corn oil and/or soy oil, casein, modified food starch, whey, nonfat dry milk, natural flavor, sodium aluminum phosphate, salt, lactic acid, sodium phosphate, potassium chloride, citric acid, tricalcium phosphate, sorbic acid [preservative], xanthan gum, vitamin and mineral supplement [magnesium oxide, dicalcium phosphate, zinc oxide, iron, riboflavin (vitamin b2), pyridoxine hydrochloride (vitamin b6), cyanocobalamin (vitamin b12), niacinamide (vitamin b3), thiamine mononitrate (vitamin b1), vitamin a palmitate]). Sauce: tomatoes (water, tomato paste [not less than 28% soluble solids]), maltodextrin, modified food starch, contains 2% or less of: spice, sugar, sea salt, hydrolyzed soy and corn protein, salt, paprika, dried garlic, powdered cellulose. Allergens: Milk, wheat, soy

Lunch Items
Chicken Products
Kings Delight, Unbreaded Chicken Patty, # 66208, 2.5 oz. = 2 oz. M/MA
Ingredients (11/2017)
Chicken breast with rib meat, water, vegetable protein product (isolated soy protein, magnesium oxide, zinc oxide, niacinamide, ferrous sulfate, vitamin b12, copper gluconate, vitamin a palmitate, calcium pantothenate, pyridoxine hydrochloride, thiamine mononitrate and riboflavin), seasoning (salt, sodium phosphate, spices, onion and garlic powder, grill flavor from vegetable oil and smoke flavoring. Allergens: Soy

Tyson, Wing, fully cooked, roasted, unbreaded (3 oz. portion)
Ingredients (11/2017)
Chicken breast tenderloins, water, seasoning [salt, maltodextrin, modified food starch, sodium diacetate, vinegar powder (maltodextrin, modified food starch, vinegar), dehydrated onion, dehydrated garlic, spice extractive, natural flavor, xanthan gum, guar gum, carob bean gum], modified food starch, sodium phosphates. BREADED WITH: Bleached wheat flour, salt, spices, dextrose, yeast, spice extractives, and extractives of paprika. BATTERED WITH: Water, wheat flour, modified corn starch, yellow corn flour, salt, sugar, leavening (sodium acid pyrophosphate, sodium bicarbonate), onion powder, spices, polysorbate 80, spice extractives, and extractives of paprika. PREDUSTED WITH: Bleached wheat flour and salt. Breading set in vegetable oil. GLAZED WITH: Distilled vinegar, corn syrup, aged cayenne peppers, water, salt, soybean oil, modified corn starch, xanthan gum, guar gum, caramel color, extractives of paprika, garlic powder. Allergens: Wheat

Tyson Oven Roasted Wings
Ingredients: (11/2017)
Chicken wing sections, water, contains 2% or less of the following: corn starch, salt, sodium phosphates, modified food starch, dextrose, tapioca starch, dextin, rice flour, leavening (sodium acid pyrophosphate, sodium bicarbonate), natural flavor, blanched in vegetable oil
Tyson, Tenders, fully cooked, Buffalo Glazed, 1 oz.
Ingredients (11/2017)
Chicken wing sections, water, contains 2% or less of the following: corn starch, salt, sodium phosphates, modified food starch, dextrose, tapioca starch, dextrin, rice flour, leavening (sodium acid pyrophosphate, sodium bicarbonate), natural flavor. Blanched in vegetable oil. CONTAINS: Modified Food Starch, possible Gluten

Tyson, fully cooked, Homestyle Breast Filet, breaded, 4 oz.
Ingredients (11/2017)
Boneless, skinless, chicken breast filets with rib meat, water, seasoning [chicken broth powder (chicken broth, salt, flavorings), salt, sugar, vegetable stock (carrot, onion, celery), maltodextrin, garlic powder, and flavors], modified food starch, sodium phosphates, soy protein concentrate. BREADED WITH: Wheat flour, water, salt, wheat gluten, leavening (sodium bicarbonate, sodium aluminum phosphate, monocalcium phosphate, sodium acid pyrophosphate), spices, garlic powder, dextrose, yellow corn flour, onion powder, extractives of paprika and turmeric, disodium inosinate and disodium guanylate, spice extractive. Breading set in vegetable oil. Allergens: Soy, wheat

Tyson, fully cooked, WG Breaded Hot 'n Spicy Patty, 3.5 oz.
Ingredients (11/2017)
Chicken, water, textured soy protein concentrate, isolated soy protein, seasoning [brown sugar, salt, onion powder, chicken stock, canola oil, yeast extract, carrot powder, vegetable stock (carrot, onion, celery), garlic powder, maltodextrin, flavors, silicon dioxide, citric acid and spice], seasoning (potassium chloride, rice flour), sodium phosphates. BREADED WITH: Whole wheat flour, enriched wheat flour (enriched with niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, modified wheat starch, salt, spices, onion powder, sugar, modified corn starch, wheat gluten, yeast extract, garlic powder, extractives of paprika, maltodextrin, lactic acid, leavening (sodium acid pyrophosphate, sodium bicarbonate), natural flavors, dextrose, spice extractive. Breading set in vegetable oil. Allergens: soy, wheat

Tyson, fully cooked, Chicken Patty, Unbreaded with grill marks, 3 oz.
Ingredients (11/2017)
Boneless, skinless chicken breast filets with rib meat, water, seasoning [maltodextrin, salt, sugar, chicken stock, vegetable stock (carrot, onion, celery), flavors, carrot powder and garlic powder], modified food starch, sodium phosphates, soy protein concentrate, sea salt. Allergen: Soy

Chicken Fingers
Ingredients: (11/2017)
Chicken breast tenders (chicken raised without antibiotics), water, corn starch, salt. Predusted and battered with: water, rice flour, corn starch, salt, spices and extractives (including extractive of paprika and extractive of turmeric), garlic powder, onion powder. Breaded with: corn flake crumb (yellow corn meal, sugar, salt), salt, soybean oil, corn starch, spices and spice extractives (including extractives of paprika), rice flour, tapioca dextrin Allergen: soy

Tyson, fully cooked, Grilled Breast Strips, with Grill marks, 1 oz.
Ingredients (11/2017)
Boneless, skinless chicken breast strips with rib meat, water, seasoning [maltodextrin, salt, sugar, chicken stock, vegetable stock (carrot, onion, celery), flavors, carrot powder and garlic powder], modified food starch, sodium phosphates, soy protein concentrate, sea salt. Allergen: soy, not gluten free
**Tyson Chicken Tenders, WG, Golden Crispy Tenders, 1.13 oz. (3 pc = 2 Meat + 1 Grain)**

*Ingredients (11/2017)*

Chicken, water, textured soy protein concentrate, isolated soy protein, seasoning [brown sugar, salt, onion powder, chicken stock, canola oil, yeast extract, carrot powder, vegetable stock (carrot, onion, celery), garlic powder, maltodextrin, flavors, silicon dioxide, citric acid and spice], seasoning (potassium chloride, rice flour), sodium phosphates. BREADED WITH: Whole wheat flour, water, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), salt, wheat gluten, sugar, dried onion, dried garlic, torula yeast, spice, dextrose, dried yeast, turmeric extract (color), paprika extract (color). Breading set in vegetable oil **Allergen: soy and wheat**

**Tyson, fully cooked, Chicken Patty, Unbreaded with grill marks, 3 oz.**

*Ingredients (11/2017)*

Boneless, skinless chicken breast filets with rib meat, water, seasoning [maltodextrin, salt, sugar, chicken stock, vegetable stock (carrot, onion, celery), flavors, carrot powder and garlic powder], modified food starch, sodium phosphates, soy protein concentrate, sea salt. **Allergen: Soy**

**Tyson Chicken Nuggets, fully cooked, WG, .7 ounce (5 pc = 2 oz. Meat and 1 oz. Grain)**

*Ingredients (11/2017)*

Chicken, water, textured soy protein concentrate, isolated soy protein, seasoning [brown sugar, salt, onion powder, chicken stock, canola oil, yeast extract, carrot powder, vegetable stock (carrot, onion, celery), garlic powder, maltodextrin, flavors, silicon dioxide, citric acid and spice], seasoning (potassium chloride, rice flour), sodium phosphates. BREADED WITH: Whole wheat flour, water, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), salt, wheat gluten, sugar, dried onion, dried garlic, torula yeast, spice, dextrose, dried yeast, turmeric extract (color), paprika extract (color). Breading set in vegetable oil. **Allergen: soy and wheat**

**Tyson Popcorn Chicken, fully cooked, .28 ounces (12 pc = 2 oz. Meat and 1 oz. Grain)**

*Ingredients (11/2017)*

Chicken, water, textured soy protein concentrate, isolated soy protein, seasoning [brown sugar, salt, onion powder, chicken stock, canola oil, yeast extract, carrot powder, vegetable stock (carrot, onion, celery), garlic powder, maltodextrin, flavors, silicon dioxide, citric acid and spice], seasoning (potassium chloride, rice flour), sodium phosphates. BREADED WITH: Whole wheat flour, water, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), salt, wheat gluten, sugar, dried onion, dried garlic, torula yeast, spice, dextrose, dried yeast, turmeric extract (color), paprika extract (color). Breading set in vegetable oil. **Allergen: soy and wheat**

**The Max Chicken Quesadilla**

*Ingredients (11/2017)*

Water, White Meat Chicken (Chicken Breast Meat with Rib Meat, Water, Seasoning [Hydrolyzed Corn Gluten, Onion Powder, Salt, Spices, Maltodextrin, Garlic Powder, Citric Acid, Spice and Coloring {contain paprika}, Natural Flavoring & Artificial Flavoring, Disodium Guanylate, Disodium Inosinate], Potato Starch, Sodium Phosphates), Whole Wheat Flour, Enriched Wheat Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Mozzarella Cheese (Pasteurized Part Skim Milk, Cheese Cultures, Salt, Enzymes), Soybean Oil, Tomato Paste (Not less than 31% NTSS), Soy Flour, Casein, Contains 2% or less of: Milk Protein Concentrate, Modified Corn Starch, Salsa Seasoning (Salt, Sugar, Dehydrated Onion and Garlic, Dehydrated Jalapeno Pepper, Citric Acid, Xanthan Gum, Spice, Dehydrated Cilantro, Potassium Sorbate), Salt, Modified Potato Starch, Baking Powder (Sodium Bicarbonate, Sodium Aluminum Sulfate, Cornstarch, Monocalcium Phosphate, Calcium Sulfate), Dextrose, Sodium Aluminum Phosphate, Dough Conditioner (Wheat Flour, Salt, Soy Oil, L.
Foster Farms, Whole Grain Mini Chicken Corn Dogs
Ingredients (12/2017)
**BATTER:** WATER, WHOLE WHEAT FLOUR, WHOLE GRAIN CORN, SUGAR, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), SOY FLOUR, SOYBEAN OIL, SALT, EGG YOLK WITH SODIUM SILICOALUMINATE, ASCORBIC ACID, EGG WHITE, DRIED HONEY, ARTIFICIAL FLAVOR. FRIED IN VEGETABLE OIL.
**FRANK:** MECHANICALLY SEPARATED CHICKEN, WATER, CORN SYRUP SOLIDS, CONTAINS 2% OR LESS OF SPICES, SALT, POTASSIUM LACTATE, POTASSIUM ACETATE, SODIUM PHOSPHATE, POTASSIUM CHLORIDE, FLAVORINGS, SODIUM ERYTHORBATE, SODIUM DIACETATE, SODIUM NITRITE. **Allergens:** WHEAT, SOY, EGGS, AND GLUTEN

Foster Farms, Whole Grain Chicken Corn Dog, 4 oz.
Ingredients (12/2017)
**BATTER INGREDIENTS:** WATER, WHOLE WHEAT FLOUR, WHOLE GRAIN CORN, SUGAR, CONTAINS 2% OR LESS OF LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), SOY FLOUR, SOYBEAN OIL, SALT, EGG YOLK WITH SODIUM SILICOALUMINATE, ASCORBIC ACID, EGG WHITE, DRIED HONEY, ARTIFICIAL FLAVOR. FRIED IN VEGETABLE OIL.
**CHICKEN FRANK INGREDIENTS:** MECHANICALLY SEPARATED CHICKEN, WATER, CORN SYRUP SOLIDS, CONTAINS LESS THAN 2% OF SPICES, SALT, POTASSIUM LACTATE, POTASSIUM ACETATE, SODIUM PHOSPHATE, POTASSIUM CHLORIDE, FLAVORINGS, SODIUM ERYTHORBATE, SODIUM DIACETATE, SODIUM NITRITE. **Allergens:** WHEAT, SOY, EGG

Veal
Advance Pierre Oven Ready Veal Pattie
Ingredients: (11/2017)
**INGREDIENTS:** VEAL, BEEF, WATER, TEXTURED VEGETABLE PROTEIN PRODUCT [SOY PROTEIN CONCENTRATE, ZINC OXIDE, NIACINAMIDE, FERROUS SULFATE, COPPER GLUCONATE, VITAMIN A PALMITATE, CALCIUM PANTOTHENATE, THIAMINE MONONITRATE (B1), PYRIDOXINE HYDROCHLORIDE (B6), RIBOFLAVIN (B2), AND CYANOCOBALAMIN (B12)], SEASONING [DEXTROSE, SALT, AUTOLYZED YEAST, ONION POWDER, GARLIC POWDER, NATURAL FLAVOR (SPICE EXTRACTIVES)]. BREADED WITH: ENRICHED BLEACHED FLOUR (WHEAT FLOUR, Niacin, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), BLEACHED WHEAT FLOUR, DEXTROSE, SALT, A BLEND OF ROMANO AND PARMESAN CHEESES (MADE FROM PASTEURIZED COW'S MILK, CHEESE CULTURES, SALT, SODIUM SILICOALUMINATE,, SORBIC ACID [PRESERVATIVE], ENZYMES), SPICES, WHEY, SOYBEAN OIL, YEAST, GARLIC POWDER, ONION POWDER, COLORED WITH EXTRACTIVES OF PAPRIKA, TURMERIC AND ANNATTO, NATURAL FLAVOR. BATTERED WITH: WATER, YELLOW CORN FLOUR, CORN STARCH, SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), NATURAL FLAVOR. **Allergen:** soy, wheat and milk

Pizza
The Max Pizza Quesadilla
**Ingredients** (11/2017)
Water, Mozzarella Cheese (Pasteurized Part Skim Milk, Cheese Cultures, Salt, Enzymes), Whole Wheat Flour, Enriched Wheat Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Tomato Paste (Not Less Than 31% Ntss), Soybean Oil, Soy...
Flour, Casein, Contains 2% Or Less Of: Milk Protein Concentrate, Modified Corn Starch, Salsa Seasoning(Salt, Sugar, Dehydrated Onion And Garlic, Dehydrated Jalapeno Pepper, Citric Acid, Xanthan Gum, Spice, Dehydrated Cilantro, Potassium Sorbate), Salt, Modified Potato Starch, Baking Powder (Sodium Bicarbonate, Sodium Aluminum Sulfate, Cornstarch, Monocalcium Phosphate, Calcium Sulfate), Dextrose, Sodium Aluminum Phosphate, Dough Conditioner (Wheat Flour, Salt, Soy Oil, L-Cysteine, Ascorbic Acid, Enzymes), Vinegar, Wheat Gluten, Cheddar Cheese Flavor (Cheddar, Blue And Semi-Soft Cheese [Pasteurized Milk, Cheese Cultures, Salt, Enzymes], Water, Whey, Salt, Citric Acid), Disodium Phosphate, Mozzarella Cheese Type Flavor (Cheese [Milk, Culture, Rennet, Salt], Milk Solids, Disodium Phosphate), Lactic Acid, Sorbic Acid (Preservative), Paprika Annatto Blend (Natural Extractives Of Annatto Seeds And Paprika With Mono-, Di-, And Triglycerides, Soybean And/Or Canola Oil, Other Natural Flavors, Tocopherol And Potassium Hydroxide), Nutrient Blend (Magnesium Oxide, Zinc Oxide, Calcium Pantothenate, Riboflavin And Vitamin B-12), Vitamin A Palmitate

**Giorgio Calzone**

Ingredients (11/2017)

Water, Low Moisture Part Skim Mozzarella Cheese (Pasteurized Part Skim Milk, Cultures, Salt, Enzymes), Whole Wheat Flour, Enriched Unbleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate(Vitamin B1), Riboflavin (Vitamin B2), Folic Acid), Ricotta Cheese (Pasteurized Whole Milk, Vinegar, Salt), Tomato Paste (Water, Tomatoes), Wheat Protein Isolate (Wheat Gluten, Lactic Acid, and Sulfite), Sugar, Contains 2% or Less of Romano Cheese [Romano Cheese (Pasteurized Cow’s Milk, Cheese Cultures, Salt, Enzymes), Anti-Caking (Cellulose / Corn Starch)], Modified Wheat Starch, Soy Protein Isolate, Oil (May Contain Soy, Olive, Canola or Cotton Seed Oils), Yeast, Parmesan Cheese [Imported Parmesan Cheese (Pasteurized Part Skim Milk, Cheese Cultures, Salt, Enzymes), Corn Starch, & Powdered Cellulose to prevent Caking], Salt, Garlic, Basil, Oregano, Marjoram, Parsley

Allergen: milk, soy, wheat

**Giorgio Pepperoni Stromboli**

Ingredients (11/2017)

Crust: Whole Wheat Flour, Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Soybean Oil, Dry Yeast, Baking Soda, Baking Powder, Salt, Pasteurized Dried Egg Yolks (Less Than 2% Sodium Silicoaluminate Added). Filling: Pepperoni (Pork And Beef, Salt, Spices, Dextrose, Oleoresin Of Paprika, Flavoring, Lactic Acid, Starter Culture, Sodium Nitrite), Pepperoni, BHA, BHT, And Citric Acid Added To Help Protect Flavor (Pork, Beef, Salt, Spices, Dextrose, Lactic Acid Starter Culture, Oleoresin Of Paprika, Flavorings, Sodium Nitrite, BHA, BHT, Citric Acid), Reduced Sodium Low Fat Mozzarella Cheese (Low Fat Mozzarella Cheese [Pasteurized Part-Skim Milk, Cultures, Salt, Enzymes], Nonfat Milk, Modified Food Starch*, Potassium Chloride*, *Ingredients Not In Regular Mozzarella Cheese), Water, Low Moisture Part Skim Mozzarella Cheese (Pasteurized Part Skim Milk, Cultures, Salt, Enzymes), Modified Food Starch

Allergen: wheat, milk, soy and egg

**The Max Pizza Sticks**

Ingredients (11/2017)

Mozzarella cheese (pasteurized part skim milk, cheese cultures, salt, enzymes), whole wheat flour, enriched wheat flour (bleached wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, contains 2% or less of: dextrose, soybean oil, baking powder (sodium bicarbonate, sodium aluminum sulfate, cornstarch, monocalcium phosphate, calcium sulfate), salt, wheat gluten and/or dough conditioners (wheat flour, salt, soy oil, L-cysteine, ascorbic acid), soy flour

Allergen: wheat, milk and soy
Giorgio Round Personal Pizza
Ingredients (11/2017)
Crust: water, whole wheat flour, unbleached enriched wheat flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin and folic acid), wheat protein isolate, sugar, soy protein isolate, modified wheat starch, yeast, salt, canola oil. Topping: mozzarella cheese (pasteurized whole and/or part skim milk, cultures, salt, enzymes), pepperoni (pork, beef, salt, water, paprika, dextrose, natural spices, smoke flavoring, lactic acid starter culture, vitamin C, flavoring, garlic powder, sodium nitrate. Sauce: tomatoes (water, tomato paste), sugar, garlic, basil, salt, oregano Allergens: milk, soy, wheat

Schwan’s Food Service, French bread Pizza
Ingredients (11/2017)
French bread (water, whole wheat flour, enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), vital wheat gluten, soybean oil contains 2% or less of sugar, dough conditioner (wheat flour, ascorbic acid, enzymes), yeast, sea salt, salt, soy lecithin, nonfat dry milk), low moisture part skim mozzarella cheese (cultured, pasteurized part skim milk, salt, enzymes), sauce (water, tomato paste (31% NTSS), seasoning, (modified food starch, sugar, dextrose, sea salt, contains 2% or less of dried onion, spice, dehydrated romano cheese (cultured pasteurized sheeps and cows milk, salt, enzymes), paprika, dried garlic, citric acid) Allergen: milk, wheat and soy

The Max Stuffed Crust Pizza
Ingredients (11/2017)
Mozzarella cheese (pasteurized part skim milk, cheese cultures, salt, enzymes), water, whole wheat flour, enriched wheat flour (bleached wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), tomato paste (not less than 31% NTSS), contains 2% or less of: pizza seasoning (salt, sugar, spices, dehydrated onion, guar and xanthan gum, garlic powder, potassium sorbate, citric acid), soybean oil, dextrose, baking powder (sodium bicarbonate, sodium aluminum sulfate, cornstarch, monocalcium phosphate, calcium sulfate), dough conditioner (wheat flour, salt, soy oil, L. Cysteine, ascorbic acid, enzyme), and/or wheat gluten, salt, modified corn starch, soy flour Allergen: milk, soy and wheat

Mickey’s Pizza, WG Crust, 8 cut
Ingredients (11/2017)
CRUST: 55/45 Flour Blend (Whole Grain Wheat Flour, Enriched Bleached Flour [Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid]), Water, Lower Sodium Sea Salt (with Potassium Chloride, Magnesium Chloride, Magnesium Sulfate), Butter (Cream [Milk]), Yeast CHEESE: Low-Moisture Part-Skim Mozzarella Cheese (Pasteurized Part-Skim Milk, Cultures, Salt, Enzymes), Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto Color) SAUCE: Water, Tomato Concentrate (Water, Tomato Paste), Sugar, Salt, Spice, Garlic Powder, Lower Sodium Sea Salt (with Potassium Chloride, Magnesium Chloride, Magnesium Sulfate), Citric Acid. Allergens: Wheat, Milk prepared in a facility where eggs are used.

Mickey’s Pizza, NON-Whole Grain, White Crust, 8 cut
Ingredients (11/2017)
Meat

Advance Pierre, fully cooked meatloaf with cheese added topped with ketchup
Ingredients: (11/2017)
Ground Beef (No More Than 20% Fat), Pasteurized Process Cheddar Cheese (Cheddar Cheese (Milk, Cheese Culture, Salt And Enzymes), Water Sodium Phosphate, Cream, Salt, Sorbic Acid (Preservative) Apo-Carotenal (Color)), Bread Crumbs (Whole Wheat Flour, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Yeast, Ascorbic Acid, Seasoning (Tomato Powder, Salad Mustard Powder ((Distilled Vinegar, Mustard Seed, Salt, Turmeric), Maltodextrin, Modified Corn Starch, Spice Extractive), Onion Powder, Dextrose, Sugar, Garlic Powder, Dehydrated Onion, Beef Stock, Natural Flavors, Maltodextrin, Gum Arabic, Spice, Grill Flavor (From Sunflower Oil)), Water, Onions, Salt, Oleoresin Rosemary. Glazed With: Ketchup (Tomato Concentrate (Water, Tomato Paste), Sugar, Distilled Vinegar, Salt, Onion Powder, Spice, Natural Flavor. Allergens: Wheat, Milk

Ingredients (11/2017)
Maid-Rite Salisbury Steak
Ground Beef (Not More Than 20% Fat), Water, Textured Vegetable Protein (Soy Protein Concentrate, Caramel Color), Breadcrumbs (Enriched Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid]), Corn Syrup, Sugar, Vegetable Shortening [One Or More Of The Following: Hydrogenated Soybean Oil And/Or Cottonseed Oil], Yeast, Contains 2% Or Less Of The Following: Salt, Soy Flour, Whey, Sodium Stearoyl 2 Lactylate, Calcium Propionate, Sesame Seeds), Seasoning (Salt, Dehydrated Onions, Hydrolyzed Soy Protein, Spices, Spice Extracts), Caramel Color
Allergen: milk, soy, wheat

Kunzler, Smoked Ham, presliced, 2.5 oz. = 2 oz. M/MA
Ingredients: (11/2017)
Cured With: Water, Dextrose, Contains Less than 2% of: Sugar, Potassium Chloride, Salt, Vinegar Powder, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite, Flavorings. NO Common Allergens.

Berks, Grill Hot Dog, Reduced Sodium, CN Label, 8/lb.
INGREDIENTS: (11/2017)
Beef and Pork, WATER, Salt, FLAVORINGS, Hydrolyzed Soy Protein, SODIUM PHOSPHATE, PAPRIKA, Spices, SODIUM ERYTHORBATE, SODIUM NITRITE. NO Common Allergens.

Mama Giovanni Beef, Chicken and Pork Meatballs, 1 oz.
Ingredients (11/2017)
Beef, chicken mechanically-separated, water, pork, soy protein concentrate, textured soy protein (soy flour, caramel color), onions, contains 2% or less of each of the following: beef base (roasted beef including natural beef juices, salt, hydrolyzed corn gluten protein, hydrolyzed soy protein, natural flavorings, corn oil, potato flour, caramel color, bread crumbs (wheat flour, salt, yeast), corn syrup solids, dehydrated garlic, dehydrated onions, grill flavor (from sunflower oil), maltodextrin, natural flavorings, parsley flakes, pepper (black and white), romano cheese (from sheep milk, salt, enzymes), salt, sugar, turmeric extract Allergens: gluten, milk, soy, wheat

Maid-Rite, Gluten-Free and Soy-Free Meatballs
Ingredients: (11/2017)
Ground Beef (Not More Than 20% Fat), Water, Rice Flour, Romano Cheese (Pasteurized Sheep's Milk, Cultures, Rennet, Salt), Salt, Fresh Garlic, Parsley Flakes, Black Pepper, Dehydrated Chopped Onion Allergen: milk
Maid-Rite Beef Patty Charboiled, PUB-Burger, low sodium  
**Ingredients (11/2017)**  
Ground Beef (Not More Than 20% Fat), Water, Textured Vegetable Protein (Soy Flour, Caramel Color), Seasoning (Grill Flavor Maltodextrin, Grill Flavor (From Vegetable Oil), Modified Corn Starch, Corn Syrup Solids), Dextrose, Salt, Flavoring, Citric Acid), Salt, Caramel Color **Allergen: soy**

Kunzler Ham Capicola, Pre-sliced  
**Ingredients (11/2017)**  
(Water added): Cured with: Water, 2% or Less of: Salt, Sodium Lactate, Sugar, Sodium Phosphates, Carrageenan, Natural Flavorings, Sodium Diacetate, Paprika, Sodium Erythorabate, Sodium Nitrate, Dextrose. NO Common Allergens.

Jones Dairy Farms, Sausage Patty, 1.25 oz.  
Ground pork (no more than 30% fat), water, vegetable product (isolated soy protein, magnesium oxide, zinc oxide, niacinamide, ferrous sulfate, vitamin B12, copper gluconate, vitamin A palmitate, calcium pantothenate, pyridoxine hydrochloride, thiamine mononitrate, riboflavin), salt, spices, dextrose, potassium chloride, sugar **Allergen: soy**

Cudahy Bacon  
**Ingredients (11/2017)**  
Bacon cured with: water, salt, sugar, natural smoke flavor, sodium phosphate, sodium erythorbate sodium nitrite

Jones Dairy Farm, Sausage Links  
**Ingredients (11/2017)**  
Ground Pork (no more than 30% fat), Water, Textured Vegetable Protein Product (Soy Protein Concentrate, Caramel Color, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate, Pyridoxine Hydrochloride, Riboflavin, Cyanocobalamin), Salt, Spices, Dextrose, Potassium Chloride, Sugar **Allergens: soy**

**Turkey**  
Jennie-O Shredded Turkey and Gravy  
**Ingredients (11/2017)**  
Ingredients: Turkey, Water, Contains 2% or less Modified Food Starch, Salt, Chicken Base (Chicken Meat Including Chicken Juices, Salt, Hydrolyzed Soy And Corn Protein, Sugar, Natural Flavorings, Potato Flour, Autolyzed Yeast Extract, Carrot Powder, Turmeric), Sodium Phosphate, Celery Salt, Onion Salt, Flavoring. **Allergens: Soy**

Foster Farms, Whole Grain Mini Maple Turkey Pancake Wraps  
**Ingredients (12/2017)**  
**BATTER:** WATER, WHOLE WHEAT FLOUR, SUGAR, SOYBEAN OIL, CONTAINS LESS THAN 2% OF LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), NATURAL AND ARTIFICIAL SWEET MAPLE FLAVOR (MODIFIED CORN STARCH, ACESULFAME POTASSIUM, NATURAL FLAVORING, MAPLE SYRUP, CARAMEL COLOR), EGG YOLK, SALT, ARTIFICIAL FLAVOR, SOY FLOUR. FRIED IN VEGETABLE OIL. **GROUND TURKEY,** MECHANICALLY SEPARATED TURKEY AND VEGETABLE PROTEIN LINK: GROUND TURKEY, MECHANICALLY SEPARATED TURKEY, WATER, TEXTURED VEGETABLE PROTEIN PRODUCT (SOY PROTEIN CONCENTRATE, CARAMEL COLOR, ZINC OXIDE, NIACINAMIDE, FERROUS SULFATE, COPPER GLUCONATE, VITAMIN A PALMITATE, CALCIUM PANTOTHENATE, THIAMINE MONONITRATE, PYRIDOXINE HYDROCHLORIDE, RIBOFLavin, CYANOCOBALAMIN), CONTAINS 2% OR LESS OF SALT, POTASSIUM LACTATE, POTASSIUM ACETATE, SPICES, SODIUM PHOSPHATE, POTASSIUM CHLORIDE, SUGAR, CARAMEL COLOR, SODIUM DIACETATE, SODIUM NITRITE. **Allergens: WHEAT, SOY, EGGS AND GLUTEN**
Fish
USDA Tuna Chunk Light, Canned
Ingredients (11/2017)
Tuna, water, vegetable broth Allergen: fish and soy

High Liner, Crunchy Breaded Pollock, Nuggets
Ingredients (11/2017)
66.0% Seafood Mix (Fish: 52.8% [51.2% Pollock, 1.55% water, 0.05% sodium tripolyphosphate (to retain moisture)]; Water: 8.9%; Vegetable Protein Product: 2.8% (isolated soy protein, magnesium oxide, zinc oxide, niacinamide, ferrous sulfate, vitamin B12, copper gluconate, vitamin A palmitate, calcium pantothenate, pyridoxine hydrochloride, thiamine mononitrate, riboflavin), Seasonings: 1.5% [salt, sodium phosphate, maltodextrin, dextrose, autolyzed yeast, natural flavors, polysorbate 80 (emulsifier)]). Batter & Breading: 34.0%; Whole wheat flour, water, enriched wheat flour (flour, niacin, ferrous sulfate, reduced iron, thiamine mononitrate, riboflavin, folic acid), modified corn starch, whole yellow corn meal, contains 2% or less of: yellow corn flour, sugar, salt, yeast, dried whey, autolyzed yeast extract, leavening (sodium bicarbonate, monocalcium phosphate), modified cellulose, dried onion, caramel color, extractives of paprika, annatto and turmeric (color). Prefried in canola, cottonseed and/or soybean oil Allergens: fish, wheat, soy, milk

High Liner, Crunchy Breaded Pollock Sticks
Ingredients (11/2017)
64.2% Alaska Pollock; 35.8% batter & breading: enriched wheat flour (flour, niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid), whole wheat flour, water, modified corn starch, whole grain yellow corn meal, contains 2% or less of: yellow corn flour, sugar, salt, yeast, dried whey, autolyzed yeast extract, leavening (sodium bicarbonate, monocalcium phosphate), modified cellulose, dried onion, caramel color, extractives of paprika, annatto, and turmeric (color). Prefried in canola, cottonseed, and/or soybean oil Allergens: fish, wheat, milk

High Liner, Crunchy Breaded Pollock Rectangles
Ingredients (11/2017)
60% Alaska Pollock; 20.25% breading: enriched bleached wheat flour (flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), salt, dextrose, yellow corn flour, yeast, partially hydrogenated soybean oil, oleoresin paprika, natural flavor; 17.55% batter: water, modified food starch, yellow corn flour, bleached wheat flour, salt, granulated garlic, spices, natural flavorings, dry whole eggs; 2.20% dry whole eggs. Fried in soybean and/or canola oil Allergen: fish, wheat, eggs

Pasta/Rice
Dakota, Macaroni, Elbow, 51% Whole Grain
Ingredients (11/2017)
Whole Durum Wheat Flour, durum wheat semolina, durum wheat flour, niacin, iron (ferrous sulfate), thiamin mononitrate, riboflavin, and folic acid. Allergen: Wheat

Barilla, Rotini
Ingredients: (11/2017)
SEMOLINA (WHEAT), DURUM WHEAT FLOUR. VITAMINS/MINERALS: VITAMIN B3 (NIACIN), IRON (FERROUS SULFATE), VITAMIN B1 (THIAMINE MONONITRATE), VITAMIN B2 (RIBOFLAVIN), FOLIC ACID
Allergen: wheat and eggs
Uncle Ben’s Brown Rice, Whole Grain
Ingredients (11/2017)
Long grain parboiled brown rice

Barilla, Whole Grain Penne
Ingredients (11/2017)
Whole grain durum wheat flour, semolina (wheat), durum wheat four, oat fiber **Allergen: wheat**

Cheese
Ingredients (11/2017)
Land O’ Lakes American Cheese
Cultured Pasteurized milk and skim milk, why protein concentrate, salt, sodium citrate, contains less than 2% of lactic acid, sorbic acid (preservative), xanthan gum, locust bean gum, guar gum, beta-carotene and apo-carotenal (colors), vitamin A palmitate, enzymes, soy lecithin and soybean oil blend **Allergen: milk, soy**

Land O’ Lakes Mozzarella String Cheese Stick, 1 oz.
Ingredients (11/2017)
Pasteurized part-skim milk, cheese cultures, salt, enzymes **Allergen: milk**

Land O’ Lakes Co-Jack Cheese Stick
Ingredients: (11/2017)
Cultured pasteurized milk, salt, enzymes, annatto (color) **Allergen: milk**

Potatoes
Basic American Instant Potato Pearls
Ingredients: (11/2017)
Potato (dry), canola oil (preserved with citric acid and bht), salt, contains 2% or less of: artificial color, mono and diglycerides, natural and artificial flavor. Freshness preserved with sodium bisulfite and bht. **Allergens: Milk and sulfite ingredients.**

Lamb Weston Potatoes, 3/8” Colossal Fries
Ingredients (11/2017)
Potatoes, Vegetable Oil (Contains One or More of the Following: Canola, Palm, Soybean, Sunflower), Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Rice Flour, Dextrin, Modified Corn Starch, Salt, Corn Starch, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Xanthan Gum, Dextrose, Color (Caramel, Annatto). **Allergens: Wheat**

Mrs. T’s Potato and American Cheese Filled Pasta
Ingredient: (11/2017)
Water, whole wheat and enriched durum flours (whole wheat flour, durum flour, niacin, ferrous sulfate (reduced iron), thiamine mononitrate, riboflavin, folic acid), process American cheese (cheese pasteurized milk, cultured milk, skim milk, cheese cultures, salt, enzymes, calcium chloride), water, cream, sodium citrate or sodium phosphate (emulsifier), milk fat, salt, sorbic acid, acetic acid or lactic acid (preservative), artificial color or annatto (color), dehydrated potatoes (potatoes, mono and diglycerides, sodium acid pyrophosphate, citric acid), dry whole eggs, soy protein isolate, salt, granulated onion, spice **Allergen: wheat, milk, soy and egg**
Mrs. T’s Potato and American Cheese Filled Mini Pasta with Whole Grain Dough
Ingredients: (11/2017)
Water, whole wheat flour and enriched durum flour (whole wheat flour, durum flour, niacin, ferrous sulfate (reduced iron), thiamine mononitrate, riboflavin, folic acid), process American cheese (cheese (pasteurized milk, cultured milk, skim milk, cheese cultures, salt, enzymes, calcium chloride), water, cream, sodium citrate or sodium phosphate (emulsifier), milk fat, salt, sorbic acid, acetic or lactic acid (preservative), artificial color or annatto (color), soy protein isolate, dry whole eggs, dehydrated potatoes (potatoes, mono and diglycerides, sodium acid pyrophosphate, citric acid), food starch modified, oat fiber, natural flavor, spice Allergen: wheat, milk, soy and egg

Mrs. T’s Mini Classic Cheddar Pierogies in Marinara Sauce
Ingredients: (11/2017)
Marinara sauce (water, tomato paste, tomatoes, sugar, soybean oil, olive oil, garlic, natural flavor, onion, oregano, basil, spice), potato cheddar stuffed pasta (water, enriched flour (wheat flour, niacin, iron, thiamine, riboflavin, folic acid), potato flakes (potato, mono and diglycerides, sodium acid pyrophosphate, citric acid), soybean oil, salt, dehydrated cheddar cheese (cheddar cheese (pasteurized milk, cheese cultures, salt, enzymes), disodium phosphate), eggs, onion, natural flavor, yeast extract, whey, spice, annatto and turmeric (color) Allergen: wheat, soy, egg and milk

McCain, Ore-Ida, Tater Tots, Potato
Ingredients (11/2017)
Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn). Contains 2% or less of Dextrose, Natural Flavor, Salt, Sodium Acid Pyrophosphate Added To Maintain Natural Color

Lamb Weston, Tater Puffs, Supreme
Ingredients (11/2017)
Potatoes, Vegetable Oil (Contains One or More of the Following: Canola, Palm, Soybean, Sunflower), Salt, Corn Flour, Dehydrated Potato, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Beans
Bush’s, Garbanzo Chick Peas, #10
Ingredients (11/2017)
Prepared chick peas, water, salt, calcium chloride, and disodium EDTA

Bush’s, Vegetarian Baked Beans, #10
Ingredients (11/2017)
Prepared white beans, water, brown sugar, sugar, salt, mustard, (vinegar, water, mustard seed, salt, turmeric, paprika), modified corn starch, onion powder, caramel color, spices, garlic powder, and natural flavor.

Condiments
Heinz Americana Syrup
Ingredient: (11/2017)
CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, WATER, NATURAL AND ARTIFICIAL MAPLE FLAVOR, POTASSIUM SORBATE AS PRESERVATIVE, CARAMEL COLOR, CITRIC ACID.
**Red Gold, Salsa, #10**
**Ingredients (11/2017)**
Tomato Puree, Diced Tomatoes in Tomato Juice, Jalapenos, Distilled Vinegar, Contains Less Than 2% of: Dehydrated Onion, Salt, Sea Salt, Natural Flavors, Sugar, Dehydrated Garlic, Vitamin C (Ascorbic Acid), Spices, Vitamin E (DL-alpha tocopheryl acetate), Vitamin A (Retinol Palmitate).

**Red Gold Ketchup, 9 gm packet or #10**
**Ingredients (11/2017)**

**Red Gold, Tomato Ketchup, 115 oz.**
**Ingredients: (11/2017)**
Tomato concentrate, high fructose corn syrup, distilled vinegar, corn syrup, salt, less than 2% of: spice, onion powder, natural flavors

**Kraft Light Mayo, packets**
**Ingredients (11/2017)**
Water, Soybean Oil, Modified Food Starch*, Vinegar, Sugar, Maltodextrin*, Salt, Natural Flavor, Eggs, Mustard Flour, Lactic Acid*, Potassium Sorbate* (to Protect Flavor), Phosphoric Acid, Dried Onions, Dried Garlic, Calcium Disodium EDTA (to protect flavor), Beta Carotene (Color) **Allergen: soy**

**Kraft Philadelphia Cream Cheese Cups**
**Ingredients (11/2017)**
Pasteurized milk, skim milk and cream, water, milk protein concentrate, whey protein concentrate, salt, lactic acid, carob bean gum, carrageenan, sorbic acid (as a preservative), natural flavor, cheese culture, vitamin A palmitate **Allergen: milk**

**Smucker’s Assorted Jelly Packs**
**Ingredients (11/2017)**
High fructose corn syrup, corn syrup, grape juice, apple juice, fruit pectin, citric acid

**Cain’s French Dressing, pkt.**
**Ingredients (11/2017)**
Soybean oil, distilled vinegar, high fructose corn syrup, water, tomato paste, salt, spice, garlic, onion, xanthan gum, propylene glycol alginate, oleoresin paprika, artificial color (Carotenal), beet juice concentrate and natural flavors, calcium disodium edta added to protect flavor **Allergen: soy**

**Cain’s Creamy Caesar Dressing, gallon**
**Ingredients (11/2017)**
Soybean oil, water, romano cheese (pasteurized milk, culture, salt, enzymes, starch, cellulose), high fructose corn syrup, corn syrup, lemon juice (from concentrate), garlic juice, egg yolk, nonfat dry milk, lactic acid, salt, anchovy paste (fish), Worcestershire sauce (vinegar, molasses, water, corn syrup solids, salt spices caramel color, garlic, sugar anchoives, tamarind, spice, natural flavor), soy sauce (water, wheat, soybeans, salt, sodium benzoate), potassium sorbate (preservative), and xanthan gum **Allergen: egg, fish, milk, soy, wheat**
Cain’s Honey Mustard Dressing, gallon
Ingredients (11/2017)
Soybean oil, mustard (distilled vinegar, water, mustard seed, salt, spices), distilled vinegar, sugar, water, honey, egg yolk, salt, xanthan gum, sodium benzoate and potassium sorbate (preservatives), spices, turmeric, oleoresin paprika (color), caramel color, calcium disodium edta added to protect quality
Allergen: egg

Cain’s Golden Italian Dressing, 1.5 oz. packet
Ingredients (11/2017)
Water, soybean oil, distilled vinegar, sugar, salt, contains less than 2% onion*, green and red bell peppers*, garlic*, xanthan gum, lemon juice concentrate, basil, potassium sorbate and sodium benzoate (as preservatives), paprika and turmeric extracts (colors), calcium disodium edta added to protect flavor
* dried. Allergens: None

Cain’s Light Italian Dressing, 1.5 oz. packet
Ingredient: (11/2017)
Water, distilled vinegar, soybean oil, sugar, salt, contains less than 2% onion, green and red bell peppers, garlic, xanthan gum, lemon juice concentrate, basil, potassium sorbate and sodium benzoate (as preservatives), paprika and turmeric extracts (colors), calcium disodium edta added to protect flavor

Cain’s Salad Dressing, gallon
Ingredients: (11/2017)
Soybean oil, high fructose corn syrup, distilled vinegar, water, egg yolk, modified corn starch, salt, contains less than 2% of mustard (water, distilled vinegar, mustard seed, salt, spice), lemon juice concentrate, torula yeast, spices (including paprika), natural flavor, oleoresin paprika (for color), calcium disodium edta to protect flavor Allergen: eggs

Cain’s Buttermilk Ranch Dressing & Dip, gallons
Ingredients: (11/2017)
Soybean Oil, Water, Buttermilk, Vinegar, High Fructose Corn Syrup, Egg Yolk, Buttermilk Solids (Milk), Contains less than 2% of: Salt, Onion, Monosodium Glutamate, Garlic, Xanthan Gum, Lactic Acid, Polysorbate 60, Potassium Sorbate as a preservative, Phosphoric Acid, Propylene Glycol Alginate, Spices. Allergen: Milk, Egg

Cain’s French, gallons
Ingredients: (11/2017)
HIGH FRUCTOSE CORN SYRUP, SOYBEAN OIL, DISTILLED VINEGAR, CIDER VINEGAR, WATER, TOMATO PASTE, SALT, MODIFIED CORN STARCH, SPICES, XANTHAN GUM, PROPYLENE GLYCOL ALGINATE, POTASSIUM SORBATE (PRESERVATIVE), GARLIC, NATURAL FLAVOR, ONION, YELLOW 5 & 6 (COLORS) AND PAPRIKA. CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR

Ken’s Lite Country French With Vermont Honey Dressing, 1.5 oz. packet
Ingredients: (11/2017)
High Fructose Corn Syrup, Vinegar (Cider, Distilled), Soybean Oil, Water, Tomato Paste, Vermont Honey, Contains less than 2% of: Salt, Spice, Xanthan Gum, Onion, Garlic, Beet Powder.
Cain's Light Mayo, gallons
Ingredients: (11/2017)
Water, soybean oil, corn syrup, distilled vinegar, egg yolk, modified corn starch, sugar, salt, lemon juice (water, lemon juice from concentrate), lactic acid, xanthan gum, potassium sorbate and sodium benzoate (preservatives), oleoresin paprika (color), calcium disodium edta added to protect flavor
Allergen: egg

Sauce
Red Gold, Marinara Sauce, #10
Ingredients (11/2017)
Tomato Concentrate (Water, Tomato Paste), Diced Tomatoes in Juice, Sugar, Less Than 2% Of: Soybean Oil, Natural Flavor, Potassium Chloride, Onion Powder, Garlic Powder, Spice, Salt, Olive Oil, Citric Acid, Vitamin C (Ascorbic Acid), Vitamin E (DL-Alpha Tocopheryl Acetate), Vitamin A (Retinol Palmitate).

Red Gold Pizza Sauce
Red Gold, Marinara Sauce, #10
Ingredients (11/2017)
Tomato concentrate (water, tomato paste), salt, citric acid, basil

Contadina Spaghetti Sauce and Red Gold, Marinara Sauce, #10
Ingredients (11/2017)
Tomato Puree (Water, Tomato Paste), Salt, Sugar, Citric Acid, Garlic Powder, Onion Powder, Spices

Nestle, Trio Brown Mix Gravy
Ingredients (11/2017)
Modified cornstarch, maltodextrin, wheat flour, salt, soybean oil, beef fat (beef fat, bht and citric acid [preservatives]), sugar, caramel color, yeast extract, 2% or less of hydrolyzed soy, corn and wheat proteins, whey protein concentrate, silicon dioxide, onion powder, potassium chloride, disodium inosinate, disodium guanylate, spices, lactic acid, beet powder, corn syrup solids, modified tapioca starch, natural flavors, beef stock, calcium lactate, citric acid, sodium benzoate (preservative), garlic powder. Contains: wheat, milk, soy ingredients Allergens: wheat, milk and soy, may contain eggs

Grains
Morabito Whole Wheat Slider Roll 55%
Ingredients: (12/2017)
Water, whole wheat flour, wheat flour enriched with (malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), salt, yeast, palm and soybean oil, sugar, vital wheat gluten, dextrose, calcium propionate, soy flour, sodium stearoyl lactylate, datem, calcium sulfate, enzymes, N&A flavor, potassium bromate, ascorbic acid, whey, L-cysteine Allergen: wheat, soy and milk

Morabito ciabatta roll
Ingredients: (12/2017)
Whole wheat flour, enriched flour (wheat flour, barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, salt, yeast, calcium propionate (preservative) Allergen: wheat
Morabito Wheat Cluster Dinner Roll
Ingredients: (12/2017)
Water, whole wheat flour, wheat flour enriched with (malted barley flour, niacin, reduced iron thiamin, mononitrate, riboflavin, folic acid), salt, yeast, palm and soybean oil, sugar, vital wheat gluten, dextrose, calcium propionate, soy flour, sodium stearoyl lactylate, datem, calcium sulfate, enzymes, N&A flavor, potassium bromate, ascorbic acid, L-cysteine Allergen: wheat and soy

Morabito Wheat Large Hamburger Roll
Ingredients: (12/2017)
Water, whole wheat flour, wheat flour enriched with (malted barley flour, niacin, reduced iron, thiamine, mononitrate, riboflavin, folic acid), salt, yeast, palm and soybean oil, sugar, vital wheat gluten, dextrose, calcium propionate, soy flour, sodium stearoyl lactylate, datem, calcium sulfate, enzymes, N&A flour, potassium bromate, ascorbic acid, L-cysteine Allergen: wheat and soy

ATV 2 OZ Small Soft Hoagie Roll
Ingredients: (12/2017)
Whole wheat flour, enriched wheat flour (wheat flour bleached, enriched), water, salt, cane sugar, yeast, vegetable shortening (soy oil) dough conditioner (wheat flour, corn flour, potassium bromate, L-cysteine, ascorbic acid, enzymes), calcium propionate Allergen: wheat and soy

Morabito Wheat Bread Stix
Ingredients: (12/2017)
Water, whole wheat flour, wheat flour enriched with (malted barley flour, niacin, reduced iron, thiamin, mononitrate, riboflavin, folic acid), salt, yeast, vegetable shortening, sugar, vital wheat gluten, whey, calcium propionate, datem, potassium bromate, ascorbic acid, corn flour, calcium sulfate, enzymes, L-cysteine Allergen: milk and wheat

Mission Taco Shell, Jumbo (1.5 Whole Grain) or Regular (1 Whole Grain)
Ingredients (11/2017)
Whole Grain Corn, Water, Vegetable Oil (Cottonseed, Corn, and/or Sunflower), contains 2% or less of: Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin.

Abuelita, 8” Whole Wheat Flour Tortilla
Ingredient: (11/2017)
Whole wheat flour, water, soybean shortening, and contains 2% or less of the following: salt, mono and diglycerides, wheat gluten, calcium propionate, sugar, sodium bicarbonate, fumaric acid, sodium aluminum sulfate, sodium acid pyrophosphate, sodium stearoyl lactylate, potassium sorbate, cellulose gum, yeast, canola oil, enzyme, sodium metabisulfite Alert: processed in a facility that uses wheat and soy

Abuelita, 10” Flour Tortilla
Ingredients: (11/2017)
White whole wheat extra fine flour, enriched wheat flour (niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), water, soybean shortening, and 2% or less of the following: salt, mono and diglycerides, wheat gluten, calcium propionate, sugar, sodium bicarbonate, fumaric acid, sodium aluminum sulfate, sodium acid pyrophosphate, sodium stearoyl lactylate, potassium sorbate, cellulose gum, yeast, canola oil, enzyme, sodium metabisulfite Alert: processed in a facility that uses wheat and soy
Bake Crafters English muffin
Ingredients (11/2017)
Water, whole wheat flour, enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), yeast, wheat gluten, contains less than 2% of each of the following: soybean oil, sugar, salt, calcium propionate (preservative), fumaric acid, baking soda, monocalcium phosphate, calcium sulfate, ammonium sulfate Allergens: wheat

J & J Pretzel Bun, 51% WG, 2.7 oz.
Ingredients (11/2017)
Whole Wheat Flour, Enriched Wheat Flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Water, Brown Sugar, Vegetable Shortening (palm oil), Yeast, Vinegar, Barley Malt, Bicarbonates and Carbonates of Soda Allergen: wheat

Morabito 55% Whole Wheat Cluster Dinner Rolls
Ingredients (11/2017)
Water, whole wheat flour enriched with (malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), salt, yeast, palm and soybean oil, sugar, vital wheat gluten, dextrose, calcium propionate, soy flour, sodium stearoyl lactylate, datem, calcium sulfate, natural flavor, potassium bromate, ascorbic acid, whey, L-Cysteine, enzymes Allergen: wheat, soy and milk

Morabito 55% Wheat Large Hamburger Roll
Ingredients (11/2017)
Water, whole wheat flour enriched with (malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), salt, yeast, palm and soybean oil, sugar, vital wheat gluten, dextrose, calcium propionate, soy flour, sodium stearoyl lactylate, datem, calcium sulfate, enzymes, N&A flavor, potassium bromate, ascorbic acid, whey, L-cysteine Allergen: whey, soy and milk, may contain sesame seeds

Morabito 55% Whole What Slider Roll
Ingredients (11/2017)
Water, whole wheat flour enriched with (malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), salt, yeast, palm and soybean oil, sugar, vital wheat gluten, dextrose, calcium propionate, soy flour, sodium stearoyl lactylate, datem, calcium sulfate, enzymes, N&A flavor, potassium bromate, ascorbic acid, whey, L-cysteine Allergen: wheat, soy and milk

Morabito 3X3 Whole Wheat Ciabatta Roll
Ingredients (11/2017)
Whole wheat flour, enriched flour (wheat flour, barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, water, salt, yeast, calcium propionate Allergen: wheat

Morabito 55% Whole Wheat Bread Stick
Ingredients (11/2017)
Whole wheat flour, water, wheat flour enriched with (malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), sugar, salt, wheat gluten, whey, yeast, vegetable shortening, corn flour, calcium propionate, datem, cysteine, potassium bromate, soy flour, enzymes Allergen: wheat, soy and milk
Lunch Sandwiches
Bake Crafters Ham and Cheese on Croissant
WG Croissant: Whole Wheat Flour, Water, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Margarine (Palm Oil, Water, Soybean Oil, Sugar, Soy Lecithin, Mono- and Diglycerides, Potassium Sorbate, and Citric Acid [preservatives], Natural and Artificial Flavor, Beta Carotene Color, Vitamin A Palmitate) Sugar, Yeast, Contains less than 2% of each of the following: Non-fat Milk, Salt, Calcium Sulfate, Calcium Propionate, Preservative, Baking Powder (Sodium Acid Pyrophosphate, Baking Soda, Corn Starch, Monocalcium Phosphate), Wheat Flour, Dextrose, Xanthan Gum, Enzymes, Maltodextrin, Ascorbic Acid Added as a Dough Conditioner, Natural And Artificial Flavor, High Oleic Canola Oil, Calcium Phosphate, Acacia (Gum Arabic), Capric Acid and Caprylic Triglyceride Blend. Turkey Ham: Mechanically Separated Turkey, Water, Turkey, Modified Food Starch, Contains 2% Or Less Of Salt, Potassium Lactate, Dextrose, Brown Sugar, Sodium Phosphate, Smoke Flavoring, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrite. Cheese: Cultured Skim Milk and Milk, Water, Sodium Citrate, Salt, Potassium Citrate, Artificial Color (if colored), Cream, Sorbic Acid (preservative), Enzymes, Soy Lecithin (non-sticking agent) Allergen: milk, soy, wheat

Smucker's Uncrustable, 5.3 OZ Peanut Butter & Strawberry Jam On Wheat Bread
INGREDIENTS: (11/2017)

Smucker's Uncrustable, 2.8 OZ Peanut Butter and Strawberry Jam on Wheat Bread
Ingredients: (11/2017)

Smucker's Uncrustable, 2.6 OZ Peanut Butter and Strawberry Jelly on Wheat Bread
Ingredients: (11/2017)
Peanut Butter and Jelly
Ingredients: (11/2017)
Peanut Butter: INGREDIENTS: PEANUT BUTTER: (PEANUTS, DEXTROSE, HYDROGENATED VEGETABLE OIL [RAPESEED, COTTONSEED, SOYBEAN OILS], SUGAR, AND SALT). Allergen: Peanuts
Jelly: concord grape juice, high fructose corn syrup, fruit pectin, citric acid, sodium citrate
Bread: whole wheat flour, water, high fructose corn syrup, salt, cracked wheat, yeast, whey (milk), vital wheat gluten, corn starch, monoglycerides, calcium sulfate, canola oil, ascorbic acid, enzymes, calcium peroxide, monocalcium phosphate, calcium propionate Allergen: wheat and milk

Snacks
Blue Raspberry Lemon Side Kick
Ingredients: (11/2017)
Fruit Juice (White Grape and/or Pear Juice from Concentrate), Citric Acid, Natural and Artificial Flavors, Stabilizer (Xanthan Gum, Guar and/or Carob Bean Gum), Tricalcium Phosphate (for Calcium), Vitamin C, Salt, Turmeric (for Color), Vitamin A Palmitate, Blue 1, Vitamin D.

Strawberry Mango Side Kick
Ingredients: (11/2017)
Fruit Juice (White Grape and/or Pear Juice from Concentrate), Citric Acid, Stabilizer (Xanthan Gum, Guar and/or Carob Bean Gum), Tricalcium Phosphate (for Calcium), Natural and Artificial Flavors, Vegetable Juice (for Color), Salt, Vitamin C, Turmeric (for Color), Beta Carotene (for Color), Vitamin A Palmitate, Vitamin D.

Kiwi Strawberry Side Kick
Ingredient: (11/2017)
Fruit Juice (White Grape and/or Pear Juice from Concentrate), Citric Acid, Natural and Artificial Flavors, Stabilizer (Xanthan Gum, Guar and/or Carob Bean Gum), Tricalcium Phosphate (for Calcium), Vegetable Juice (for Color), Salt, Vitamin C, Turmeric (for Color), Vitamin A Palmitate, Yellow 5, Vitamin D, Blue 1.

Hershey Juice Rush (Lemon Orange, Cherry Blue Raspberry, Strawberry Mango)
Ingredients: (11/2017)
Fruit juice (water, apple juice concentrate), artificial flavoring, citric acid, artificial color: FD & C RED #40, Blue #1, less than 2% of: xanthan gum, cellulose gum and guar gum

A La Carte
Ritz Bits Peanut Butter Crackers
Ingredients: (11/2017)
Unbleached enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), peanut butter (peanuts, hydrogenated rapeseed and/or soybean and/or cottonseed oils, salt), soybean oil, sugar, dextrose, partially hydrogenated cottonseed oil, high fructose corn syrup, leavening (calcium phosphate and/or baking soda), salt, soy lecithin, malted barley flour Allergen: wheat, soy and peanuts

Ritz Bits Cheese Crackers
Ingredients: (11/2017)
unbleached enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate (vitamin b1), riboflavin (vitamin b2), folic acid), soybean and/or palm oil, whey, sugar, partially hydrogenated cottonseed oil, high fructose corn syrup, sunflower oil, leavening (calcium phosphate and/or baking soda), cheddar cheese powder (pasteurized milk, cheese culture, salt, enzymes), salt, disodium phosphate, salad dressing (milk, sugar, vinegar, modified food starch, sodium acid pyrophosphate, natural and artificial flavors, monosodium glutamate, dextrose, whey, sodium caseinate, potato flour, lactic acid, natural smoke flavor, cellulose gum), color (natural and artificial)
phosphate (stabilizer), soy lecithin, dried yeast, maltodextrin, artificial color (includes yellow 6), natural
flavor, modified food starch, buttermilk, vinegar, malted barley flour, lactic acid Allergen: wheat, soy
and milk

Chocolate Chip Cookies
Ingredients: (11/2017)
2 tablespoons of salt, 6 pounds of shortening, 6 pounds of margarine, 6 pounds + 11 ounces of brown
sugar, 6 pounds + 11 ounces of sugar, 1 pound + 14 ounces of dried eggs, 1/3 cup vanilla, 1/3 cup of
baking soda, 15 pounds of flour, 9 pounds of chocolate chips Allergen: eggs and wheat

Rold Gold, Heartzels
Ingredients: (11/2017)
Whole Wheat Flour, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate,
Riboflavin, Folic Acid), Corn Syrup, Corn Oil, Salt, Yeast, and Ammonium Bicarbonate Allergen: wheat

Harvest cheddar Sunchips
Ingredients: (11/2017)
Whole Corn, Sunflower and/or Canola Oil, Whole Wheat, Brown Rice Flour, Whole Oat Flour, Sugar,
Maltodextrin (Made From Corn), Salt, Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Natural
Flavors, Whey, Whey Protein Concentrate, Onion Powder, Romano Cheese (Cow's Milk, Cheese
Cultures, Salt, Enzymes), Buttermilk, Yeast Extract, Citric Acid, Paprika Extracts, Lactic Acid, Garlic
Powder, Parmesan Cheese (Milk, Cheese Cultures, Salt, Enzymes), and Skim Milk Allergen: wheat and
milk

Frito Lay Garden salsa Sunchips
Ingredients: (11/2017)
Whole Corn, Sunflower and/or Canola Oil, Whole Wheat, Brown Rice Flour, Whole Oat Flour, Sugar,
Tomato Powder, Salt, Natural Flavors, Maltodextrin (Made From Corn), Cheddar Cheese (Milk, Cheese
Cultures, Salt, Enzymes), Dextrose, Buttermilk, Onion Powder, Whey, Yeast Extract, Romano Cheese
(Part-Skim Cow's Milk, Cheese Cultures, Salt, Enzymes), Whey Protein Concentrate, Corn Oil, Spices
(Including Jalapeno Pepper), Citric Acid, Paprika Extracts, and Lactic Acid Allergen: wheat and
milk

Multigrain original Sunchips
Ingredients: (11/2017)
Whole con, sunflower and/or canola oil, whole wheat, brown rice flour, whole oat flour, sugar, salt,
natural flavor, and maltodextrin (made from corn) Allergen: wheat

Baked BBQ Lays
Ingredients: (11/2017)
Dried Potatoes, Com Starch. Com Oil, Sugar, Salt, Soy Lecithin, Onion Powder, Maltodextrin
(Made from Corn), Dextrose, Brown Sugar, Molasses, Spices, Fructose, Tomato Powder, Garlic
Powder, Yeast. Soybean Oil, Natural Flavors (Contains Milk), Sunflower Oil, Paprika, Acacia
Gum, Paprika Extracts, Annatto Extracts and Caramel Color Allergen: milk and soy

Crisps Lays
Ingredients: (11/2017)
Dried Potatoes, Corn Starch, Corn Oil, Sugar, Sea Salt, Soy Lecithin, Dextrose and Annatto
Extracts Allergen: soy
Regular Lays  
Ingredients: (11/2017)  
Potatoes, vegetable oil (sunflower, corn and/or canola oil), and salt

Baked Lays  
Ingredients: (11/2017)  
Dried Potatoes, Corn Starch, Corn Oil, Sugar, Sea Salt, Soy Lecithin, Dextrose and Annatto Extracts  
Allergen: soy

Baked Sour Cream and Onion Lays  
Ingredients: (11/2017)  
Dried potatoes, corn starch, corn oil, sugar, skim milk, salt, dextrose, soy lecithin, cultured skim milk, whey, onion powder, sour cream (cultured cream, skim milk), natural flavor, parsley, citric acid, and annatto extracts  
Allergen: milk and soy

Baked Ruffles Cheddar Sour Cream  
Ingredients (11/2017)  
Dried potatoes, corn starch, corn oil, sugar, maltodextrin (made from corn), salt, soy lecithin, dextrose, whey, whey protein concentrate, onion powder, cheddar cheese (milk cheese cultures, salt, enzymes), monosodium glutamate, blue cheese (milk, cheese cultures, salt, enzymes), citric acid, artificial color (yellow 6 lake, yellow 5 lake, yellow 5, yellow 6), skim milk, natural and artificial flavors, garlic powder, lactic acid, disodium inosinate and disodium guanylate  
Allergen: milk and soy

Cheetos Flaming Hot Fantastix  
Ingredients: (11/2017)  
Whole Corn Meal, Enriched Corn Meal (Corn Meal, Ferrous Sulfate, Niacin, Thiamin Mononitrate, Riboflavin, Folic Acid), Vegetable Oil (Corn, Canola, and/or Sunflower Oil), Dried Potatoes, and Less Than 2% of the Following: Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Salt, Whey, Buttermilk, Monosodium Glutamate, Tomato Powder, Romano Cheese (Part-Skim Cow's Milk, Cheese Cultures, Salt, Enzymes), Whey Protein Concentrate, Onion Powder, Artificial Color (Including Red 40 Lake, Yellow 6 Lake, Yellow 6), Natural Flavor, Garlic Powder, Lactic Acid, Sugar, Citric Acid, Disodium Inosinate, Disodium Guanylate, and Beta-Carotene  
Allergen: milk

Cool Ranch doritos  
Ingredients: (11/2017)  
Whole corn, vegetable oil (contains one or more of the following: corn, soybean and/or sunflower oil), corn maltodextrin, salt, tomato powder, corn starch, lactose, whey, nonfat milk, corn syrup from solids, onion powder, sugar, garlic powder, monosodium glutamate, cheddar cheese (milk, cheese cultures, salt, enzymes), dextrose, malic acid, buttermilk, natural and artificial flavors, sodium acetate, artificial color (including red 40, blue 1, yellow 5), sodium caseinate, spice, citric acid, disodium inosinate, and disodium guanylate  
Allergen: milk
Spicy sweet chili doritos
Ingredients: (11/2017)
Whole corn, corn, vegetable oil (corn, canola and/or sunflower oil), sugar, salt, monosodium glutamate, fructose, maltodextrin (made from corn), sodium diacetate, soy sauce (soybean, wheat, salt), onion powder, hydrolyzed soy protein, hydrolyzed corn protein, garlic powder, torula yeast, malic acid, extractives of paprika, spices, caramel color, alpha-tocopheryl acetate, disodium inosinate, disodium guanylate and natural flavor Allergen: wheat and soy

Nacho Cheese doritos
Ingredients: (11/2017)
Corn, vegetable oil (sunflower, canola and/or corn oil), maltodextrin (made from corn), salt, cheddar cheese (milk, cheese culture, salt, enzymes), whey, monosodium glutamate, buttermilk, romano cheese (part skim cow's milk, cheese cultures, salt, enzymes), whey protein concentrate, onion powder, corn flour, natural and artificial flavor, dextrose, tomato powder, lactose, spices, artificial color (including yellow 6, yellow 5, red 40), lactic acid, citric acid, sugar, garlic powder, skim milk, red bell pepper powder, green bell pepper powder, disodium inosinate, disodium guanylate Allergen: milk

Vic's White Cheddar Popcorn
Ingredients: (11/2017)
Popcorn, sunflower oil and/or corn oil, whey, cheddar cheese, buttermilk, maltodextrin, salt, natural flavors, disodium phosphate, lactic acid, canola oil, citric acid Allergen: wheat and milk

Smartfood White Cheddar Popcorn
Ingredients: (11/2017)
Popcorn, Vegetable Oil (Corn, Canola and/or Sunflower Oil), Maltodextrin (Made From Corn), Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Reduced Lactose Whey, Salt, Whey, Whey Protein Concentrate, Buttermilk, Potassium Chloride, Natural Flavors, Yeast Extract, Lactic Acid, and Citric Acid Allergen: milk

Tostitos Scoops
Ingredients: (11/2017)
Whole Corn, Corn, Vegetable Oil (Corn, Sunflower and/or Canola Oil), and Salt

Kellogg's Pringles Sour Cream and Onion
Ingredients: (11/2017)
DRIED POTATOES, VEGETABLE OIL (CONTAINS ONE OR MORE OF THE FOLLOWING: CORN OIL, COTTONSEED OIL, SOYBEAN OIL, AND/OR SUNFLOWER OIL), RICE FLOUR, WHEAT STARCH, MALTODEXTRIN, MONO- AND DIGLYCERIDES, CONTAINS 2% OR LESS OF SALT, WHEY, DEXTROSE, MONOSODIUM GLUTAMATE, COCONUT OIL, ONION POWDER, SUGAR, NATURAL FLAVORS, NONFAT MILK, SOUR CREAM (CREAM, NONFAT MILK, CULTURES), CITRIC ACID, SODIUM CASEINATE, LACTIC ACID, YEAST EXTRACT, DISODIUM INOSINATE, DISODIUM GUANYLATE, BUTTERMILK, MALIC ACID, INVERT SUGAR, CULTURED NONFAT MILK, CREAM Allergen: wheat and milk
Kellogg's Pringles Original
Ingredients: (11/2017)
DRIED POTATOES, VEGETABLE OIL (CONTAINS ONE OR MORE OF THE FOLLOWING: CORN OIL, COTTONSEED OIL, SOYBEAN OIL, AND/OR SUNFLOWER OIL), RICE FLOUR, WHEAT STARCH, MALTODEXTRIN, MONO- AND DIGLYCERIDES, SALT, DEXTROSE Allergen: wheat

Despicable Me 3, Graham Snacks Honey
Ingredients: (11/2017)
Whole wheat (graham) flour, enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, canola oil, honey, calcium carbonate, leavening (baking soda, monocalcium phosphate), salt, natural flavor Allergen: wheat

Kellogg's Bug Bits Cinnamon Graham Crackers
Ingredients: (11/2017)
Whole wheat flour, enriched flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), sugar, vegetable oil (soybean and palm oil with TBHQ for freshness), honey, contains two percent or less of calcium carbonate, salt, baking soda, cinnamon, maltodextrin, soy lecithin, vitamin A palmitate, BHT for freshness Allergen: soy and wheat

Keebler Scooby Snacks
Ingredients: (11/2017)
Whole wheat flour, enriched flour (wheat flour, niacin, reduced iron, thiamin mononitrate (vitamin b1), riboflavin (vitamin b2), folic acid), sugar, vegetable oil (soybean and palm oil with tbhq for freshness), honey, contains two percent or less of calcium carbonate, salt, baking soda, cinnamon, maltodextrin, soy lecithin, vitamin a palmitate, bht for freshness Allergen: wheat and soy

Pillsbury Mini Cinnis
Ingredients: (11/2017)
Water, whole wheat flour, enriched flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), sugar, vegetable oil (palm, canola), nonfat milk, yeast, soybean oil, cinnamon, salt, modified corn starch, natural flavor, TBHQ Allergen: milk and wheat

Kellogg's Rice Krispies Treats, Original
Ingredients: (11/2017)
Toasted rice cereal (rice, sugar, salt, malt flavoring, niacinamide, reduced iron, riboflavin, folic acid), marshmellow (corn syrup, sugar, gelatin, natural and artificial flavor), fructose, margarine (vegetable oil (soybean and palm oil with TBHQ for freshness), water, natural and artificial butter flavor (contains milk), datem, acetylated monoglycerides, BHT for freshness, vitamin A palmitate, vitamin D), corn syrup solids, contains 2% or less of dextrose, glycerin, salt, niacinamide, pyridoxine hydrochloride, thiamin hydrochloride, riboflavin, soy lecithin Allergen: milk and soy
Kellogg’s Rice Krispies Treats, Chocolate Chip
Ingredients: (11/2017)
WHOLE GRAIN BROWN RICE, CORN SYRUP, FRUCTOSE, CHOCOLATEY FLAVORED CHIPS (SUGAR, PALM AND PALM KERNEL OIL, COCOA PROCESSED WITH ALKALI, SOY LECITHIN, NATURAL FLAVOR, WHOLE MILK SOLIDS, SALT), SOYBEAN AND PALM OIL WITH TBHQ FOR FRESHNESS, SUGAR, CORN SYRUP SOLIDS, CONTAINS 2% OR LESS OF GLYCERIN, DEXTROSE, SALT, GELATIN, NATURAL AND ARTIFICIAL FLAVORS, DATEDM, ACETYLATED MONOGLYCERIDES, REDUCED IRON, BHT (PRESERVATIVE), NIACINAMIDE, VITAMIN B1 (THIAMIN HYDROCHLORIDE), VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN B2 (RIBOFLAVIN) Allergen: milk and soy

Kellogg’s Rice Krispies Treats Mini
Ingredients: (11/2017)
Toasted rice cereal (rice, sugar, salt, malt flavoring, niacinamide, reduced iron, riboflavin, folic acid), marshmallow (corn syrup, sugar, gelatin, natural and artificial flavor), fructose, margarine (vegetable oil (soybean and palm oil with TBHQ for freshness), water, natural and artificial flavor (contains milk), datem, acetylated monoglycerides, BHT for freshness, vitamin A palmitate, vitamin D), corn syrup solids, contains 2% or less of dextrose, glycerin, salt, niacinamide, pyridoxine hydrochloride, thiamin hydrochloride, riboflavin, soy lecithin Allergen: milk and soy

Nature Valley Chocolate Chip Granola Bar
Ingredients: (11/2017)
Whole Grain Oats, High Maltose Corn Syrup, Rice Flour, Corn Syrup, Semisweet Chocolate Chunks(sugar, chocolate liquor, cocoa butter, soy lecithin, natural flavor), Fructose, Canola Oil, Glycerin, Sugar. Contains 2% or Less of: Honey, Calcium Carbonate, Maltodextrin, Salt, Barley Malt Extract, Soy Lecithin, Cocoa, Natural Flavor, Baking Soda Allergen: soy and milk

Nature Valley Oats and Honey Granola Bar
Ingredients: (11/2017)
Whole Grain Oats, Sugar, Canola Oil, Rice Flour, Honey, Salt, Brown Sugar Syrup, Baking Soda, Soy Lecithin, Natural Flavor Allergen: soy, peanut, almond, pecan

Nature Valley Chewy Chocolate Chunk Granola Bar
Ingredients: (11/2017)
Whole Grain Oats, High Maltose Corn Syrup, Rice Flour, Corn Syrup, Semisweet Chocolate Chunks(sugar, chocolate liquor, cocoa butter, soy lecithin, natural flavor), Fructose, Canola Oil, Glycerin, Sugar. Contains 2% or Less of: Honey, Calcium Carbonate, Maltodextrin, Salt, Barley Malt Extract, Soy Lecithin, Cocoa, Natural Flavor, Baking Soda Allergen: soy and milk

Nature Valley Crunchy Peanut Butter Granola Bar
Ingredients: (11/2017)
Whole grain oats, sugar, canola oil, peanut butter (peanuts, salt), rice flour, brown sugar syrup, salt, baking soda, soy lecithin Allergen: peanut, soy, may contain almond and pecan ingredients

Capri Sun 100% Fruit Punch
Ingredients: (11/2017)
FILTERED WATER; SUGAR; PEAR AND GRAPE JUICE CONCENTRATES; CITRIC ACID; ORANGE, APPLE, AND PINEAPPLE JUICE CONCENTRATES; NATURAL FLAVOR
Capri Sun 100% Apple
Ingredients: (11/2017)
APPLE JUICE CONCENTRATE (WATER, APPLE JUICE CONCENTRATE), CITRIC ACID (FOR TARTNESS), NATURAL FLAVOR

Jack Links Original Beef Jerky
Ingredients: (11/2017)
BEEF, WATER, SUGAR, SALT, LESS THAN 2% SOY SAUCE [(WHEAT, SOYBEANS, SALT), MALTODEXTRIN], FLAVORINGS, HYDROLYZED CORN PROTEIN, YEAST EXTRACT, CITRIC ACID

Jack Links Teriyaki Beef Jerky
Ingredients: (11/2017)
BEEF, WATER, SUGAR, LESS THAN 2% SOY SAUCE [(WHEAT, SOYBEANS, SALT), MALTODEXTRIN], FLAVORINGS, SALT, YEAST EXTRACT, CITRIC ACID

Soups
Cream of Broccoli
Ingredients: (11/2017)
Water, broccoli, cream (milk), wheat flour, modified food starch, contains less than 2% of: salt, vegetable oil (corn, cottonseed, canola, and/or soybean), whey (milk), sugar, calcium caseinate (milk), monosodium glutamate, dehydrated onions, flavoring (milk), spice, dehydrated garlic, beta carotene
Allergens: milk and wheat

Cream of Potato
Ingredients: (11/2017)
Water, potatoes, modified food starch, wheat flour, contains less than 2% of: dehydrated whey (milk), cream, salt, vegetable oil (corn, cottonseed, canola and/or soybean), dehydrated onions, butter (cream), dehydrated potatoes, monosodium glutamate, soy protein concentrate, yeast extract, flavoring, citric acid Allergen: wheat, milk and soy

Cream of Corn Chowder
Ingredients: (11/2017)
Corn, potatoes, water, cream (milk), chicken meat, modified food starch, celery, contains less than 2% of: bacon bits (bacon (cured with water, salt, sugar, smoke flavor, sodium phosphate, sodium erythorbate, sodium nitrite), whey (milk), salt, red peppers, yellow corn flour, vegetable oil, scallions, sugar, calcium and sodium caseinate (milk), dehydrated onions, pork, carrageenan, potato starch, soy protein concentrate, spice, dehydrated garlic, natural smoke flavoring, wheat starch, smoke flavoring, flavoring Allergen: milk, soy and wheat

New England Clam Chowder
Ingredients: (11/2017)
Water, potatoes, clams in clam juice, celery, onions, cream (milk), milk, canola oil, contains less than 2% of: modified food starch, salt, butter (cream (milk), salt), clam extract, enriched unbleached wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), yeast extract, bacon (cured with water, salt, sodium phosphate, honey, sodium erythorbate, flavoring, sodium nitrite), whey protein concentrate 9milk), sodium tripolyphosphate to retain natural juices, spice, dehydrated onions, dillweed, sodium acid pyrophosphate, nisin preparation Allergen: milk and wheat
Chicken ‘n Dumplings
Ingredients: (11/2017)
Water, spaetzle dumpling (water, enriched flour (wheat flour, malted barley flour, niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid), eggs, spice, salt, oleoresin turmeric), cream (milk), chicken meat, celery, canola oil, contains less than 2% of: carrots, modified food starch, salt, unbleached enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), chicken fat, chicken flavor (contains lactose (milk), salt, xanthan gum, egg yolk flavor (eggs), whey protein concentrate (milk), soy protein concentrate, spice, sodium phosphate, beta carotene for color, dehydrated garlic, flavoring, chicken stock, dehydrated chicken, nisin preparation Allergen: egg, milk and soy

Roasted Chicken Noodle
Ingredients: (11/2017)
Chicken stock, cooked enriched egg noodles (wheat flour, eggs, niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid), water, chicken meat, carrots, celery, contains less than 2% of: salt, onions, modified food starch, chicken fat, yeast extract, gelatin, chicken flavor (contains ascorbic acid, salt), sugar, carrageenan, potato starch, vegetable oil, spice, turmeric extract, flavoring, beta carotene for color Allergen: eggs and wheat

Chicken Tortilla
Ingredients: (11/2017)
Water, tomato puree (water, tomato paste), chicken meat, rice, corn, red peppers, cooked black beans, contains less than 2% of: Pinto beans, green chili peppers, tortilla chips (corn, peanut oil, salt, lime), cheese paste (Monterey jack cheese (milk, cultures, salt, enzymes), cheddar cheese (milk, cultures, salt, enzymes), surface ripened semisoft cheese (milk, cultures, salt, enzymes), whey, water, salt), salt, onions, monosodium glutamate, modified food starch, soy protein concentrate, spice, xanthan gum, paprika, sodium phosphate, chipotle pepper, lime juice concentrate, locust bean gum, chicken stock, flavoring, garlic, chicken, chicken fat dried Allergen: contains traces of wheat, milk and peanut

Beef Chili with Bean
Ingredients: (11/2017)
Beef, cooked kidney beans, onions, tomatoes in juice (tomatoes, tomato juice, citric acid, calcium chloride), water, tomato puree (water, tomato paste (tomatoes, citric acid), celery, green bell pepper, corn oil, seasoning (spices, salt, dehydrated onion, garlic powder, paprika, extractives of paprika), salt, garlic (garlic, citric acid), banana peppers (banana peppers, water, vinegar, salt, oleoresin turmeric, calcium chloride), spice

Tomato Ravioli
Ingredients: (11/2017)
Water, tomato paste, diced (tomatoes, tomato juice, citric acid, calcium chloride), ravioli pasta (wheat flour, ricotta cheese, bread crumbs, egg, water, salt, garlic powder, basil, spices), modified corn starch carrots, sugar, salt, parmesan cheese (milk), yeast extract, soybean and/or canola oil, wheat flour, rehydrated onions, onion powder, dried garlic, dried parsley, caramel color, spices Allergen: wheat, milk, egg and soy

Italian Wedding
Ingredients: (11/2017)
Chicken stock, water, meatballs (beef, pork, water, bread crumbs (enriched wheat flour (wheat, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), dextrose, salt, yeast, soybean oil), soy protein isolate, salt, onion powder, caramel color, dehydrated garlic, spice extractives in corn and/or
cottonseed oil), enriched macaroni product (wheat flour, niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid), spinach, contains less than 2% of: salt, modified food starch, chicken fat, gelatin, sugar, reconstituted skim milk, disodium guanylate, disodium inosinate, dehydrated garlic, flavoring, spice, dehydrated whey (milk), parmesan cheese (part-skim milk, cultures, salt, enzymes), ascorbic acid to protect flavor, turmeric extract Allergen: milk, soy and wheat

Mondelez Wheats Worth Crackers
Ingredients: (11/2017)
INGREDIENTS: UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, Niacin, Reduced Iron, Thiamine Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid), SOYBEAN OIL, Defatted Wheat Germ, Stone Ground Whole Wheat Flour, Canola and/or Palm Oil, Sugar, Toasted Hulled Sesame Seeds, Salt, Leavening (Baking Soda, Calcium Phosphate), Honey, Wheat Gluten (A Protein), Corn Syrup, Malted Barley Syrup, Soy Lecithin (Emulsifier), Caramel Color Allergen: wheat, soy, sesame seed

Sandwiches
Tuna Salad on whole grain white bread
Ingredients: (11/2017)
Tuna: Light Tuna (Fish), Water, Vegetable Broth (Soybeans), Salt Allergen: fish and soy

Mayo: WATER, SOYBEAN OIL, CORN SYRUP, DISTILLED VINEGAR, EGG YOLK, MODIFIED CORN STARCH, SUGAR, SALT, LEMON JUICE (WATER, LEMON JUICE FROM CONCENTRATE), LACTIC ACID, XANTHAN GUM, POTASSIUM SORBATE AND SODIUM BENZOATE (PRESERVATIVES), OLEORESIN PAPRIKA (COLOR), CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR Allergen: egg

Bread: whole wheat flour, water, high fructose corn syrup, salt, cracked wheat, yeast, whey (milk), vital wheat gluten, corn starch, monoglycerides, calcium sulfate, canola oil, ascorbic acid, enzymes, calcium peroxide, monocalcium phosphate, calcium propionate Allergen: wheat and milk

Ham and Cheese on whole grain bread
Ingredients: (11/2017)
Ham: (Water Added): Cured With: Water, 2% or Less of: Salt, Sodium Lactate, Sugar, Sodium Phosphates, Carrageenan, Natural Flavorings, Sodium Acetate, Paprika, Sodium Erythorbate, Sodium Nitrite, Dextrose

Cheese: whey protein concentrate, salt, sodium citrate, contains less than 2% of lactic acid, sorbic acid (preservative), xanthan gum, locust bean gum, guar gum beta-carotene and apo-carotnal (colors), vitamin A palmitate, enzymes, soy lecithin and soybean oil blend Allergens: milk and soy

Bread: whole wheat flour, water, high fructose corn syrup, salt, cracked wheat, yeast, whey (milk), vital wheat gluten, corn starch, monoglycerides, calcium sulfate, canola oil, ascorbic acid, enzymes, calcium peroxide, monocalcium phosphate, calcium propionate Allergen: wheat and milk

Turkey and Cheese on whole grain bread
Ingredients: (11/2017)
Jennie-O Oven Roasted Deli Turkey: Turkey Breast Meat, Turkey Broth, Contains 2% Or Less Salt, Sugar, Carrageenan, Sodium Phosphate, Sodium Acetate, Sodium Diacetate, Pepper Cheese: Cheese: whey protein concentrate, salt, sodium citrate, contains less than 2% of lactic acid, sorbic acid (preservative), xanthan gum, locust bean gum, guar gum beta-carotene and apo-carotnal (colors), vitamin A palmitate, enzymes, soy lecithin and soybean oil blend. Bread: whole wheat flour, water, high fructose corn syrup,
salt, cracked wheat, yeast, whey (milk), vital wheat gluten, corn starch, monoglycerides, calcium sulfate, canola oil, ascorbic acid, enzymes, calcium peroxide, monocalcium phosphate, calcium propionate

**Allergen:** wheat, milk, soy

**Jack Jill/Rich’s Ice Cream**

**Reduced fat chocolate éclair 3 OZ bar**

**Ingredients:** (12/2017)

Skim milk, water, liquid sugar, crunch (bleached wheat flour, sugar, palm oil, caramel color, salt, baking soda, cocoa, artificial flavor, soy lecithin), corn syrup, coating (soybean oil, palm oil, coconut oil, soy lecithin, vanilla), maltodextrin, cocoa (processed with alkali), whey, mono and diglycerides, locust bean gum, propylene glycol monoesters, guar gum, carrageenan, cellulose gum, salt, vanilla extract, vitamin A palmitate **Allergen:** gluten, milk, soy and wheat

**Reduced fat strawberry shortcake 3 OZ bar**

**Ingredients:** (12/2017)

Skim milk, water, liquid sugar, crunch (bleached wheat flour, sugar, palm oil, salt, baking soda, artificial flavor, soy lecithin, RED 3), corn syrup, coating (soybean oil, palm oil, coconut oil, soy lecithin, vanilla), maltodextrin, whey, adipic acid, mono and diglycerides, propylene glycol monoesters, locust bean gum, guar gum, cellulose gum, carrageenan, natural flavors, RED 40, vitamin A palmitate **Allergen:** gluten, soy, wheat and milk

**Reduced fat fudge push up 3 OZ**

**Ingredients:** (12/2017)

Milk, nonfat milk, sugar, corn syrup, chocolate sundae sauce (corn syrup, high fructose corn syrup, water, sugar, cocoa processed with alkali, modified corn starch, cocoa, salt, artificial vanilla) high fructose corn syrup, whey, maltodextrin, mono and diglycerides, guar gum, natural and artificial vanilla flavor, cellulose gum, polysorbate 80, carrageenan, vitamin A palmitate **Allergen:** milk

**Reduced fat cotton candy cup 3 OZ**

**Ingredients:** (12/2017)

Milk, nonfat milk, sugar, corn syrup, high fructose corn syrup, whey, maltodextrin, mono and diglycerides, guar gum, cellulose gum, polysorbate 80, carrageenan, cotton candy flavor (artificial flavor, FD&C RED#40, FD&C Blue #1), vitamin A palmitate **Allergen:** milk

**Vanilla yogurt cup 4 OZ**

**Ingredients:** (12/2017)

Milk, sugar, corn syrup, nonfat dry milk, whey, cream, stabilizer (mono and diglycerides, guar gum, locust bean gum, polysorbate 80, carrageenan), natural and artificial vanilla flavor (contains live cultures: streptococcus thermophiles, lactobacillus bulgaricus) **Allergen:** milk

**Fat free NSA vanilla ice cream cup 4 OZ**

**Ingredients:** (12/2017)
Wilson School District Food Service Department

Skim milk, milk, maltodextrin, polydextrose, sorbitol, nonfat dry milk, whey powder, stabilizer (guar gum, mono and diglycerides, xanthan gum, carrageenan, dextrose), natural and artificial vanilla flavor, sucralose, vitamin A palmitate **Allergen: milk**

**Fat free NSA chocolate ice cream cup 4 OZ**
*Ingredients: (12/2017)*
Skim milk, maltodextrin, polydextrose, sorbitol, cocoa processed with alkali, nonfat dry milk, whey powder, stabilizer (guar gum, mono and diglycerides, xanthan gum, carrageenan, dextrose), sucralose, vitamin A palmitate **Allergen: milk**

**Reduced fat vanilla/chocolate ice cream cup 3 OZ**
*Ingredients: (12/2017)*
Milk, nonfat milk, sugar, corn syrup, high fructose corn syrup, whey, maltodextrin, chocolate flavor (cocoa processed with alkali, sugar, salt, natural vanilla flavor), mono and diglycerides, guar gum, neutral and artificial vanilla flavor, cellulose gum, polysorbate 80, carrageenan, vitamin A palmitate **Allergen: milk**

**Reduced fat cookies and cream cone**
*Ingredients: (12/2017)*
Milk, cone (bleached wheat flour, maltodextrin, canola oil salt, soy lecithin, caramel color, sucralose), nonfat milk, liquid sugar (sugar water) corn syrup, high fructose corn syrup, cookie crunch (wheat flour, sugar, cocoa processed with alkali, corn syrup, palm oil, corn flour, baking soda, salt, soy lecithin, natural flavor), chocolate coating (palm oil, sugar, soybean oil, cocoa, whey, cocoa processed with alkali, soy lecithin, natural flavor), whey protein concentrate, maltodextrin, natural and artificial flavor, mono and diglycerides, guar gum, carboxymethyl cellulose gum, polysorbate 80, carrageenan, vitamin A palmitate **Allergen: milk, soy and wheat**

**Reduced fat ice cream sandwich**
*Ingredients: (12/2017)*
Milk, wafer (wheat, flour, sugar, palm oil, caramel color, high fructose corn syrup, soy flour, cocoa, salt, baking soda, natural flavor, soy lecithin), liquid sugar (sugar water), corn syrup, high fructose corn syrup, whey, nonfat milk, cream, maltodextrin, mono and diglycerides, guar gum, carboxymethyl cellulose gum, natural and artificial vanilla polysorbate 80, carrageenan, vitamin A palmitate **Allergen: milk, wheat and soy**

**Orange juice sherbet push up 3 OZ**
*Ingredients: (12/2017)*
Skim milk, water, sugar, corn syrup, high fructose corn syrup, cream, stabilizer (mono and diglycerides, guar gum, cellulose gum, carrageenan), natural orange flavor (water, modified corn starch, sodium citrate, citric acid, certified food color (FD&C Yellow #6), xanthan gum), natural flavor, acacia gum, citric acid **Allergen: milk**

**Fudge stick**
*Ingredients: (12/2017)*
NONFAT MILK, SUGAR, CORN SYRUP, WHEY, MALTODEXTRIN, COCOA, AND STABILIZER (CELLULOSE GUM, CAROB BEAN GUM, CARRAGEENAN, GUAR GUM) **Allergen: milk**
Reduced fat vanilla w/ strawberry ripple 3 OZ
Ingredients: (12/2017)
Milk, nonfat milk, sugar, corn syrup, strawberry sauce (corn syrup, water, high fructose corn syrup, modified corn starch, natural and artificial flavors, citric acid, FD&C Red #40, FD&C Blue #1), high fructose corn syrup, whey, maltodextrin, mono and diglycerides, guar gum, natural and artificial vanilla flavor, cellulose gum, polysorbate 80, carrageenan, vitamin A palmitate
Allergen: milk

Reduced fat vanilla w/ chocolate ripple 3 OZ
Ingredients: (12/2017)
Milk, nonfat milk, sugar, corn syrup, chocolate sundae sauce (corn syrup, high fructose corn syrup, water, sugar, cocoa processed with alkali, modified corn starch, cocoa, salt, artificial vanilla), high fructose corn syrup, whey, maltodextrin, mono and diglycerides, guar gum, natural and artificial vanilla flavor, cellulose gum, polysorbate 80, carrageenan, vitamin A palmitate
Allergen: milk

Strawberry ice cream cups 3 OZ
Ingredients: (12/2017)
Milk, strawberry sauce (corn syrup, high fructose corn syrup, water, sugar, modified corn starch, natural and artificial flavors, citric acid, certified food colors (FD&C Red#40, Blue #1), cream, sugar, corn syrup, nonfat dry milk, high fructose corn syrup, whey, stabilizer (mono and diglycerides, guar gum, cellulose gum, carrageenan), natural and artificial vanilla flavor
Allergen: milk

Sour cyclone, blue raspberry
Ingredients: (12/2017)
SKIM MILK, WATER, CANE SUGAR, WHEY, CORN SYRUP, MALTODEXTRIN (CORN), MILKFAT (BUTTER OR CREAM), CITRIC ACID, STABILIZER (MONO-AND DIGLYCERIDES, GUAR GUM, POLYSORBATE 80, LOCUST BEAN GUM, XANTHAN GUM), NATURAL & ARTIFICIAL FLAVOR, ARTIFICIAL COLOR (BLUE #1, RED #40, YELLOW #5)
Allergen: milk

Cotton candy bar 3 OZ
Ingredients: (12/2017)
Milk, nonfat dry milk, sugar, corn syrup, high fructose corn syrup, whey, maltodextrin, mono and diglycerides, guar gum, cellulose gum, polysorbate 80, carrageenan, cotton candy flavor (artificial flavor, FD&C Red #40, FD&C Blue #1) vitamin A palmitate
Allergen: milk

Banana fudge rocket
Ingredients: (12/2017)
NONFAT MILK AND MILKFAT, SUGAR, CORN SYRUP, WHEY, MALTODEXTRIN, COCOA, STABILIZER (MONO-AND DIGLYCERIDES, CAROB BEAN GUM, CARRAGEenan AND GUAR GUM) ARTIFICIAL FLAVOR, ARTIFICIAL COLOR (YELLOW #5)
Allergen: milk

Wilson School District Food Service Department 38
Jack and Jill Vanilla Frozen Yogurt Cup
Ingredients: (11/2017)
Milk, sugar, corn syrup, nonfat dry milk, whey, cream, stabilizer (mono and diglycerides, guar gum, locust bean gum, polysorbate 80, carrageenan), natural and artificial vanilla flavor (contains live cultures: streptococcus thermophilus, lactobacillus bulgaricus) **Allergen: milk**

Jack and Jill Strawberry Shortcake Ice Cream Bar
Ingredients: (11/2017)
Skim milk, water, liquid sugar, crunch (bleached wheat flour, sugar, palm oil, salt, baking soda, artificial flavor, soy lecithin, RED 3), liquid sugar, cream, clear coating (soybean oil, palm oil, coconut oil, soy lecithin, vanilla), skim milk, buttermilk, whey, milk fat, maltodextrin, adipic acid, mono and diglycerides, locust bean gum, guar gum, carrageenan, dextrose, natural flavors, RED 40 **Allergen: milk, soy and wheat**

Jack and Jill Chocolate Éclair Ice Cream Bar
Ingredients: (11/2017)
Skim milk, water, liquid sugar, crunch (bleached wheat flour, sugar, palm oil, caramel color, salt, baking soda, cocoa, artificial flavor, soy lecithin), corn syrup, coating (soybean oil, palm oil, coconut oil, soy lecithin, vanilla), maltodextrin, cocoa (processed with alkali), whey, mono and diglycerides, locust bean gum, propylene glycol monoesters, guar gum, carrageenan, cellulose gum, salt, vanilla extract, vitamin A palmitate **Allergen: gluten, milk, soy and wheat**